



## Sports Medicine Advisory Committee Meeting

MINUTES – July 28, 2022

### 1. Introductions

David Hines

Joe Paddock

Mark Mignella

Taylor Coady

Kristina Wilson

Angela Shaba

Kareem Shaarawy

Javier Cardenas

John Kearney

Jennifer Wethe

David Mesman

Roger McCoy

Tamara McLeod

Bart Peterson

Mitchell Barnhart

Lauren Walsh

Steven Erickson

### 2. MENTAL HEALTH TRAINING TOOLS

- a. Webinar taking place for any athletic trainers in AZ that have registered on July 29th
- b. Tools and resources will be available on the AIA website

### 3. WBGT STUDY

- a. Funding for 25 WBGT devices available
- b. Athletic Trainer participation in the geographical weather locations wanted
  - i. Payson, Prescott, Lake Havasu, Snowflake and Camp Verde
- c. Schools that participate in the study will be able to keep the devices
- d. Will continue to collect data towards end of the fall

### 4. SUDDEN CARDIAC ARREST IN SECONDARY SCHOOL ATHLETES

- a. Research showing some higher risk populations in high school and collegiate athletes
- b. What should be required on PPE to help potentially prevent an incident?
- c. How often should the PPE be required for students to complete?
  - i. Concern from schools that students may only receive a PPE twice during their high school years

### 5. UPCOMING SYMPOSIA

- a. July 29<sup>th</sup> – Mental Health Webinar
- b. August 20<sup>th</sup> – Barrow Concussion Network Training

### 6. Upcoming SMAC Meeting Dates

- a. August 25, 2022
- b. September 29, 2022

Meeting Adjourn: 8:30am