

**AIA Sectional
Cross Country Championships
Thursday, October 24, 2024**

Changes for 2024

Deadlines to be aware of

Location:

Glendale Heroes Park
8300 W Bethany Home Rd
Glendale, AZ 85303

Due to construction at the park this year, there will be a few changes regarding access and busses.

There ~~are two~~ will be one gates to enter the park.

- One off Bethany Home Rd just east of 83rd ave. Limited access after 7:30am
- ~~— One off of 83rd Ave just north of Bethany Home Rd.~~

Please review this document for course changes and parking updates.

2024 - CHANGES DOCUMENT

- **The course will be extended just a tiny bit more on the east canal side to make the course a TRUE 5k.**
- **The lake bench and information placards along the first part of the lake will be flagged / coned to make athletes aware of them.**

Time Schedule:

The schedule reflects the same order of divisions that will be run at state.

7:00 am	Course open
8:00 am	Division 3 - Metro Girls
8:40 am	Division 3 - Metro Boys
9:30 am	Division 3 - Awards
9:20 am	Division 1 - Northeast Girls
10:00 am	Division 1 - Northeast Boys
10:50 am	Division 1 - Awards
10:40 am	Division 4 - Metro Girls
11:20 am	Division 4 - Metro Boys
12:10 pm	Division 4 - Awards
12:00 pm	Division 2 - Northwest Girls
12:40 pm	Division 2 - Northwest Boys
1:30 pm	Division 2 - Awards

Awards:

Medals will be awarded to the top fourteen (14) in each sectional.
The top team will receive the Sectional Championship Plaque.

An awards ceremony will be given from the ramada at the south end of the ramada circle. The awards ceremony will be for both the boys and girls of the same division. The awards ceremony will be approximately 15 minutes following the conclusion of the final race for that division.

Course:

The course is mostly sidewalk, compact dirt, and grass.

A copy of the map is online at the AIA website under coaches → cross country.

Make copies of the map. Maps may not be provided in your team packet.

There will be course monitors on the course to direct athletes and to help with crowd control.

There will be abundant flagging and cones so the course is well designated.

The course will be open for preview throughout the day. Athletes in later races wanting to warm up on the course must use extreme caution.

Bicycles will NOT be allowed on the course.

Finish Line:

There will be officials at the finish line to help ensure athlete safety and result accuracy.

Athletes will have RF tags attached to their bibs as the official timing and scoring method. Use of a camera and watch will serve as a back-up scoring method (will be reviewed by race officials if needed).

Coaches, athletes, and spectators are not permitted into the finish area. Athletes will be walked through the finish chute and exit to the northern end of the field where they can be greeted.

The finish line will be using chip timing pads. In order to keep the results accurate and timely, please ensure that any athletes with bibs on avoid the finish line as other races are finishing.

Parking:

Busses may drop teams off in the park but then MUST leave the park. Bus parking is reserved at Westside Church located one block east of the park on Bethany Home Rd.

~~Minibusses and school vans that take up only one parking space may park in the parking lot.~~

Minibusses are being asked to be parked in the library parking lot off of 83rd Ave. Coaches will need to walk around the lake / start area to get back to the team camps from the library due to construction fencing.

Spectator parking will be available in the parking lots.

Due to the construction, parking will be limited for spectators. Please encourage your spectators to carpool when possible.

Team Camps:

Team camps may be set up in the ramadas or in the grass fields behind the starting line.

Teams are responsible for ensuring that their camp area is clean of all debris before departing the meet. Good environmental stewardship is the responsibility of all.

NO staking of team tents is allowed in the grass at the park.

Spectators:

Spectators are to be aware of racers at all times.

Spectators are to follow the commands of the course monitors to ensure athlete safety. Spectators deliberately disobeying course monitors or race officials are subject to removal and their team's disqualification. Please ensure your spectators are aware of the expectations for appropriate and safe cross country cheering.

