

**2024 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP  
SCHEDULE OF EVENTS**

**SITE: MESA COMMUNITY COLLEGE**

**FRIDAY, MAY 10, 2024**

**Day One Prelims**

9:00 am	Unified Team Entrance open
9:00 am	Unified Warm ups begin
9:15	Unified Coaches Meeting
9:30	Unified Field Events Start (Long Jump, Shot Put, Turbo Javelin)
10:30	Unified 100m Dash
	Unified 4x100m Relay
	Unified 400m Dash
	Unified 2x200m Relay
2:00 pm	Team entrance open – track is closed to warm ups
3:00 pm	Coaches Meeting
3:00 pm	Javelin                      Boys
4:00 pm	Triple Jump                Boys
	Long Jump                 Girls
	Discus                      Boys
	Shot Put                    Girls
5:30 pm	High Jump                 Girls
	Pole Vault                 Boys

<b>Time (+/- 10 min)</b>	<b>Track Events</b>	<b>Boys/Girls</b>	<b>heats</b>
5:15 pm	<b>4x800m Relay</b>	<b>Girls</b>	<b>Finals 1</b>
5:30	100m Hurdles	Girls	2
5:45	110m Hurdles	Boys	2
6:00	100m Dash	Girls	2
6:15	100m Dash	Boys	2
6:30	<b>1600m Run</b>	<b>Boys</b>	<b>Finals 1</b>
6:45	4x100m Relay	Girls	2
7:00	4x100m Relay	Boys	2
7:20	400m Dash	Girls	2
7:30	400m Dash	Boys	2
8:00	300m Hurdles	Girls	2
8:15	300m Hurdles	Boys	2
<b>8:30</b>	<b>800m Run</b>	<b>Boys</b>	<b>Finals 1</b>
8:40	200m Dash	Girls	2
8:55	200m Dash	Boys	2
9:00	<b>3200 M Run</b>	<b>Girls</b>	<b>Finals 1</b>
9:20	4x400 Relay	Girls	2
9:25 pm	4x400 Relay	Boys	2

Finished by 9:45 pm



**2024 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP  
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**SITE: MESA COMMUNITY COLLEGE**

**SATURDAY, MAY 11, 2024**

**Day Two Schedule Finals**

2:00 pm	Team entrance open – track is closed to warm ups	
3:00 pm	Javelin	Girls
4:30 pm	Triple Jump	Girls
	Long Jump	Boys
5:00 pm	Discus	Girls
	Shot Put	Boys
5:30 pm	High Jump	Boys
	Pole Vault	Girls

<b>Time (+/- 10 min)</b>	<b>Track Events</b>	<b>Boys/Girls</b>	<b>heats</b>
<b>5:45 pm</b>	<b>4x800m Relay</b>	<b>Boys Finals</b>	<b>1</b>
6:00	100m Hurdles	Girls	1
6:10	110m Hurdles	Boys	1
6:20	100m Dash	Girls	1
6:27	100m Dash	Boys	1
<b>6:40</b>	<b>1600m Run</b>	<b>Girls Finals</b>	<b>1</b>
7:00	4x100m Relay	Girls	1
7:10	4x100m Relay	Boys	1
7:20	400m Dash	Girls	1
7:30	400m Dash	Boys	1
7:45	300m Hurdles	Girls	1
7:52	300m Hurdles	Boys	1
<b>8:00</b>	<b>800m Run</b>	<b>Girls Finals</b>	<b>1</b>
8:10	200m Dash	Girls	1
8:17	200m Dash	Boys	1
<b>8:30</b>	<b>3200 m Run</b>	<b>Boys Finals</b>	<b>1</b>
8:50	4x400 Relay	Girls	1
9:00 pm	4x400 Relay	Boys	1