



Sports Medicine Advisory Committee Meeting

MINUTES – February 24, 2022

1. Introductions

David Hines
Joe Paddock
Mark Mignella
Tayler Coady
Kristina Wilson

Tamara McLeod
Mark Strom
Bart Peterson
John Kearney
Javier Cardenas

Roger McCoy
Randy Cohen
David Mesman
Elise Abbott
Lauren Walsh

2. UPDATES FROM AROUND THE WORLD OF SPORTS

- a. NFL combine next week

3. MENTAL HEALTH IN STUDENT ATHLETES

- a. Addition of PHQ4 on PPE
- b. Encourage students athletes to get well-care visit with Primary Care Physician
- c. Trying to get education that improves behavior
 - i. Build in education on the PPE
 - 1. Modules
- d. Education is needed across the board
- e. Are athletic trainers at the high school level comfortable to ask patients the hard questions? And do they have the resources on hand to provide to that patient if necessary?

4. SMAC Meeting Dates for 2022

- a. March 31, 2022
- b. April 28, 2022
- c. May 26, 2022

Meeting Adjourn: 9:00am