

**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

SITE: RED MOUNTAIN HIGH SCHOOL

THURSDAY May 4, 2023

Day One DIVISION I

2:30 pm	Team entrance open	
4:00	Coaches Meeting	
4:00	Javelin	Girls
	Triple Jump	Girls
4:30	Pole Vault	Girls
	Long Jump	Boys
	Shot Put	Boys
	High Jump	Boys
5:45	Discus	Girls

Sunset for 5/5 is 7:06 pm

Sunset for 5/6 is 7:08 pm

Sunset for 5/7 is 7:08 pm

Time	Track Events	Boys/Girls	heats
5:00 pm	4x800 Finals	Boys	1
5:20	110H Hurdles	Boys	3
5:35	100H Hurdles	Girls	3
6:00	100m Dash	Boys	3
6:15	100m Dash	Girls	3
6:35	1600m Run	Girls	1
6:50	4x100m Relay	Boys	2
7:00	4x100m Relay	Girls	2
7:20	400m Dash	Boys	3
7:40	400m Dash	Girls	3
8:00	300m Hurdles	Boys	3
8:15	300m Hurdles	Girls	3
8:45	800m Run	Girls	2
8:55	200m Dash	Boys	3
9:10	200m Dash	Girls	3
9:25	3200m Run	Boys	1
9:45	4x400 Relay	Boys	2
9:55	4x400 Relay	Girls	2

Finished by 10:00 pm

43 races



**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

Day One

SITE: RED MOUNTAIN (DIV IV & V)

FRIDAY, May 5, 2023

2:30 pm	Team entrance open (School gets out at 3:15)		
3:00	Javelin	Girls D IV/Girls D V	(competitors park at SB Field) (spectators park at church)
3:30	Discus	Girls D V /Girls D IV	
	Triple Jump	Girls D IV /Girls D V	
	Pole Vault	Girls D V /Girls D IV	(elevated runway on infield)
	Long Jump	Boys D V /Boys D IV	
	Shot Put	Boys D IV /Boys D V	
	High Jump	Boys D IV /Boys D V	
4:00	Coaches Meeting		

Time	Track Events	Boys/Girls	heats (D IV followed by D V)
4:00 pm	4x800 Finals	Boys	2
4:30	110H Hurdles	Boys	6
4:55	100H Hurdles	Girls	6
5:20	100m Dash	Boys	6
5:40	100m Dash	Girls	6
6:00	1600m Run	Girls	2
6:16	4x100m Relay	Boys	4
6:34	4x100m Relay	Girls	4
6:42	400m Dash	Boys	6
7:08	400m Dash	Girls	6
7:40	300m Hurdles	Boys	6
8:05	300m Hurdles	Girls	6
8:30	800m Run	Girls	4
8:45	200m Dash	Boys	6
9:05	200m Dash	Girls	6
9:30	3200m Run	Boys	2
10:00	4x400 Relay	Boys	4
10:25	4x400 Relay	Girls	4

Finished by 11:00 pm

86 races



**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

Day One

SITE: DEER VALLEY (DIV II & III)

FRIDAY, May 5, 2023

1:00 pm	Team entrance open (School gets out at 12:42)	
2:00	Javelin	Girls D II/Girls D III
	Triple Jump	Girls D II /Girls D III – South and North Pits
	Pole Vault	Girls D III /Girls D II
	Long Jump	Boys D III /Boys D II – North Pit Follows Triple Jump
3:00	Shot Put	Boys D III /Boys D II
	Discus	Girls D II /Girls D III
3:30 (approx.)	High Jump	Boys DII/Boys D III – Follows South Pit Triple Jump
4:00	Coaches Meeting	

Time	Track Events	Boys/Girls	heats (D II followed by D III)
3:00 pm	4x800 Finals	Boys	2
3:30	110H Hurdles	Boys	6
3:55	100H Hurdles	Girls	6
4:20	100m Dash	Boys	6
4:40	100m Dash	Girls	6
5:00	1600m Run	Girls	2
5:16	4x100m Relay	Boys	4
5:34	4x100m Relay	Girls	4
5:42	400m Dash	Boys	6
6:08	400m Dash	Girls	6
6:40	300m Hurdles	Boys	6
7:05	300m Hurdles	Girls	6
7:30	800m Run	Girls	4
7:45	200m Dash	Boys	6
8:05	200m Dash	Girls	6
8:30	3200m Run	Boys	2
9:00	4x400 Relay	Boys	4
9:25	4x400 Relay	Girls	4

Finished by 10:00 pm

86 Races Total



**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

**SITE: DEER VALLEY
Division II & III
Saturday May 6, 2023
Day Two**

12:00 pm	Team entrance open	
1:30	Javelin	Boys D II/D III
2:00	Triple Jump	Boys D III/D II – South and North Pits
	Pole Vault	Boys D II/D III
	Long Jump	Girls D II/D III – North Pit follows Triple Jump
	Shot Put	Girls D III/D II
	Discus	Boys D II/D III
	High Jump	Girls D III/D II– Follows South Pit Triple Jump

Time	Track Events	Boys/Girls	heats (D II followed by D III)
4:00 pm	4x800 Finals	Girls	2
4:30	110H Hurdles	Boys	2
4:40	100H Hurdles	Girls	2
4:55	100m Dash	Boys	2
5:05	100m Dash	Girls	2
5:20	1600m Run	Boys	2
5:50	4x100m Relay	Boys	2
6:00	4x100m Relay	Girls	2
6:15	400m Dash	Boys	2
6:25	400m Dash	Girls	2
6:50	300m Hurdles	Boys	2
7:00	300m Hurdles	Girls	2
7:20	800m Run	Boys	4
7:35	200m Dash	Boys	2
7:45	200m Dash	Girls	2
8:00	3200m Run	Girls	2
8:30	4x400 Relay	Boys	2
8:45	4x400 Relay	Girls	2

38 Total Races



**2023 ARIZONA STATE TRACK & FIELD CHAMPIONSHIP
SCHEDULE OF EVENTS**

**SITE: Red Mountain
SATURDAY, May 6, 2023**

Day Two Division I, IV & V Meet Schedule

12:00 pm	Team entrance open	
1:15	Javelin	Boys D IV/V/I (S Field)
2:00	High Jump	Girls D V/I/IV
	Triple Jump	Boys D I/IV/V
	Pole Vault	Boys DIV/V at 2 pm – elevated and regular - DI follows on elevated runway
	Long Jump	Girls D IV/V/I
	Discus	Boys D I/IV/V
	Shot Put	Girls D V/I/IV

Time	Track Events	Boys/Girls	heats (D I, IV, V)
3:30 pm	4x800 Finals	Girls	3
4:20	110H Hurdles	Boys	3
4:30	100H Hurdles	Girls	3
4:45	100m Dash	Boys	3
5:00	100m Dash	Girls	3
5:20	1600m Run	Boys	3
5:50	4x100m Relay	Boys	3
6:00	4x100m Relay	Girls	3
6:25	400m Dash	Boys	3
6:40	400m Dash	Girls	3
7:00	300m Hurdles	Boys	3
7:20	300m Hurdles	Girls	3
7:50	800m Run	Boys	6
8:20	200m Dash	Boys	3
8:35	200m Dash	Girls	3
8:50	3200m Run	Girls	3
9:35	4x400 Relay	Boys	3
9:55	4x400 Relay	Girls	3

57 Total Races

