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Welcome to the State Championships



On behalf of the Arizona Interscholastic Association, I would like to welcome all the participants, coaches, family and friends to our state championships. It is our pleasure to create an event that fans will enjoy and think about for years to come.

The AIA recognizes the hard work strength it took to get here, as well as the sacrifices made along the way. The membership continues to grow, opening more avenues for participation. And for that, we say thank you. The student-athletes, administrators, coaches and families have all earned our gratitude. You are what drives us.

While attending this championship, we hope that it is an enjoyable experience for all. The lessons learned regarding sportsmanship and fair play are elevated here. Athletics are an extension of the classroom, which is why we accentuate the “student” in student-athlete. State championships are just a springboard to the success these student-athletes will achieve when the competition is over. In the process of deriving enjoyment from participation in athletics, our student-athletes are learning lifelong skills that will help them develop into healthy adults and productive citizens. National research continues to validate that students involved in extracurricular activities attend more days of school, perform better in the classroom and have less behavioral issues. This also includes lower dropout, alcohol and drug abuse rates as compared to those who do not participate. The benefits of participation are extensive.

Since the AIA’s inception in 1913, the association vigorously defends and promotes the positive developments of athletics, creates a culture that fosters self-governance and ethical behavior, and teaches, enforces, advocates and models the principles of the Arizona Accord and “Pursuing Victory With Honor.” Today, over 130,000 student-athletes statewide benefit from the leadership of our Board, administrators and hard-working coaches on an annual basis as we are “building character now ... for the future.”

As you enjoy all the championship contests, please show respect to those around you. Displays of good sportsmanship will place you in high regard along with your school and your community, and remind us all that, sports are meant to be fun and enjoyed by not only those participating, but those in attendance. The AIA hopes this championship, as well as any others you may attend, achieves the level of excellence our student-athletes deserve. Remember that these are “our students, our teams ... our future.”

DAVID HINES
AIA Executive Director

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**Arizona Interscholastic
Association**

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Agua Fria
Alhambra
American Leadership - Gilbert North
American Leadership - Ironwood
American Leadership - Queen Creek
Anthem Prep
Apache Junction
Apollo
Arcadia
Arete Prep
Arizona College Prep
Arizona Lutheran
Barry Goldwater
Basha
BASIS School - Chandler
BASIS School - Phoenix
Benjamin Franklin
Betty H. Fairfax
Boulder Creek
Bourgade Catholic
Brophy Prep
Buckeye Union
Cactus
Cactus Shadows
Camelback
Campo Verde
Canyon View
Carl Hayden
Casteel
Centennial
Central
Cesar Chavez
Chandler
Chandler Prep
Chaparral
Cicero Prep
Combs
Copper Canyon
Corona del Sol
Coronado
Cortez
Deer Valley
Desert Edge
Desert Mountain
Desert Ridge
Desert Vista
Dobson
Dysart
Eastmark
Estrella Foothills
Fountain Hills
Gilbert
Gilbert Christian
Gilbert Classical Academy
Glendale
Glendale Prep
Greenway
Hamilton
Heritage Academy
Highland
Higley
Horizon
Horizon Honors
Independence
Ironwood
Joy Christian
La Joya Community
Leading Edge Academy - Gilbert
Liberty
Marcos de Niza
Lincoln Prep
Maricopa
Maryvale
McClintock
Mesa
Mesquite
Metro Tech
Millennium
Moon Valley
Mountain Pointe
Mountain Ridge
Mountain View (Mesa)
NFL YET College Prep
North
North Canyon
North Phoenix Prep
North Pointe Prep
North Valley Christian
Northwest Christian
Notre Dame Prep
The Odyssey Institute
Paradise Honors
Paradise Valley
Peoria
Perry
Phoenix Christian Prep
Phoenix Country Day
Phoenix Day School Deaf
Pinnacle
Poston Butte
Queen Creek
Rancho Solano Prep
Raymond Kellis
Red Mountain
Saguaro
San Tan Foothills
Sandra Day O'Connor
Scottsdale Christian
Scottsdale Prep
Seton Catholic
Shadow Mountain
Shadow Ridge
Sierra Linda
Skyline
South Mountain
St. John Paul II Catholic
St. Mary's
Sunnyslope
Sunrise Mountain
Tempe
Tempe Prep
Thunderbird
Tolleson
Tonopah Valley
Trevor Browne
Trivium Prep
Valley Christian
Valley Lutheran
Valley Vista
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Tucson Area

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Catalina
Catalina Foothills
Cholla
Cienega
Desert Christian
Desert View
Empire
Flowing Wells
The Gregory School
Immaculate Heart
Ironwood Ridge
Marana
Mountain View (Marana)
Palo Verde
Pueblo
Pusch Ridge Christian
Rincon/University
Sabino
Sahuaro
Salpointe Catholic
San Miguel
Santa Rita
St. Augustine
Sunnyside
Tanque Verde
Tucson

Flagstaff Area

BASIS School - Flagstaff
Coconino
Flagstaff
Northland Prep

Yuma Area

Cibola
Gila Ridge
Kofa
San Luis
San Pasqual Valley
Yuma
Yuma Catholic

1 Alchesay
2 Antelope
3 Ash Fork
4 Baboquivari
5 Bagdad
6 Benson
7 Bisbee
8 Blue Ridge
9 Bradshaw Mountain
10 Buena
11 Camp Verde
12 Casa Grande
13 Chinle
14 Chino Valley
15 Cibecue
16 Coolidge
17 Douglas
18 Duncan
19 El Capitan
20 East Fork Lutheran
21 Florence
22 Fort Thomas
23 Fredonia
24 Ganado

25 Globe
26 Grand Canyon
27 Greyhills Academy
28 Hayden
29 Holbrook
30 Hopi
31 Joseph City
32 Kingman
33 Kingman Academy
34 Lake Havasu
35 Lee Williams
36 Lourdes Catholic
37 Many Farms
38 Mayer
39 Miami
40 Mingus
41 Mogollon
42 Mohave
43 Mohave Accelerated
44 Monument Valley
45 Morenci
46 Nogales
47 Page
48 Parker
49 Patagonia
50 Payson
51 Pima
52 Piñon
53 Prescott
54 Ray
55 Red Mesa
56 Red Valley-Cove
57 Rio Rico
58 River Valley
59 Rough Rock
60 Round Valley
61 Safford
62 Sahuarita
63 Salome
64 San Carlos
65 San Manuel
66 San Simon
67 Santa Cruz
68 Sedona Red Rock
69 Seligman
70 Shonto Prep
71 Show Low
72 Snowflake
73 St. David
74 St. Johns
75 St. Michael
76 Superior
77 Thatcher
78 Tohono O'odham
79 Tombstone
80 Tuba City
81 Valley (Sanders)
82 Valley Union
83 Vista Grande
84 Walden Grove
85 Wickenburg
86 Willcox
87 Williams
88 Window Rock
89 Winslow

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Brophy Prep, Chaparral Girls Primed for Titles Tighter Team Races in D-II Boys & Girls

By Les Willsey
azpreps365.com

Brophy Prep is primed for yet another boys swim and dive title while Chaparral's girls aim for a four-peat at the Division I state meet Thursday Nov. 7 and Friday Nov. 8 at Kino Aquatic Center in Mesa.

The Division II meet is set for Skyline Aquatic Center also in Mesa the same days. Canyon del Oro's boys and Arcadia's girls are defending champions. Prelims for swimming events at both locations are Thursday starting at 2:30 and finals for swimming events are Friday also commencing at 2:30.

All diving competition takes place both days at Kino Aquatic Center. D-II prelims begin Thursday at 10:20 a.m. followed by D-I prelims at 3:45. D-II diving semis are Friday at 9:50 followed by finals at 10:50. D-I semis are Friday at 3 p.m. followed by finals at 4:30.

Here's a look at teams and athletes to watch by division and gender:

D-I BOYS

It's anticipated Brophy will notch its 32nd consecutive big school state title with Chaparral trying to chase down the Broncos. That was the case last year as Chaparral moved up from D-II to become Brophy's top competition.

Top two times for each event from psych sheets: 200 medley relay: 1. Brophy 1:35.94. 2. Chaparral 1:36.24. **200 free:** 1. Matt Milovanovic, Brophy 1:40.78, 2. Cooper Kiel, Chaparral 1:42.69. **200 IM:** 1. Matt Milovanovic, Brophy 1:53.50, 2. Aaron Rosen, Pinnacle. **50 free:** 1. Jon Carlo LoVullo, Boulder Creek 20.89. 2. Rick Popper, Boulder Creek 21.34. **Diving:** 1. Gage DuBois, Brophy 485.5. 2. Zachory Lundgren, Basha 478.05. **100 fly:** 1. Essias Smith, Desert Ridge 50.14. 2. Lucas Kelly, Chandler 50.15. **100 free:** 1. Jon Carlo LoVullo, Boulder Creek 46.48. 2. Brevin Bartsch, Desert Vista 47.19. **500 free:** 1. Ellis Bohon, Chaparral 4:35.67. 2. Luke Walker, Desert Ridge 4:37.36. **200 free relay:** 1. Boulder Creek 1:25.88. 2. Brophy 1:25.96. **100 back:** 1. Matt Milovanovic, Brophy 50.41. 2. Dylan Krueger, Brophy 51.27. **100 breast:** 1. Matthew LeBlanc, Chaparral 56.92. 2. Aaron Rosen, Pinnacle 58.48. **400 free relay:** 1. Brophy 3:08.70. 2. Boulder Creek 3:09.44.