Bathrooms:

There will be bathrooms available in the building next to the ramada circle (next to the playground). There will also be portable toilets next to that building as well for athlete use. A smaller bathroom building is also located next to the skatepark in the NW corner of the park.

Medical:

There will be trainers on site to assist with medical needs. Trainers will be located in the finish line area.

Schools are required to bring their own water for athletes and spectators.

Water may NOT be available at the finish line for athletes upon finishing. All athletes and teams are required to bring their own, labeled, water containers.

Section Entry Procedure:

Each team may designate up to seven runners.

Entries are to be submitted online at www.athletic.net

Entry deadline is Sunday, October 20, by 2:00pm.

Changes to your entries will be allowed at check in.

It is recommended that you add this meet to your calendar sooner than later.

IF you do NOT have a athletic.net account you need to allow several days for your account to be set and activated.

All Athletes entered in the sectional Cross Country Championship; MUST have completed at least ONE race through the season.

State Qualification:

The top half (50%) of full finishing teams (5 athletes) will advance to state. If there is an odd number of scoring teams, then one additional team (even number) will advance. The next 7 individuals NOT on a qualifying team will advance to state.

State Entries:

Entries for the State Championships are to be made online at www.athletic.net

Deadline for entries is Monday, October 28th by 2:00pm.

For a time schedule and more information on the state meet visit www.aiaonline.org and scroll through the athletic tab button and tournament guides, under “coaches” tab.

Games Committee:

In the rare instance that a games committee is needed for a decision, the following will be represented:

Members are subject to change.

Monty Montgomery	Highland Prep	Division 1
Michael Mendoza	Washington	Division 2
???	???	Division 3
Chad Wilshusen	Valley Lutheran	Division 4
???	AIA	Referee
Julie Patton	Glendale	Administrator

Post-Race Meals:

If you are in need of eating establishments, the West Gate Entertainment area has countless restaurants—both sit down and fast service. West Gate is located off of Glendale Ave and 95th Ave.

Contact Information:

