



Sports Medicine Advisory Committee Meeting

MINUTES – August 26, 2021

1. Introductions

David Hines	Mark Mignella	Michael Suman
Joe Paddock	Taylor Coady	
Kristian Wilson	Jennifer Wethe	Randy Cohen
John Kearney	Lauren Walsh	Roger McCoy
Robert Luberto	Tamara McLeod	Steven Erickson
Bart Peterson	Tina Kwasnica	Angela Shaba
Javier Cardenas	Kareem Shaarawy	Naomi Vaughn

2. WBGT Update

- a. Have 12 sites that have the Kestrel 5400 device collecting data for the last two weeks.
- b. Received grant to purchase 10 more devices for other sites to participate

3. Discussion Regarding Updated NCAA Guidelines for RTP after COVID

- a. Updated Algorithm – Cardiac Considerations for College Student-Athletes
 - i. Recommended for collegiate but not required
- b. Need more of a black and white line at the high school level
 - i. Not as much oversight at the high school level
- c. Discussion took place about continuing to follow the current guidelines that are in place
 - i. Emphasize the importance of the return to guidelines that are in place
 - ii. All members were in support of continuing with the current guidelines regarding the return to play form and protocols for student athletes that are assumed positive, close contact or positive.

4. 4A Conference 6-quarters a week rule (football) – David Hines

- a. 4A conference is schools that have an enrollment of 1,000-1,500 students.
 - i. With the exception of those that have been reclassified for football and placed in the 4A conference.
 - ii. 2A/3A conference schools are permitted to participate in 6-quarters a week to help keep a program in place.
- b. Due to the reclassification with football a couple schools have requested to play 6-quarters a week
 - i. One school requested the exception and was approved by the Executive Board
- c. If looking to provide the opportunity for student-athletes this exception the wording may be looked at to make it clear that it would be an exception out of necessity to help programs continue to participate.
 - i. This would still help minimize contact for students-athletes
- d. How will the exception for the student-athletes be tracked?
 - i. Create a monitoring system?

5. Sudden Cardiac Death Guidelines – Dr. John Kearney

- a. Recommended area of improvement from KSI
- b. Cost/Funding of Units
 - i. Biggest concern with schools getting access to AEDs is the cost per unit
- c. Update language to provide where the AED is located and that it is in a safe place that all ATCs, coaches, administrators, school nurses and physical education teachers have access to
- d. CPR/AED and First Aid Training are required for all coaches
- e. 85% of AIA member schools have at least two AEDs on site and 93% of schools had at least one
- f. Strongly encourage all schools to have at least one AED on site for the 2021-22 school year
 - i. Will be mandated for the 2022-23 school year that all sites/locations have at least one AED available

6. Upcoming Symposia

- a. AzATA will be kicking off Safety and Sports Campaign for Athletic Trainers through September

7. Remaining SMAC Meeting Dates for 2021

- a. September 30th
- b. October 28th
- c. November 18th
- d. December 16th

Meeting Adjourn: 9:00am