NOTES: The most decorated swimmers are Chaparral senior Matthew LeBlanc and Brophy senior Matt Milovanovic. LeBlanc has racked up first-place finishes three times in the 100 breast, two 200 IM titles and been part of two top relay teams - 2016 400 relay and 2018 200 medley relay. Milovanovic has a 100-back title and swam a leg of 400 relay win last year. He also shares a 200 medley relay title from 2017. Other returning event champions are Boulder Creek's Jon Carlo LoVullo (50 free), Desert Ridge's Essias



Skylar Dikeman, Catalina Foothills

Smith (100 fly), Chaparral's Ellis Bohon (500 free), Pinnacle's Dylan Melin (200 free) and Skyline diver Daniel Knapp. One of the most anticipated swims is the 500 free and 400 relay where as many as four teams could break 3:07, according to long-time swim coach Pat O'Neill, now at Red Mountain and formerly at Mesa Mountain View and Brophy Prep.

D-I GIRLS

Chaparral is the defending team champ, but if one tacks on D-II titles in 2016 and 2017 then the Firebirds have won three straight. Chaparral is loaded and winning again is a foregone conclusion.

Top two times for each event from psych sheets: 200 medley relay: 1. Chaparral 1:44.78. 2. Xavier Prep 1:47.80. **200 free:** 1. Ashley Strouse, Chaparral 1:50.82. 2. Grace Dunn, Chaparral 1:51.99. **200 IM:** 1. Riley Courtney, Chaparral 2:06.05. 2. Morgan Brophy 2:06.47. **50 free:** 1. Greer Pattison, Chaparral 23.18. 2. Nicole Kepl, Liberty 24.38. **Diving:** 1. Isabelle Lombardi, Desert Vista 4440.83. 2. Tiah Barrow, Red Mountain 434.48. **100 fly:** 1. Morgan Brophy, Chaparral 56.22. 2. Ashley Catchpole, Highland 57.62. **100 free:** 1. Kalli Fama, Perry 52.67. 2. Hailey Garcia, Hamilton 53.03. **500 free:** 1. Ashley Strouse, Chaparral 4:58.78. 2. Kara Church, Mtn. Ridge 4:59.92. **200 free relay:** 1. Chaparral 1:38.44. 2. Xavier 1:38.61. **100 back:** 1. Greer Pattison, Chaparral 54.42. 2. Kalli Fama, Perry 57.23. **100 breast:** 1. Blakely Schuricht, Chaparral 1:04.75. 2. Abby Taylor, Chandler 1:05.46. **400 free relay:** 1. Chaparral 3:26.75. 2. Xavier 3:36.32.

NOTES: A hoard of Chaparral swimmers are overflowing with medals in the Firebirds' recent dominance. Juniors Ashley Strouse and Greer Pattison are off the charts -

Strouse owns two individual titles in the 200 free and 500 free and has helped 200 relay and 400 relay teams to two titles each in her first two seasons - that's the maximum eight titles. Pattison is just one back of her teammate in total titles with two wins in the 100 back, one in the 50 free and four relay firsts -- two 400 relay, one 200 medley relay and one 200 relay. Gold medals in 2017 went to Chaparral junior Riley Courtney (100 breast) and legs of 200 relay and 200 medley relay. Chaparral senior Chloe Zapata has participated in four winning relays 2016 (200 relay), 2017 (medley relay), 2017 (200 relay) and 2018 (200 relay). Chaparral junior Samantha Krew has golds in the 200 free relay and 400 free relay in both 2017 and 2018. Other returning event champions are Perry senior Kalli Fama (100 free in 2018) and Mesa Mountain View sophomore Emma Becker (100 breast and 200 IM from last year).

D-II BOYS

The team-title race is crowded and depth likely will tell the tale at the end. Top contenders are Salpointe Camp Verde, Catalina Foothills, and Verrado with Canyon del Oro and Sunnyslope mixing it up as well. Salpointe might be a slight favorite. Canyon del Oro is the defending champ.

Top two times for each event from psych sheets: 200 medley relay: 1. Salpointe 1:38.62. 2. Verrado 1:39.65. **200 free:** 1. Aidan Reagan, Salpointe 1:41.15. 2. Colby Raffel, Sunnyslope 1:43.67. **200 IM:** 1. Jadan Nabor, Verrado 1:51.81. 2. Landon Driggers, Gilbert 1:53.46. **50 free:** 1. Christian Ostendorf, Campo Verde 21.03. 2. Grant Stoddard, Arcadia 21.55. **Diving:** 1. Daniel Muller, Centennial 532.05. 2. John Angelovic, Verrado 443.88. **100 fly:** 1. Grant Stoddard, Arcadia, 51.60. 2. Ryan Trichler, Desert Mountain 52.82. **100 free:** 1. Christian Ostendorf, Campo Verde 47.06. 2. Luke Miller, Campo Verde 47.17. **500 free:** 1. Jackson Keaton Jones, Higley 4:32.28. 2. Aidan Reagan, Salpointe 4:37.30. **200 free relay:** 1. Campo Verde 1:26.98. 2. Canyon del Oro 1:29.01. **100 back:** 1. Jackson Keaton Jones, Higley 50.58. 2. Jadan Nabor, Verrado 51.36. **100 breast:** 1. Tate Bahti, Sunnyslope 59.74. 2. Riley Stewart, Canyon del Oro 59.93. **400 free relay:** 1. Campo Verde 3:15.23. 2. Verrado 3:17.45.

NOTES: Top performers returning in this meet are Verrado

senior Jadan Nabor and Centennial diver Daniel Muller. Nabor won the 200 IM and 100 back last year and the 100 fly in 2017. Muller is the two-time state dive champ. Another returning champ from last season is Salpointe's Quinn Teller (50 free).

D-II GIRLS

Top team-title contenders are Catalina Foothills, Campo Verde, Arcadia and Cactus Shadows. Canyon del Oro and McClintock should show well. Arcadia is the defending champion.

Top two times for each event from psych sheets: 200 medley relay: 1. Catalina Foothills 1:47.08. 2. Salpointe 1:49.32. **200 free:** 1. Ayden Chanin, Notre Dame Prep 1:54.99. 2. Sydney Even, Salpointe 1:55.04. **200 IM:** 1. Kennedy Noble, Millennium 2:06.74. 2. Christiana Williams, Catalina Foothills 2:06.90. **50 free:** 1. Paige Treptow, Campo Verde 23.96. 2. Skylar Dikeman, Catalina Foothills 24.10. **Diving:** 1. Summer Westmoreland, Catalina Foothills 433.10. 2. Isabella Plantz, Catalina Foothills 397.83. **100 fly:** 1. Sadie Edwards, Paradise Valley 56.16. 2. Rachael Lytle, Gilbert 57.52. **100 free:** 1. Paige Treptow, Campo Verde 52.25. 2. Isabella Wylie, Paradise Valley 53.78. **500 free:** 1. Ayden Chanin, Notre Dame Prep 5:03.30. 2. Kylie Ney, Desert Mountain 5:04.77. **200 free relay:** 1. Cactus Shadows 1:39.08. 2. Canyon del Oro 1:40.07. **100 back:** 1. Kennedy Noble, Millennium 54.55. 2. Skylar Dikeman, Catalina Foothills 56.44. **100 breast:** 1. Christiana Williams, Catalina Foothills 1:04.59. 2. Sadie Edwards, Paradise Valley 1:04.70. **400 free relay:** 1. Cactus Shadows 3:38.45. 2. Campo Verde 3:40.90.

NOTES: Catalina Foothills senior Skylar Dikeman has two 50 free titles won in 2018 and 2017 competing for Sabino. Dikeman's been part of six relay championship teams (2016-2018) also at Sabino. A few champs return in this division for the ladies. Paradise Valley senior Sadie Edwards won the 100 fly and Millennium sophomore Helen Noble captured the 100 back. Edwards won two D-III titles in 2017, winning the 200 IM and 100 fly. She competed at that time for American Leadership Academy-Queen Creek.

