

**2024 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

SITE: RED MOUNTAIN HIGH SCHOOL

THURSDAY May 2, 2024
Day One DIVISION I

2:00 pm	Worker meeting		
2:30 pm	Team entrance open (School gets out at 3:15)		
3:30	Coaches Meeting		
5:00	Javelin	Boys	
	Triple Jump	Boys	
5:00	Pole Vault	Boys	
	Long Jump	Girls	
	Shot Put	Girls	
	High Jump	Girls	
6:15	Discus	Boys	

Sunset for 5/2 is 7:12 pm Sunset for 5/3 is 7:13 pm Sunset for 5/4 is 7:13 pm

Time	Track Events	Girls/Boys	heats
5:00 pm	4x800 Finals	Girls	1
5:20	100H Hurdles	Girls	3
5:35	110H Hurdles	Boys	3
6:00	100m Dash	Girls	3
6:15	100m Dash	Boys	3
6:35	1600m Run	Boys	1
6:50	4x100m Relay	Girls	2
7:00	4x100m Relay	Boys	2
7:20	400m Dash	Girls	3
7:40	400m Dash	Boys	3
8:00	300m Hurdles	Girls	3
8:15	300m Hurdles	Boys	3
8:45	800m Run	Boys	2
8:55	200m Dash	Girls	3
9:10	200m Dash	Boys	3
9:25	3200m Run	Girls	1
9:45	4x400 Relay	Girls	2
9:55	4x400 Relay	Boys	2

Finished by 10:00 pm

43 races

**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

**Day One
SITE: RED MOUNTAIN (DIV IV & V)**

FRIDAY, May 3, 2024

BOLD TIMES ARE EARLIEST START TIMES FOR FIELD EVENS AFTER THE FIRST FINAL

2:30 pm	Team entrance open (School gets out at 3:15)	
3:00	Javelin	Boys D IV/Boys D V
3:30	Coaches Meeting	
4:00	Discus	Boys D V /(6 PM) Boys D IV
	Triple Jump	Boys D IV /(6 PM) Boys D V
	Pole Vault	Boys D V /Boys D IV (Simultaneous)
	Long Jump	Girls D V /(6 PM) Girls D IV
	Shot Put	Girls D IV /(6 PM) Girls D V
	High Jump	Girls D IV /(6 PM) Girls D V

Time	Track Events	Boys/Girls	heats (D IV followed by D V)
4:00 pm	4x800 Finals	Girls	2
4:30	100H Hurdles	Girls	6
4:55	110H Hurdles	Boys	6
5:20	100m Dash	Girls	6
5:40	100m Dash	Boys	6
6:00	1600m Run	Boys	2
6:16	4x100m Relay	Girls	4
6:34	4x100m Relay	Boys	4
6:42	400m Dash	Girls	6
7:08	400m Dash	Boys	6
7:40	300m Hurdles	Girls	6
8:05	300m Hurdles	Boys	6
8:30	800m Run	Boys	4
8:45	200m Dash	Girls	6
9:05	200m Dash	Boys	6
9:30	3200m Run	Girls	2
10:00	4x400 Relay	Girls	4
10:25	4x400 Relay	Boys	4

Finished by 11:00 pm

86 races

**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

Day One

SITE: DEER VALLEY (DIV II & III)

FRIDAY, May 3, 2024

1:15 pm	Team entrance open (School gets out at 12:42)	
2:15	Javelin	Boys D II/Boys D III
	Triple Jump	Boys D II /Boys D III – South and North Pits
	Pole Vault	Boys D III /Boys D II
	Long Jump	Girls D III /Girls D II – North Pit Follows Triple Jump
3:00	Shot Put	Girls D III /Girls D II
	Discus	Boys D III /Boys D II
3:30 (approx.)	High Jump	Girls DII/Girls D III – Follows South Pit Triple Jump
4:00	Coaches Meeting	