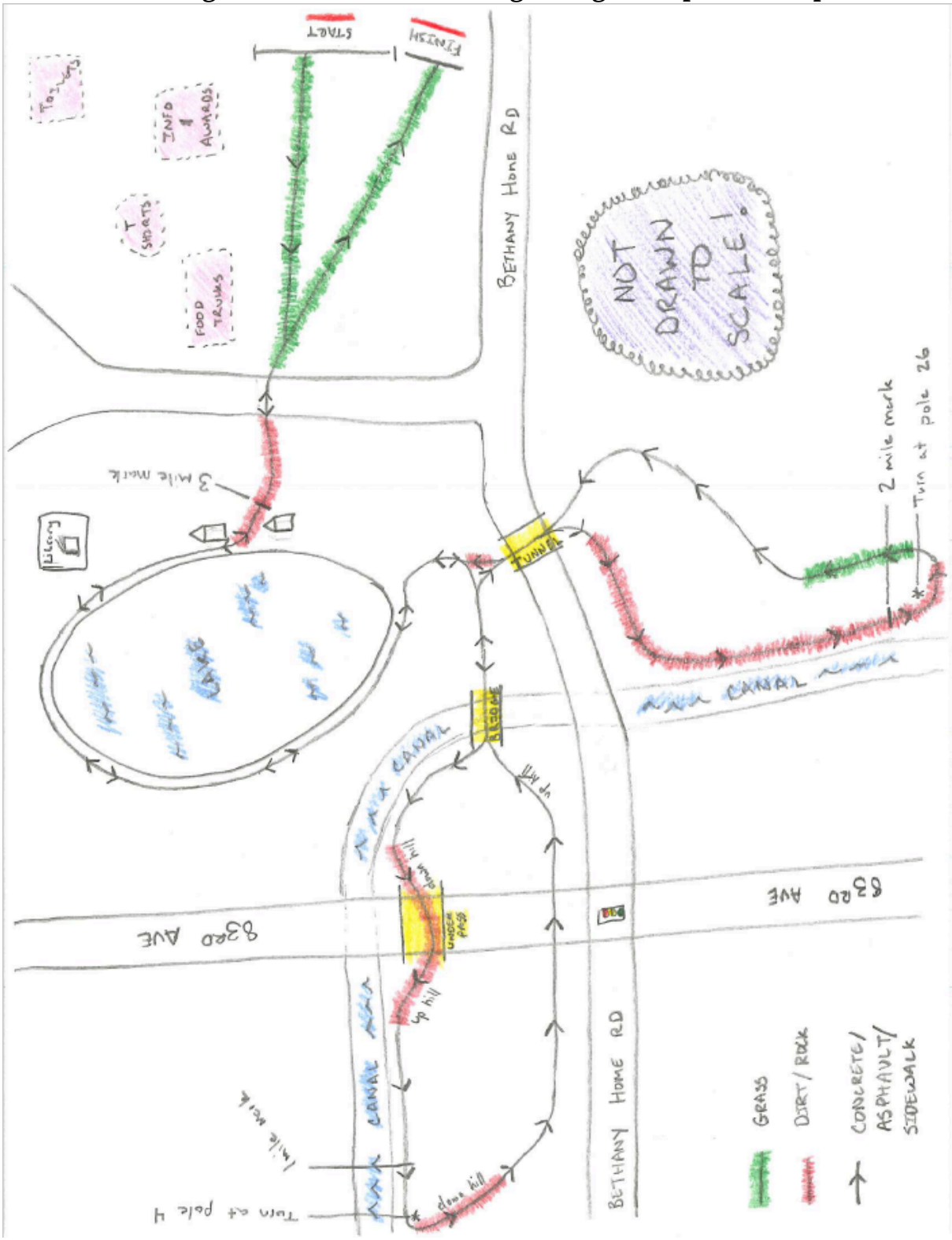
Email questions or concerns to Matthew Schmitt. Matthew.Schmitt@guhsdaz.org

Please call only on the day of the sectionals if there is some sort of crisis.

623.853.6903

OLD Course Map

See 2024 - Changes Document (link at beginning) for updated map and notes.



- GRASS
- DIRT / ROCK
- CONCRETE / ASPHALT / SIDEWALK

Starting Boxes

Box	Division 1 NE Section	Division 2 NW Section	Division 3	Division 4 Metro Section
1	Boulder Creek	Willow Canyon	ALA - West Foothills	Wickenburg
2	Desert Ridge	Westview	Tonopah Valley	Kingman Academy
3	Skyline	Washington	Cactus	Veritas Prep
4	Westwood	Barry Goldwater	St. Marys	Highland Prep West
5	Dobson	Bradshaw Mountain	Chino Valley	Valley Lutheran
6	Gilbert	Canyon View	Shadow Mountain	Heritage Academy Laveen
7	Red Mountain	Thunderbird	Coronado	Trivium Prep
8	Sandra Day OConnor	Sunrise Mountain	Parker	Glendale Prep
9	Highland	Raymond S Kellis	Cortez	St. John Paul II
10	Mesa	Coconino	Paradise Honors	Desert Star
11	Mountain View Mesa	Dysart	Estrella Foothills	Ray
12	Pinnacle	Flagstaff	Odyssey Institute	Cicero Prep
13	Millennium	Prescott	Greenway	Phoenix Country Day
14	Mountain Ridge	Peoria	Northwest Christian	Camp Verde
15		Notre Dame Prep	Highland Prep	Phoenix Christian
16		Glendale	Moon Valley	BASIS Phoenix
17		Independence	Kingman	North Valley Christian
18		Ironwood	Mohave	Arizona Lutheran
19			Lee Williams	North Phoenix Prep
20				Anthem Prep
21				Maryvale Prep