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DIV III BOYS 200 FREESTYLE RELAY

2018	Phoenix Veritas Prep	1:31.25
2017	Cottonwood Mingus	1:32.60
2016	Tempe Prep	1:30.86

DIV III BOYS 50 FREESTYLE

2018	Jacob Marbach, Veritas Prep	21.81
2017	Jacob Zajdzinski, Arete Prep	21.95
2016	Jeffrey Snoddy, Tempe Prep	21.75

DIV III BOYS 100 FREESTYLE

2018	James Karam, Seton Catholic	47.58
2017	Jacob Zajdzinski, Arete Prep	47.45
2016	Andrew Nay, Walden Grove	47.32

DIV III BOYS 100 BUTTERFLY

2018	Evan Apuron, San Manuel	51.13
2017	Jake Rodin, Phx Country Day	51.52
2016	Zabric Kline, Bourgade Catholic	50.90

DIV III BOYS 100 BACKSTROKE

2018	Tyler Barfield, Phx Country Day	52.03
2017	William Newman, Pusch Ridge	51.33
2016	William Newman, Pusch Ridge	53.13

DIV III BOYS 100 BREASTSTROKE

2018	Grant Nations, Sabino	58.45
2017	Grant Nations, Sabino	57.20
2016	Jeffrey Snoddy, Tempe Prep	58.52

DIV III BOYS 200 FREESTYLE

2018	Denton Smith, Saguaro	1:44.38
2017	Archie Spindler, Seton Catholic	1:39.62
2016	Archie Spindler, Seton Catholic	1:41.47

DIV III BOYS 200 INDIVIDUAL MEDLEY

2018	Devin Esser, Veritas Prep	1:55.40
2017	William Newman, Pusch Ridge	1:54.58
2016	William Newman, Pusch Ridge	1:57.03

DIV III BOYS 500 FREESTYLE

2018	Devin Esser, Veritas Prep	4:48.30
2017	Archie Spindler, Seton Catholic	4:33.10
2016	Archie Spindler, Seton Catholic	4:36.45

DIV III BOYS 200 MEDLEY RELAY

2018	Phoenix Country Day	1:41.61
2017	Phoenix Country Day	1:39.06
2016	Tempe Prep	1:41.20

DIV III BOYS 400 FREESTYLE RELAY

2018	Phoenix Veritas Prep	3:18.77
2017	Chandler Seton Catholic	3:13.63
2016	Chandler Seton Catholic	3:22.86

DIV III BOYS DIVING

2018		
2017	Jem Stern, Phx Country Day	413.90
2016	Derek Bowers, Gilbert Classical	476.40

DIV II BOYS 200 FREESTYLE RELAY

2018	Tucson Canyon Del Oro	1:26.28
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2017	Scottsdale Chaparral	1:28.17
2016	Scottsdale Chaparral	1:26.95
2015	Scottsdale Notre Dame Prep	1:26.99
2014	Scottsdale Notre Dame Prep	1:29.31
2013	Scottsdale Saguaro	1:29.20
2012	Scottsdale Notre Dame Prep	1:29.33
2011	Tucson Salpointe Catholic	1:29.99
2010	Tucson Sabino	1:30.74

DIV II BOYS 50 FREESTYLE

2018	Quinn Teller, Salpointe Catholic	21.37
2017	Ansel Averitte, Notre Dame	21.29
2016	Ryan Hoffer, Chaparral	19.34
2015	Austin Baker, Gilbert Classical	21.22
2014	Austin Baker, Gilbert Classical	21.74
2013	Joseph Starkweather, Notre Dame	20.85
2012	Joseph Starkweather, Notre Dame	21.76
2011	Jack Poupore, Notre Dame Prep	21.70
2010	Alex Brouwer, Notre Dame Prep	21.02

DIV II BOYS 100 FREESTYLE

2018	Jered Moore, Cactus Shadows	46.17
2017	Harris Temple, Prescott	46.92
2016	Clay Stoddard, Arcadia	46.27
2015	Austin Baker, Gilbert Classical	47.07
2014	Austin Baker, Gilbert Classical	48.29
2013	Austin Baker, Gilbert Classical	48.20
2012	Jake Lambros, Bourgade	46.16
2011	Jojo Simonson, Salpointe	47.74
2010	Tyler Messerschmidt, D. Edge	43.71

DIV II BOYS 100 BUTTERFLY

2018	Drake Barberii, Rincon/University	49.21
2017	Jadan Nabor, Verrado	50.37
2016	Ryan Hoffer, Chaparral	46.97
2015	Steven Rothe, Salpointe	51.39
2014	Zabric Kline, Bourgade	52.77
2013	J.J. Osborn, Saguaro	50.01
2012	Steven Koppel, Casa Grande	50.46
2011	Nathan Anderson, Arcadia	52.01
2010	Chris Pickard, Arcadia	48.81

DIV II BOYS 100 BACKSTROKE

2018	Jadan Nabor, Verrado	49.89
2017	Miller Browne, Williams Field	51.80
2016	Troy Bills, Liberty	51.00
2015	Tyler Reznicek, Queen Creek	53.28
2014	Matt Lujan, Catalina Foothills	50.79
2013	Trey Cashion, Walden Grove	50.09
2012	Max Montour, Cortez	53.67
2011	Max Montour, Cortez	54.48
2010	Alex Brouwer, Notre Dame Prep	51.90

DIV II BOYS 100 BREASTSTROKE

2018	Grant Greenbaum, Verrado	58.81
2017	Matthew LeBlanc, Chaparral	57.35
2016	Matthew LeBlanc, Chaparral	58.56
2015	Braxton Bilbrey, Notre Dame Prep	57.91
2014	Grant Sagaski, Casa Grande	58.15
2013	Grant Sugaski, Casa Grande	58.98
2012	Matthew Anderson, Arcadia	59.02

2011	Brandon Young, Douglas	58.13
2010	Brandon Young, Douglas	57.45

DIV II BOYS 200 FREESTYLE

2018	Scott Pekarske, Catalina Foothills	1:42.02
2017	Scott Pekarske, Catalina Foothills	1:42.10
2016	Brooks Fail, Catalina Foothills	1:39.20
2015	Archie Spindler, Seton Catholic	1:45.06
2014	Brooks Fail, Catalina Foothills	1:43.41
2013	Trey Cashion, Walden Grove	1:39.90
2012	Jake Lambros, Bourgade	1:42.16
2011	Tyler Mattingly, Salpointe	1:43.24
2010	Tyler Messerschmidt, D. Edge	1:36.33

DIV II BOYS 200 INDIVIDUAL MEDLEY

2018	Jadan Nabor, Verrado	1:51.97
2017	Matthew LeBlanc, Chaparral	1:53.42
2016	Sam Mulay, Catalina Foothills	1:55.05
2015	Braden Christensen, Cholla	1:59.13
2014	Matt Lujan, Catalina Foothills	1:56.19
2013	Matt Lujan, Catalina Foothills	1:55.58
2012	Max Montour, Cortez	1:59.19
2011	Brandon Young, Douglas	1:59.51
2010	Jason Alentado, C. Foothills	1:57.58

DIV II BOYS 500 FREESTYLE

2018	Scott Pekarske, Catalina Foothills	4:30.80
2017	Scott Pekarske, Catalina Foothills	4:36.87
2016	Brooks Fail, Catalina Foothills	4:27.44
2015	Archie Spindler, Seton Catholic	4:44.52
2014	Brooks Fail, Catalina Foothills	4:33.21
2013	Cason Flygare, Queen Creek	4:41.74
2012	Antonio Ramirez, Arcadia	4:46.01
2011	Tyler Mattingly, Salpointe	4:41.16
2010	Londen Thomas, McClintock	4:42.33

DIV II BOYS 200 MEDLEY RELAY

2018	Scottsdale Desert Mountain	1:35.18
2017	Scottsdale Chaparral	1:36.29
2016	Scottsdale Notre Dame Prep	1:38.00
2015	Scottsdale Notre Dame Prep	1:36.93
2014	Scottsdale Notre Dame Prep	1:37.47
2013	Queen Creek	1:39.99
2012	Scottsdale Notre Dame Prep	1:38.72
2011	Tucson Salpointe	1:40.12
2010	Tucson Catalina Foothills	1:39.63

DIV II BOYS 400 FREESTYLE RELAY

2018	Scottsdale Desert Mountain	3:08.76
2017	Tucson Catalina Foothills	3:13.71
2016	Scottsdale Chaparral	3:10.00
2015	Gilbert Williams Field	3:15.67
2014	Tucson Catalina Foothills	3:18.13
2013	Queen Creek	3:18.71
2012	Scottsdale Arcadia	3:17.08
2011	Tucson Salpointe	3:15.04
2010	Tucson Catalina Foothills	3:11.58

DIV II BOYS DIVING

2018	Daniel Muller, Centennial	571.90
2017	Daniel Muller, Centennial	518.25
2016	Braden Huffman, Chaparral	504.00

2015	Derek Bowers, Gilbert Classical.....	466.00
2014	Derek Bowers, Gilbert Classical.....	498.90
2013	Cody Rankin, Shadow Mt.....	475.40
2012	Sheldon Solomon, Queen Creek.....	457.00
2011	Hayden Sells, Arcadia.....	424.60
2010	Hayden Sells, Arcadia.....	410.45

