

**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

SITE: MESA COMMUNITY COLLEGE

FRIDAY, MAY 12, 2023

Day One Prelims

9:00 am Unified Team Entrance open
9:15 Unified Coaches Meeting
9:30 Unified Field Events Start
10:30 Unified Running Events Start

2:00 pm Team entrance open

3:00 pm Coaches Meeting

3:30 pm **Javelin** **Girls**

4:00 pm Triple Jump Girls

Pole Vault Girls

Long Jump Boys

Discus Girls

Shot Put Boys

5:00 pm High Jump Boys

Time	Track Events	Boys/Girls	heats
5:15 pm	4x800m Relay	Boys	Finals 1
5:30	110m Hurdles	Boys	2
5:45	100H Hurdles	Girls	2
6:00	100m Dash	Boys	2
6:15	100m Dash	Girls	2
6:30	1600m Run	Girls	Finals 1
6:45	4x100m Relay	Boys	2
7:00	4x100m Relay	Girls	2
7:20	400m Dash	Boys	2
7:30	400m Dash	Girls	2
8:00	300m Hurdles	Boys	2
8:15	300m Hurdles	Girls	2
8:30	800m Run	Girls	Finals 1
8:40	200m Dash	Boys	2
8:55	200m Dash	Girls	2
9:00	3200 M Run	Boys	Finals 1
9:20	4x400 Relay	Boys	2
9:25 pm	4x400 Relay	Girls	2

Finished by 9:45 pm



**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
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SITE: MESA COMMUNITY COLLEGE

SATURDAY, MAY 13, 2023

Day Two Schedule Finals

2:00 pm	Team entrance open.	
3:30 pm	Javelin	Boys
4:30 pm	Triple Jump	Boys
	Pole Vault	Boys
	Long Jump	Girls
5:00 pm	Discus	Boys
	Shot Put	Girls
	High Jump	Girls

Time	Track Events	Boys/Girls	heats
5:45 pm	4x800m Relay	Girls Finals	1
6:00	110m Hurdles	Boys	1
6:10	100H Hurdles	Girls	1
6:20	100m Dash	Boys	1
6:27	100m Dash	Girls	1
6:40	1600m Run	Boys Finals	1
7:00	4x100m Relay	Boys	1
7:10	4x100m Relay	Girls	1
7:20	400m Dash	Boys	1
7:30	400m Dash	Girls	1
7:45	300m Hurdles	Boys	1
7:52	300m Hurdles	Girls	1
8:00	800m Run	Boys Finals	1
8:10	200m Dash	Boys	1
8:17	200m Dash	Girls	1
8:30	3200 m Run	Girls Finals	1
8:50	4x400 Relay	Boys	1
9:00 pm	4x400 Relay	Girls	1