Time	Track Events	Boys/Girls	heats (D II followed by D III)
3:00 pm	4x800 Finals	Girls	2
3:30	100H Hurdles	Girls	6
3:55	110H Hurdles	Boys	6
4:20	100m Dash	Girls	6
4:40	100m Dash	Boys	6
5:00	1600m Run	Boys	2
5:16	4x100m Relay	Girls	4
5:34	4x100m Relay	Boys	4
5:42	400m Dash	Girls	6
6:08	400m Dash	Boys	6
6:40	300m Hurdles	Girls	6
7:05	300m Hurdles	Boys	6
7:30	800m Run	Boys	4
7:45	200m Dash	Girls	6
8:05	200m Dash	Boys	6
8:30	3200m Run	Girls	2
9:00	4x400 Relay	Girls	4
9:25	4x400 Relay	Boys	4

Finished by 10:00 pm

86 Races Total

**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

SITE: DEER VALLEY

Division II & III

Saturday May 4, 2024

Day Two

12:00 pm	Team entrance open	
1:30	Javelin	Girls D II/D III
	Triple Jump	Girls D III/D II – South and North Pits
2:00	Pole Vault	Girls D II/D III
	Long Jump	Boys D II/D III – North Pit follows Triple Jump
	Shot Put	Boys D III/D II
	Discus	Girls D III/D II
	High Jump	Boys D III/D II– Follows South Pit Triple Jump

Time	Track Events	Boys/Girls	heats (D II followed by D III)
4:00 pm	4x800 Finals	Boys	2
4:30	100H Hurdles	Girls	2
4:40	110H Hurdles	Boys	2
4:55	100m Dash	Girls	2
5:05	100m Dash	Boys	2
5:20	1600m Run	Girls	2
5:50	4x100m Relay	Girls	2
6:00	4x100m Relay	Boys	2
6:15	400m Dash	Girls	2
6:25	400m Dash	Boys	2
6:50	300m Hurdles	Girls	2
7:00	300m Hurdles	Boys	2
7:20	800m Run	Girls	4
7:35	200m Dash	Girls	2
7:45	200m Dash	Boys	2
8:00	3200m Run	Boys	2
8:30	4x400 Relay	Girls	2
8:45	4x400 Relay	Boys	2

38 Total Races

2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP



SCHEDULE OF EVENTS

SITE: Red Mountain
SATURDAY, May 4, 2024

Day Two Division I, IV & V Meet Schedule

BOLD TIMES ARE EARLIEST START TIMES FOR FIELD EVENTS AFTER THE FIRST FINAL

12:00 pm	Team entrance open	
1:15	Javelin	Girls D IV, (3:30) D V, (5:45) D I
2:00	High Jump	Boys D V/ (4:00) I/ (6:00) IV
	Triple Jump	Girls D I/ (4:00) IV/ (6:00) V
	Pole Vault	Girls D IV/V Simultaneous/ (5:00) DI
	Long Jump	Boys D IV/ (4:00) V/ (6:00) I
3:00	Discus	Girls D I/ (5:00) IV/ (7:00) V
	Shot Put	Boys D V/ (5:00) I/ (7:00) IV

Time	Track Events	Boys/Girls	heats (D I, IV, V)
3:30 pm	4x800 Finals	Boys	3
4:20	100H Hurdles	Girls	3
4:30	110H Hurdles	Boys	3
4:45	100m Dash	Girls	3
5:00	100m Dash	Boys	3
5:20	1600m Run	Girls	3
5:50	4x100m Relay	Girls	3
6:00	4x100m Relay	Boys	3
6:25	400m Dash	Girls	3
6:40	400m Dash	Boys	3
7:00	300m Hurdles	Girls	3
7:20	300m Hurdles	Boys	3
7:50	800m Run	Girls	6
8:20	200m Dash	Girls	3
8:35	200m Dash	Boys	3
8:50	3200m Run	Boys	3
9:35	4x400 Relay	Girls	3
9:55	4x400 Relay	Boys	3

57 Total Races