DIV I BOYS 200 FREESTYLE RELAY

2018	Phoenix Brophy Prep.....	1:24.23
2017	Phoenix Brophy Prep.....	1:25.87
2016	Phoenix Brophy Prep.....	1:24.18
2015	Phoenix Brophy Prep.....	1:25.27
2014	Phoenix Brophy Prep.....	1:23.85
2013	Phoenix Brophy Prep.....	1:24.10
2012	Phoenix Brophy Prep.....	1:25.25
2011	Mesa Mt. View.....	1:23.71
2010	Mesa Red Mountain.....	1:24.97

DIV I BOYS 50 FREESTYLE

2018	Jon Carlo LoVullo, Boulder Creek.....	20.78
2017	Tai Combs, Perry.....	20.70
2016	Jack Blake, Brophy Prep.....	20.09
2015	Ryan Hoffer, Chaparral.....	19.95
2014	Ryan Hoffer, Chaparral.....	19.53
2013	Ryan Hoffer, Chaparral.....	19.69
2012	Gabriel Espinosa, Brophy.....	20.91
2011	Payton Sorenson, Mesa Mt. View.....	20.42
2010	Payton Sorenson, Mesa Mt. View.....	20.44

DIV I BOYS 100 FREESTYLE

2018	Parker Hughes, Brophy Prep.....	45.07
2017	Kaden Miller, Perry.....	46.04
2016	Jack Blake, Brophy Prep.....	44.76
2015	Jack Blake, Brophy Prep.....	45.75
2014	Ryan Hoffer, Chaparral.....	43.20
2013	Nicholas Magana, Desert Mt.....	44.26
2012	Gabriel Espinosa, Brophy Prep.....	45.04
2011	Payton Sorenson, Mesa Mt. View.....	46.10
2010	John Dowd, Red Mountain.....	45.75

DIV I BOYS 100 BUTTERFLY

2018	Essias Smith, Desert Ridge.....	49.38
2017	Barberii Drake, Rincon/University.....	49.30
2016	Michael Klauss, Chandler.....	49.78
2015	Ryan Hoffer, Chaparral.....	47.47
2014	Mark Jurek, Chandler.....	47.80
2013	Mark Jurek, Chandler.....	47.80
2012	Jason Alentado, Cata. Foothills.....	49.97
2011	Reed Patterson, Rincon.....	50.52
2010	Matthew Mozdzen, Chandler.....	50.41

DIV I BOYS 100 BACKSTROKE

2018	Matt Milovanovic, Brophy Prep.....	50.93
2017	Brian Rawlinson, Mountain View.....	52.04
2016	Joshua Vedder, Desert Vista.....	50.26
2015	Joshua Vedder, Desert Vista.....	50.26
2014	Joshua Vedder, Desert Vista.....	50.70
2013	Austin Drummond, Chaparral.....	51.04
2012	Alex Schultz, Gilbert.....	50.71
2011	Alex Schultz, Gilbert.....	50.95
2010	Matthew Berg, Ironwood.....	52.62

DIV I BOYS 100 BREASTSTROKE

2018	Matthew LeBlanc, Chaparral.....	56.87
2017	Patrick Schramm, Brophy.....	57.54
2016	Cameron Heidenreich, Horizon.....	56.28
2015	Ty Dang, Hamilton.....	55.97

2014	Matt Anderson, Arcadia.....	54.76
2013	Matt Anderson, Arcadia.....	55.44
2012	Michael White, Dobson.....	57.61
2011	Michael Nelson, Brophy.....	57.13
2010	Michael Nelson, Brophy.....	58.02

DIV I BOYS 200 FREESTYLE

2018	Dylan Melin, Pinnacle.....	1:39.86
2017	Terry Yang, Chandler.....	1:40.01
2016	Aaron Apel, Pinnacle.....	1:40.54
2015	Mark Jurek, Chandler.....	1:37.36
2014	Connor Stirling, Cactus Shadows.....	1:37.54
2013	Nicholas Magana, Desert Mt.....	1:38.74
2012	Lukas Williams, Brophy.....	1:39.84
2011	Chris Webb, Brophy.....	1:39.60
2010	Brian Stevens, Brophy.....	1:38.88

DIV I BOYS 200 INDIVIDUAL MEDLEY

2018	Matthew LeBlanc, Chaparral.....	1:51.54
2017	Michael Klauss, Chandler.....	1:51.86
2016	Cameron Heidenreich, Horizon.....	1:50.83
2015	Mark Jerek, Chandler.....	1:47.86
2014	Mark Jurek, Chandler.....	1:47.03
2013	Mark Jurek, Chandler.....	1:48.31
2012	Michael White, Dobson.....	1:51.94
2011	Jason Alentado, Cata. Foothills.....	1:53.84
2011	Brandon Hughes, Desert Mt.....	1:53.84
2010	Tanner Roe, Chaparral.....	1:52.65

DIV I BOYS 500 FREESTYLE

2018	Ellis Bohon, Chaparral.....	4:35.33
2017	Tanner Falls, Desert Mountain.....	4:31.23
2016	Aaron Apel, Pinnacle.....	4:23.68
2015	Brooks Fail, Catalina Foothills.....	4:26.68
2014	Ben Olszewski, Horizon.....	4:21.48
2013	Weston Miller, Chaparral.....	4:34.41
2012	Josh Olszewski, Horizon.....	4:32.47
2011	Chris Webb, Brophy.....	4:28.40
2010	Tanner Roe, Chaparral.....	4:31.51

DIV I BOYS 200 MEDLEY RELAY

2018	Scottsdale Chaparral.....	1:34.42
2017	Phoenix Brophy Prep.....	1:34.00
2016	Phoenix Brophy Prep.....	1:35.15
2015	Mesa Mountain View.....	1:34.14
2014	Scottsdale Chaparral.....	1:34.32
2013	Scottsdale Chaparral.....	1:32.01
2012	Phoenix Brophy Prep.....	1:36.50
2011	Mesa Mt. View.....	1:33.75
2010	Phoenix Brophy Prep.....	1:36.51

DIV I BOYS 400 FREESTYLE RELAY

2018	Phoenix Brophy Prep.....	3:06.14
2017	Phoenix Brophy Prep.....	3:06.49
2016	Phoenix Brophy Prep.....	3:04.73
2015	Mesa Mountain View.....	3:06.51
2014	Phoenix Brophy Prep.....	3:03.93
2013	Phoenix Brophy Prep.....	3:05.49
2012	Phoenix Brophy Prep.....	3:06.84
2011	Phoenix Brophy Prep.....	3:10.03
2010	Phoenix Brophy Prep.....	3:08.50

DIV I BOYS DIVING

2018	Daniel Knapp, Skyline.....	515.60
2017	Miles Hull, Red Mountain.....	491.05
2016	David Mickelson, Mesa.....	395.45
2015	Kevin Adair, Mesa.....	458.50

2014	Emmott Blitch, Sunnyslope.....	445.75
2013	Emmott Blitch, Sunnyslope.....	459.05
2012	Bryce Farabee, Highland.....	514.75
2011	Bryce Farabee, Highland.....	423.30
2010	Josh Bidak, Horizon.....	480.40

1A-3A BOYS 200 FREESTYLE RELAY

2009	Sedona Red Rock.....	1:33.65
2008	Sedona Red Rock.....	1:35.05
2007	Sedona Red Rock.....	1:34.95

1A-3A BOYS 50 FREESTYLE

2009	Seth Syvertsen, Sedona Red Rock.....	23.03
2008	Eric Svensson, Sedona Red Rock.....	23.19
2007	Dylan Jones, Pusch Ridge.....	22.80

1A-3A BOYS 100 FREESTYLE

2009	Evan Decker, Sedona Red Rock.....	49.58
2008	Eric Svensson, Sedona Red Rock.....	51.15
2007	Dylan Jones, Pusch Ridge.....	51.72

1A-3A BOYS 100 BUTTERFLY

2009	Daniel Bleyl, Pusch Ridge.....	54.52
2008	Andrew Graham, Valley Christian.....	56.19
2007	Rob Komadina, Valley Christian.....	58.29

1A-3A BOYS 100 BACKSTROKE

2009	Daniel Bleyl, Pusch Ridge.....	57.15
2008	Preston Van Hofwegen, Phx Chr.....	1:00.12
2007	Chris Miller, Sedona Red Rock.....	1:04.89

1A-3A BOYS 100 BREASTSTROKE

2009	Seth Syvertsen, Sedona Red Rock.....	1:04.74
2008	David Conti, Tempe Prep.....	1:04.61
2007	Zachary Windel, Valley Christian.....	1:06.99

1A-3A BOYS 200 FREESTYLE

2009	Hayden Thomas, Tempe Prep.....	1:48.88
2008	Hayden Thomas, Tempe Prep.....	1:47.76
2007	Evan Decker, Sedona Red Rock.....	1:54.20

1A-3A BOYS 200 INDIVIDUAL MEDLEY

2009	Evan Decker, Sedona Red Rock.....	2:03.67
2008	David Conti, Tempe Prep.....	2:07.77
2007	Seth Syvertsen, Sed. Red Rock.....	2:11.44

1A-3A BOYS 500 FREESTYLE

2009	Hayden Thomas, Tempe Prep.....	4:51.82
2008	Hayden Thomas, Tempe Prep.....	4:48.10
2007	Evan Decker, Sedona Red Rock.....	5:12.25

1A-3A BOYS 200 MEDLEY RELAY

2009	Sedona Red Rock.....	1:43.98
2008	Sedona Red Rock.....	1:45.90
2007	Chandler Valley Christian.....	1:48.44

1A-3A BOYS 400 FREESTYLE RELAY

2009	Sedona Red Rock.....	3:29.19
2008	Phoenix Christian.....	3:27.93
2007	Chandler Valley Christian.....	3:39.20

1A-3A BOYS DIVING

2009	Spencer Richardson, Valley Chr.....	225.80
2008	Richard Trujillo, Canyon State.....	270.00
2007	Nicholas Singleton, Canyon State.....	232.45

4A BOYS 200 FREESTYLE RELAY

2009.....D1 Tucson Catalina Foothills	1:28.63
2009.....D2 Scottsdale Notre Dame	1:30.83
2008D1 Tucson Catalina Foothills	1:25.53
2008D2 Phoenix Washington.....	1:34.84
2007.....D1 Tucson Catalina Foothills	1:26.82
2007.....D2 Tucson Palo Verde.....	1:36.09
2006.....D1 Tucson Rincon.....	1:26.98
2006.....D2 Sunnyslope.....	1:34.86
2005.....D1 Tucson Catalina Foothills	1:28.46
2005.....D2 Sunnyslope.....	1:33.13
2004.....Tucson Catalina Foothills.....	1:25.12
2003.....Tucson Catalina Foothills	1:27.58
2002.....Tucson Rincon	1:27.70
2001.....Tucson Catalina Foothills	1:28.78
2000Tucson Catalina Foothills.....	1:29.53
1999Avondale Agua Fria.....	1:30.78
1998Scottsdale Chaparral	1:29.36
1997.....Peoria Centennial.....	1:27.65
1996Peoria Centennial.....	1:28.51
1995Tucson Rincon.....	1:29.17
1994Scottsdale Arcadia.....	1:30.01
1993Tucson Rincon.....	1:28.89

4A BOYS 50 FREESTYLE

2009.....D1 Ryan Gray, Sabino	21.21
2009.....D2 Michael Branning, Seton	20.60
2008D1 Herbie Behm, Catalina Foothills	20.09
2008D2 Wil Hogue, Seton	22.02
2007.....D1 Herbie Behm, Catalina Foothills	20.35
2007.....D2 Isaac Lunsford, Amphitheater	21.79
2006.....D1 Kurt Denninghoff, Sabino	21.01
2006.....D2 Rob Komadina, Valley Chr	22.78
2005.....D1 Nathan Clark, Rincon.....	21.96
2005.....D2 Frank Komadina, Valley Chr.....	21.54
2004.....Keegan Stombaugh, C. Foothills.....	21.36
2003.....Dane Patuhing, Catalina Foothills	21.35
2002.....Matt Crowe, Arcadia	20.96
2001.....Matt Crowe, Arcadia	21.17
2000Dan Di Toro, Chaparral	21.50
1999Wiley Wallace, Coronado	21.57
1998Gerrit Hillebrand, Chaparral.....	20.84
1997.....Gerrit Hillebrand, Chaparral	21.03
1996Sam Ullery, Rincon	21.58
1995Sam Ullery, Rincon	21.64
1994Justin Ewers, Arcadia	20.81
1993Chris Olson, Chaparral	21.01

4A BOYS 100 FREESTYLE

2009.....D1 Cole Puchi, Catalina Foothills.....	46.87
2009.....D2 Tyler Messerschmidt, D. Edge.....	45.07
2008D1 Herbie Behm, Catalina Foothills	44.68
2008D2 Devin Price, Palo Verde	46.63
2007.....D1 Herbie Behm, Catalina Foothills	45.59
2007.....D2 Isaac Lunsford, Amphitheater	48.08
2006.....D1 Ben Aaberg, Saguaro	44.81
2006.....D2 Charles Donofrio, Sunnyslope	51.08
2005.....D1 Ben Aaberg, Saguaro	46.42
2005.....D2 Frank Komadina, Valley Chr	47.14
2004.....Matt Barnard, Sabino	45.43
2003.....Matt Barnard, Sabino	46.49
2002.....Matt Crowe, Arcadia.....	46.24
2001.....Jake Miller, Cholla.....	46.88
2000Jake Miller, Cholla.....	47.62
1999Kyle Horton, Arcadia.....	47.78
1998Gerrit Hillebrand, Chaparral	47.22
1997.....Curtis Harvey, Sahuaro	46.43

1996Sam Ullery, Rincon.....	46.35
1995Quentin Byma, Paradise Valley.....	46.41
1994Matt Pelot, Palo Verde	49.17
1993Justin Ewers, Arcadia	46.47

4A BOYS 100 BUTTERFLY

2009.....D1 Barrett Meisfeld, C. Foothills.....	48.80
2009.....D2 Chris Pickard, Arcadia.....	50.32
2008D1 Roger Meisfeld, C. Foothills	50.06
2008D2 Chris Pickard, Arcadia.....	50.97
2007.....D1 Tyler Kybartas, Sabino.....	50.21
2007.....D2 Alex Brouwer, Notre Dame.....	55.18
2006.....D1 Alex Hier, Millennium.....	50.64
2006.....D2 Danny Clarke, Sunnyslope	53.86
2005.....D1 Alex Hier, Millennium.....	52.07
2005.....D2 Aaron Nelson, Arcadia.....	56.38
2004.....Mitch Newman, Chaparral.....	52.66
2003.....Nicholas Sparks, Sabino.....	51.01
2002.....Preston Revere, Apollo	51.66
2001Aaron Barnard, Flagstaff.....	51.55
2000Dan Di Toro, Chaparral	51.21
1999Jason Rever, Thunderbird.....	50.58
1998Eric Hadley, Rincon	51.56
1997.....Ryan Rahaeuser, Chaparral	51.20
1996Matt Ulrickson, Saguaro	50.11
1995Matt Ulrickson, Saguaro	50.39
1994Brian Keller, Chaparral	51.69
1993Jed Crowe, Arcadia	51.13

4A BOYS 100 BACKSTROKE

2009.....D1 Cole Puchi, Catalina Foothills.....	53.26
2009.....D2 Alex Brouwer, Notre Dame.....	52.13
2008D1 Cole Puchi, Catalina Foothills.....	53.94
2008D2 Tyler Messerschmidt, D. Edge	49.89
2007.....D1 Tyler Kybartas, Sabino.....	50.90
2007.....D2 Devin Price, Palo Verde	52.62
2006.....D1 Nick Hadinger, Sabino	53.82
2006.....D2 Devin Price, Palo Verde	55.42
2005.....D1 Bryan O'Connor, C. Foothills.....	51.94
2005.....D2 Mike Smyers, Phoenix Christian	54.50
2004.....Stephen D'Arrigo, C. Foothills	53.04
2003.....Mike Caruso, Cactus	52.57
2002.....Mike Caruso, Cactus	53.62
2001Mike Caruso, Cactus	54.76
2000Nick Eggen, Arcadia	51.94
1999Nick Eggen, Arcadia.....	52.46
1998Eric Hadley, Rincon	52.02
1997.....Will Eden, Chaparral	52.38
1996Matt Ulrickson, Saguaro	49.16
1995Matt Ulrickson, Saguaro	49.37
1994Justin Ewers, Arcadia	51.39
1993Justin Ewers, Arcadia	51.87

4A BOYS 100 BREASTSTROKE

2009.....D1 TJ Lundstrom, C. Foothills	57.73
2009.....D2 Brandon Young, Douglas.....	1:00.80
2008D1 TJ Lundstrom, C. Foothills	57.98
2008D2 Brian Morrison, Flagstaff	59.43
2007.....D1 TJ Lundstrom, C. Foothills.....	59.63
2007.....D2 Brian Morrison, Flagstaff.....	1:02.32
2006.....D1 Robert Barrett, Pinnacle	1:00.15
2006.....D2 Zach Lemons, Flagstaff	1:01.16
2005.....D1 Ben Adam, Desert Christian	1:02.41
2005.....D2 Zachary Lemons, Flagstaff	1:03.47
2004.....Josh Arreguin, Catalina Foothills.....	57.33
2003.....Geof Davis, Sabino.....	59.36
2002.....Paul Oman, Rincon.....	57.26

2001Paul Oman, Rincon	57.91
2000James McManus, C. Foothills	59.09
1999Jason Revere, Thunderbird	1:00.29
1998Eric Ducas, Cactus.....	1:00.31
1997.....Paul Aleck, Arcadia	1:01.22
1996Quentin Byma, Paradise Valley.....	57.06
1995Quentin Byma, Paradise Valley	57.22
1994Brian Keller, Chaparral	1:00.15
1993Brian Keller, Chaparral	1:00.79

4A BOYS 200 FREESTYLE

2009.....D1 Adrian Brynnel, C. Foothills	1:41.99
2009.....D2 Tyler Messerschmidt, D. Edge.....	1:38.00
2008D1 Anthony Chiaro, Sahuaro	1:40.58
2008D2 Tyler Messerschmidt, D. Edge.....	1:38.90
2007.....D1 Michael Branning, P. Valley.....	1:43.58
2007.....D2 Michael Zoldos, Arcadia.....	1:42.82
2006.....D1 Adrian Kirkpatrick, C. Foothills	1:39.52
2006.....D2 Blake Lewkowicz, PCDS.....	1:43.87
2005.....D1 Adrian Kirkpatrick, C. Foothills	1:41.34
2005.....D2 Michael Zoldos, Arcadia	1:44.51
2004.....Matt Barnard, Sabino.....	1:40.07
2003.....Philip Owen, Saguaro.....	1:41.46
2002.....Efri Ruthenbert, Cactus.....	1:46.37
2001Matthew Owen, Saguaro	1:38.81
2000Matthew Owen, Saguaro	1:41.37
1999Kevin Heath, Thunderbird.....	1:43.03
1998Jamie Richardson, Thunderbird.....	1:41.66
1997.....Jamie Richardson, Thunderbird	1:41.82
1996Jamie Richardson, Thunderbird	1:42.96
1995Evan Smith, Arcadia.....	1:42.65
1994Evan Smith, Arcadia.....	1:43.36
1993Adam Kingery, Rincon.....	1:44.05

4A BOYS 200 INDIVIDUAL MEDLEY

2009.....D1 Barrett Meisfeld, C. Foothills	1:53.01
2009.....D2 Chris Pickard, Arcadia.....	1:52.29
2008D1 Brian Ferro, Millennium	1:53.35
2008D2 Chris Pickard, Arcadia	1:52.91
2007.....D1 Nick Hadinger, Sabino.....	1:57.06
2007.....D2 Chris Pickard, Arcadia	1:59.06
2006.....D1 Ben Aaberg, Saguaro.....	1:50.82
2006.....D2 Zach Lemons, Flagstaff	1:57.39
2005.....D1 Ben Aaberg, Saguaro.....	1:51.97
2005.....D2 Blake Lewkowicz, PCDS.....	1:57.65
2004.....Josh Arreguin, Catalina Foothills.....	1:56.06
2003.....Geof Davis, Chaparral.....	1:56.76
2002.....Paul Oman, Tucson Rincon	1:51.22
2001Paul Oman, Tucson Rincon	1:52.56
2000Evan Rahaeuser, Chaparral	1:53.96
1999Nick Eggen, Arcadia	1:55.56
1998Matt Aldrich, Rincon	1:57.64
1997.....Will Eden, Chaparral	1:55.04
1996Will Eden, Chaparral	1:55.26
1995Colby Genrich, Thunderbird.....	1:57.02
1994Bill Creager, Ironwood.....	1:57.61
1993Josh Milligan, Arcadia	1:57.32

4A BOYS 500 FREESTYLE

2009.....D1 Adrian Brynnel, C. Foothills	4:35.83
2009.....D2 Ben Brouwer, Notre Dame	4:50.60
2008D1 John Kent, Sahuaro	4:36.33
2008D2 Corbin Judstra, Catalina.....	5:00.01
2007.....D1 Anthony Chiaro, Sahuaro.....	4:43.79
2007.....D2 Michael Zoldos, Arcadia.....	4:31.01
2006.....D1 Bobby Koubratoff, Rincon.....	4:40.02
2006.....D2 Blake Lewkowicz, PCDS.....	4:37.31

2005.....D1 Adrian Kirkpatrick, C. Foothills.....	4:38.20
2005.....D2 Blake Lewkowicz, PCDS.....	4:37.99
2004.....Gunnar Schmidt, Arcadia.....	4:34.58
2003.....David Pursley, Brophy.....	4:32.66
2002.....Philip Owen, Saguaro.....	4:38.84
2001.....Matthew Owen, Saguaro.....	4:29.41
2000.....Matthew Owen, Saguaro.....	4:31.76
1999.....Kevin Heath, Thunderbird.....	4:36.23
1998.....Jamie Richardson, Thunderbird.....	4:29.13
1997.....Jamie Richardson, Thunderbird.....	4:32.82
1996.....Jamie Richardson, Thunderbird.....	4:38.33
1995.....Jamie Richardson, Thunderbird.....	4:36.01
1994.....Evan Smith, Arcadia.....	4:38.67
1993.....Evan Smith, Arcadia.....	4:39.20

4A BOYS 200 MEDLEY RELAY

2009.....D1 Tucson Catalina Foothills.....	1:34.13
2009.....D2 Scottsdale Arcadia.....	1:40.29
2008.....D1 Tucson Catalina Foothills.....	1:33.71
2008.....D2 Scottsdale Arcadia.....	1:41.28
2007.....D1 Tucson Sabino.....	1:38.40
2007.....D2 Scottsdale Arcadia.....	1:41.02
2006.....D1 Tucson Catalina Foothills.....	1:39.82
2006.....D2 Sunnyslope.....	1:45.39
2005.....D1 Tucson Catalina Foothills.....	1:41.38
2005.....D2 Sunnyslope.....	1:45.02
2004.....Tucson Catalina Foothills.....	1:38.63
2003.....Tucson Catalina Foothills.....	1:38.20
2002.....Glendale Cactus.....	1:37.95
2001.....Tucson Catalina Foothills.....	1:40.10
2000.....Scottsdale Arcadia.....	1:40.16
1999.....Scottsdale Chaparral.....	1:40.23
1998.....Tucson Rincon.....	1:39.13
1997.....Avondale Agua Fria.....	1:40.94
1996.....Scottsdale Saguaro.....	1:39.40
1995.....Phoenix Thunderbird.....	1:39.57
1994.....Tucson Rincon.....	1:41.33
1993.....Scottsdale Arcadia.....	1:39.15

4A BOYS 400 FREESTYLE RELAY

2009.....D1 Tucson Catalina Foothills.....	3:13.53
2009.....D2 Scottsdale Notre Dame.....	3:18.52
2008.....D1 Scottsdale Chaparral.....	3:12.89
2008.....D2 Scottsdale Notre Dame.....	3:19.02
2007.....D1 Tucson Sabino.....	3:11.24
2007.....D2 Scottsdale Arcadia.....	3:21.14
2006.....D1 Tucson Sabino.....	3:13.21
2006.....D2 Flagstaff.....	3:26.62
2005.....D1 Tucson Catalina Foothills.....	3:15.82
2005.....D2 Sunnyslope.....	3:27.18
2004.....Tucson Catalina Foothills.....	3:10.09
2003.....Tucson Catalina Foothills.....	3:15.51
2002.....Tucson Rincon.....	3:16.55
2001.....Phoenix Thunderbird.....	3:15.55
2000.....Scottsdale Arcadia.....	3:12.77
1999.....Scottsdale Arcadia.....	3:14.17
1998.....Scottsdale Chaparral.....	3:12.81
1997.....Scottsdale Chaparral.....	3:12.29
1996.....Scottsdale Chaparral.....	3:15.82
1995.....Phoenix Thunderbird.....	3:16.32
1994.....Scottsdale Arcadia.....	3:17.29
1993.....Scottsdale Arcadia.....	3:11.11

4A BOYS DIVING

2009.....D1 Sean Clark, Sunnyslope.....	418.50
2009.....D2 Cody Farabee, Williams Field.....	414.95
2008.....D1 Sean Clark, Sunnyslope.....	412.65

2008.....D2 Nico Montano, Santa Rita.....	376.35
2007.....D1 Victor Valencia, McClintock.....	400.10
2007.....D2 Nico Montano, Santa Rita.....	381.35
2006.....D1 Victor Valencia, McClintock.....	392.85
2006.....D2 Aaron Henderson, Washington.....	402.25
2005.....D1 Kyle Vonvalenberg, St. Gregory.....	419.90
2005.....D2 Sam Decker, Palo Verde.....	436.55
2004.....Drew Tees, Phoenix Ctry Day.....	387.45
2003.....Drew Tees, Phoenix Ctry Day.....	414.55
2002.....Drew Tees, Phoenix Ctry Day.....	399.80
2001.....Russell Hulse, Centennial.....	438.75
2000.....Russell Hulse, Centennial.....	431.05
1999.....Russell Hulse, Centennial.....	397.35
1998.....Aaron Leitz, Chaparral.....	379.20
1997.....Joel Harger, Glendale.....	411.50
1996.....Doug Hulse, Centennial.....	456.25
1995.....Doug Hulse, Centennial.....	440.10
1994.....Andrew Wright, Rincon.....	392.75
1993.....Thomas Krizan, Westview.....	430.50

5A BOYS 200 FREESTYLE RELAY

2009.....D1 Phoenix Brophy Prep.....	1:26.34
2009.....D2 Anthem Boulder Creek.....	1:29.50
2008.....D1 Phoenix Brophy Prep.....	1:26.45
2008.....D2 Scottsdale Horizon.....	1:28.12
2007.....D1 Phoenix Brophy Prep.....	1:25.20
2007.....D2 Tucson Rincon.....	1:27.37
2006.....D1 Phoenix Brophy Prep.....	1:24.99
2006.....D2 Peoria Sunrise Mountain.....	1:30.04
2005.....D1 Mesa Dobson.....	1:27.17
2005.....D2 Phoenix North.....	1:32.51
2004.....Phoenix Brophy Prep.....	1:23.86
2003.....Phoenix Brophy Prep.....	1:26.25
2002.....Phoenix North.....	1:27.54
2001.....Mesa Mountain View.....	1:25.73
2000.....Tucson Salpointe.....	1:26.04
1999.....Mesa Dobson.....	1:24.59
1998.....Phoenix Brophy Prep.....	1:27.24
1997.....Phoenix Brophy Prep.....	1:27.73
1996.....Tucson Salpointe.....	1:26.71
1995.....Tucson Salpointe.....	1:27.89
1994.....Tucson Salpointe.....	1:27.83
1993.....Mesa Dobson.....	1:27.58

5A BOYS 50 FREESTYLE

2009.....D1 John Wojciechowski, Brophy.....	20.83
2009.....D2 Eric Brady, Pinnacle.....	21.96
2008.....D1 John Wojciechowski, Brophy.....	20.80
2008.....D2 Jeff Amlee, Rincon.....	21.25
2007.....D1 Adam Small, Corona del Sol.....	20.22
2007.....D2 Jess Amlee, Rincon.....	21.29
2006.....D1 Buddy Turner, Horizon.....	20.44
2006.....D2 Pete Miller, North.....	21.70
2005.....D1 Buddy Turner, Horizon.....	20.60
2005.....D2 Ben Roman, North.....	21.35
2004.....Buddy Turner, Horizon.....	21.05
2003.....Scott Goodrich, Mountain Ridge.....	20.48
2002.....Scott Goodrich, Mountain Ridge.....	20.61
2001.....David Abrams, Paradise Valley.....	21.63
2000.....Chris Patience, Mesa Mt. View.....	20.96
1999.....Tyler Johnson, Dobson.....	20.90
1998.....David Larson, Mesa.....	20.83
1997.....Kyle Davis, Corona del Sol.....	21.52
1996.....Dan Turley, Mesa Mt. View.....	21.41
1995.....Spence Miller, Brophy Prep.....	21.24
1994.....Jeff Personius, Brophy Prep.....	21.79
1993.....Justin Roth, Dobson.....	20.51

5A BOYS 100 FREESTYLE

2009.....D1 Brian Stevens, Brophy Prep.....	45.76
2009.....D2 Cole Chavarria, Centennial.....	48.82
2008.....D1 Brian Stevens, Brophy Prep.....	46.19
2008.....D2 Zachary Birnbrich, Boulder Cr.....	46.42
2007.....D1 Adam Small, Corona del Sol.....	45.32
2007.....D2 Zachary Birnbrich, Boulder Cr.....	46.97
2006.....D1 Nolan Ruane, Dobson.....	46.49
2006.....D2 Dan Connealy, Shadow Mt.....	46.80
2005.....D1 Austin Fowler, Brophy Prep.....	46.65
2005.....D2 Ben Roman, North.....	46.50
2004.....Alex Righi, Brophy Prep.....	44.76
2003.....Alex Righi, Brophy Prep.....	45.96
2002.....David Mason, Mesa Mt. View.....	46.82
2001.....Colin Gaffney, Brophy Prep.....	46.70
2000.....Chris Patience, Mesa Mt. View.....	46.33
1999.....Tyler Johnson, Dobson.....	45.53
1998.....David Larson, Mesa.....	46.2
1997.....Quentin Byma, Paradise Valley.....	46.31
1996.....Scott Gaskins, Salpointe.....	45.01
1995.....Scott Gaskins, Salpointe.....	45.32
1994.....Andy Miller, Brophy Prep.....	47.06
1993.....Justin Roth, Dobson.....	46.39

5A BOYS 100 BUTTERFLY

2009.....D1 John Wojciechowski, Brophy.....	48.07
2009.....D2 Rob Heer, Desert Mountain.....	51.99
2008.....D1 John Wojciechowski, Brophy.....	47.87
2008.....D2 Spencer Knight, Horizon.....	52.96
2007.....D1 John Wojciechowski, Brophy.....	49.79
2007.....D2 Tyler Pennington, Horizon.....	51.57
2006.....D1 Alex Lundeen, Dobson.....	50.64
2006.....D2 Craig Podgurski, Sunrise Mt.....	50.85
2005.....D1 Buddy Turner, Horizon.....	49.92
2005.....D2 James McHugh, Marcos de Niza.....	51.82
2004.....Buddy Turner, Horizon.....	50.28
2003.....Jon Ehret, Brophy Prep.....	50.59
2002.....Jon Ehret, Brophy Prep.....	50.73
2001.....Michael Passey, Red Mountain.....	49.78
2000.....Eric Hadley, Rincon.....	50.64
1999.....Chris Cafiero, Mountain Pointe.....	51.20
1998.....Jeff Hyman, Shadow Mountain.....	50.28
1997.....Brent Creager, Ironwood.....	49.76
1996.....Nathan Tobler, Marcos de Niza.....	51.98
1995.....Neil Peiffer, Mountain Pointe.....	49.62
1994.....Neil Peiffer, Mountain Pointe.....	50.16
1993.....Chris Vinson, Brophy Prep.....	52.09

5A BOYS 100 BACKSTROKE

2009.....D1 Louis Wojciechowski, Brophy.....	50.86
2009.....D2 Hunter Thompson, Pinnacle.....	53.41
2008.....D1 Brian Liu, Corona del Sol.....	51.71
2008.....D2 Zachary Birnbrich, Boulder Cr.....	52.77
2007.....D1 Chris Lee, Brophy Prep.....	52.05
2007.....D2 Marshall Dilworth, Sunrise Mt.....	51.42
2006.....D1 Robert Gonzales, Brophy Prep.....	51.10
2006.....D2 Jack Hicks, Deer Valley.....	55.96
2005.....D1 Robert Gonzales, Brophy Prep.....	52.36
2005.....D2 Aaron Keller, Skyline.....	53.70
2004.....Alex Righi, Brophy Prep.....	48.00
2003.....Scott Goodrich, Mountain Ridge.....	49.37
2002.....Scott Goodrich, Mountain Ridge.....	50.07
2001.....Colin Gaffney, Brophy Prep.....	49.97
2000.....Eric Hadley, Rincon.....	49.97
1999.....Colin Gaffney, Brophy Prep.....	50.79
1998.....Jeff Hyman, Shadow Mountain.....	51.51
1997.....Ryan McCally, Mountain Pointe.....	53.01

1996	Bruno Stumpf, Dobson	52.74
1995	Neil Peiffer, Mountain Pointe	50.78
1994	Matt Ulrickson, Saguaro	51.70
1993	Chris Vinson, Brophy Prep	52.65

5A BOYS 100 BREASTSTROKE

2009	D1 Andrew Marciniak, Highland	57.77
2009	D2 Cody Vitez, Chaparral	1:00.61
2008	D1 Carl Mickelson, Hamilton	56.54
2008	D2 Stephen Estes, North	57.60
2007	D1 Carl Mickelson, Hamilton	58.52
2007	D2 Robert Barrett, Pinnacle	58.98
2006	D1 Carl Mickelson, Hamilton	59.69
2006	D2 Marshall Dilworth, Sunrise Mt	59.05
2005	D1 Patrick Rees, Brophy Prep	59.98
2005	D2 Marshall Dilworth, Sunrise Mt	58.51
2004	Marcus Kitley, Flowing Wells	56.65
2003	Ryan Titus, Dobson	57.40
2002	Mike Larson, Dobson	58.93
2001	Dave Rollins, Sabino	56.96
2000	Chris Lichtenberg, Red Mountain	57.11
1999	Nick Tobler, Marcos de Niza	57.13
1998	Nick Tobler, Marcos de Niza	57.70
1997	Quentin Byma, Paradise Valley	57.91
1996	Nick Tobler, Marcos de Niza (yards)	59.95
1995	Thad Mason, Westwood	58.43
1994	Mark Hawthorne, Amphi	57.14
1993	Mark Hawthorne, Amphi	58.46

5A BOYS 200 FREESTYLE

2009	D1 Brian Stevens, Brophy Prep	1:39.11
2009	D2 Tanner Roe, Chaparral	1:42.34
2008	D1 Brian Stevens, Brophy Prep	1:40.09
2008	D2 Spencer Knight, Horizon	1:44.57
2007	D1 Alex Lendrum, Brophy Prep	1:40.68
2007	D2 Bobby Koubratoff, Rincon	1:41.09
2006	D1 Jim O'Hara, Brophy Prep	1:40.86
2006	D2 Craig Podgurski, Sunrise Mt	1:42.76
2005	D1 Jim O'Hara, Brophy Prep	1:43.06
2005	D2 Ben Santerre, SD O'Connor	1:45.70
2004	Christian Goehring, Highland	1:42.42
2003	Kyle Shores, Brophy Prep	1:41.50
2002	Kyle Goodrich, Mountain Ridge	1:41.30
2001	Tyler DeBerry, Sabino	1:38.26
2000	John Zemaitis, Horizon	1:40.54
1999	Chris Trimble, Salpointe	1:41.81
1998	Klete Keller, Brophy Prep	1:41.45
1997	Richard Hall, Brophy Prep	1:40.16
1996	Scott Gaskins, Salpointe	1:38.79
1995	Scott Gaskins, Salpointe	1:38.95
1994	David Tait, McClintock	1:40.78
1993	Greg Mahon, Mountain Pointe	1:42.12

5A BOYS 200 INDIVIDUAL MEDLEY

2009	D1 Danny Hatfield, Brophy Prep	1:52.27
2009	D2 Cody Vitez, Chaparral	1:55.58
2008	D1 Alex Lendrum, Brophy Prep	1:49.41
2008	D2 Robert Barrett, Pinnacle	1:54.01
2007	D1 Austen Thompson, Brophy	1:49.66
2007	D2 Marshall Dilworth, Sunrise Mt	1:53.93
2006	D1 Austen Thompson, Brophy	1:52.31
2006	D2 Marshall Dilworth, Sunrise Mt	1:53.76
2005	D1 Austin Fowler, Brophy Prep	1:54.36
2005	D2 Marshall Dilworth, Sunrise Mt	1:53.34
2004	David Pursley, Brophy Prep	1:51.86
2003	David Pursley, Brophy Prep	1:51.43
2002	Jon Ehret, Brophy Prep	1:55.69

2001	Dave Rollins, Sabino	1:49.41
2000	Dave Rollins, Sabino	1:52.91
1999	Randy Gertenbech, Paradise Valley	1:55.20
1998	Kellen O'Connor, Brophy Prep	1:56.12
1997	Brent Creager, Ironwood	1:53.44
1996	Jeff Mason, Westwood	1:55.22
1995	Spence Miller, Brophy Prep	1:54.78
1994	Neil Peiffer, Mountain Pointe	1:52.15
1993	Greg Mahon, Mountain Pointe	1:52.13

5A BOYS 500 FREESTYLE

2009	D1 Chris Webb, Brophy Prep	4:34.88
2009	D2 Tanner Roe, Chaparral	4:33.72
2008	D1 Alex Lendrum, Brophy Prep	4:27.67
2008	D2 Jared Young, Rincon	4:52.35
2007	D1 Austen Thompson, Brophy	4:28.24
2007	D2 Bobby Koubratoff, Rincon	4:37.35
2006	D1 Buddy Turner, Horizon	4:29.09
2006	D2 Kyle Adler, Desert Mountain	4:49.89
2005	D1 Nate Telep, Corona del Sol	4:38.16
2005	D2 James McHugh, MDN	4:41.39
2004	David Pursley, Brophy Prep	4:29.64
2003	David Pursley, Brophy Prep	4:32.66
2002	Kyle Goodrich, Mountain Ridge	4:39.16
2001	Tyler DeBerry, Sabino	4:28.59
2000	Tyler DeBerry, Sabino	4:32.69
1999	Matt Potter, McClintock	4:32.01
1998	Matt Potter, McClintock	4:31.24
1997	Richard Hall, Brophy Prep	4:29.39
1996	Alex Mahon, Mountain Pointe	4:31.89
1995	Chris Cunningham, Brophy Prep	4:36.47
1994	David Tait, McClintock	4:31.25
1993	Chris Cunningham, Brophy Prep	4:33.96

5A BOYS 200 MEDLEY RELAY

2009	D1 Phoenix Brophy Prep	1:32.33
2009	D2 Scottsdale Chaparral	1:40.20
2008	D1 Phoenix Brophy Prep	1:32.45
2008	D2 Anthem Boulder Creek	1:39.46
2007	D1 Phoenix Brophy Prep	1:38.84
2007	D2 Anthem Boulder Creek	1:40.78
2006	D1 Phoenix Brophy Prep	1:36.90
2006	D2 Phoenix North	1:42.16
2005	D1 Phoenix Brophy Prep	1:36.44
2005	D2 Phoenix North	1:40.72
2004	Phoenix Brophy Prep	1:33.70
2003	Phoenix Brophy Prep	1:34.35
2002	Phoenix Brophy Prep	1:36.37
2001	Phoenix Brophy Prep	1:35.80
2000	Phoenix Brophy Prep	1:35.77
1999	Phoenix Brophy Prep	1:36.95
1998	Phoenix Brophy Prep	1:36.88
1997	Phoenix Brophy Prep	1:38.24
1996	Tempe Mountain Pointe	1:38.52
1995	Tempe Mountain Pointe	1:38.10
1994	Phoenix Brophy Prep	1:37.81
1993	Mesa Dobson	1:37.25

5A BOYS 400 FREESTYLE RELAY

2009	D1 Phoenix Brophy Prep	3:07.01
2009	D2 Scottsdale Chaparral	3:14.35
2008	D1 Phoenix Brophy Prep	3:05.12
2008	D2 Tucson Rincon	3:15.19
2007	D1 Phoenix Brophy Prep	3:08.40
2007	D2 Tucson Rincon	3:13.88
2006	D1 Phoenix Brophy Prep	3:09.47
2006	D2 Phoenix Shadow Mountain	3:20.88

2005	D1 Phoenix Brophy Prep	3:10.54
2005	D2 Scottsdale Desert Mountain	3:21.73
2004	Phoenix Brophy Prep	3:09.61
2003	Phoenix Brophy Prep	3:05.57
2002	Glendale Mountain Ridge	3:11.59
2001	Tucson Sabino	3:06.98
2000	Tucson Salpointe	3:10.72
1999	Mesa Dobson	3:07.89
1998	Phoenix Brophy Prep	3:11.28
1997	Phoenix Brophy Prep	3:11.07
1996	Tucson Salpointe.....(yards)	3:11.04
1995	Phoenix Brophy Prep	3:12.07
1994	Phoenix Brophy Prep	3:18.83
1993	Phoenix Brophy Prep	3:15.08

5A BOYS DIVING

2009	D1 Issac Thruston, Mesa Mt. View	453.45
2009	D2 Samuel Dorman, MDN	574.75
2008	D1 Cody Montgomery, Gilbert	469.30
2008	D2 Samuel Dorman, MDN	539.40
2007	D1 Sam Hatch, Gilbert	468.75
2007	D2 Sam Dorman, Marcos de Niza	546.30
2006	D1 David Phipps, Corona del Sol	395.10
2006	D2 Caleb Percevecz, Desert Mt	522.20
2005	D1 Greg Lords, Highland	385.00
2005	D2 Caleb Percevecz, Desert Mt	489.40
2004	Caleb Percevecz, Desert Mountain	425.45
2003	Caleb Percevecz, Desert Mountain	425.15
2002	Tony Burkhardt, Shadow Mountain	466.55
2001	Tony Burkhardt, Shadow Mountain	456.95
2000	Mario Rodriguez, Tucson	477.80
1999	Mark Wright, Westwood	452.55
1998	Scott Randall, Mesa Mt. View	431.95
1997	Scott Randall, Mesa Mt. View	479.80
1996	Carson Heussner, Chandler	445.65
1995	Brandon Hunting, Horizon	459.85
1994	Hyrum Canland, Mesa Mt. View	461.15
1993	Devan Porter, Mesa	469.30

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Recent Boys Team State Champions

DIVISION III

YEAR	WINNING TEAM	HEAD COACH	RUNNERUP	THIRD PLACE
2018	Phoenix Country Day (254)	Michael Maczuga	Phoenix Veritas Prep (204.5)	Scottsdale Saguro (203.5)
2017	Chandler Seton Catholic (279.5)	Denise Underwood	Phoenix Country Day (264)	Scottsdale Saguro (185.5)
2016	Phoenix Country Day (300)	Michael Maczuga	Tempe Prep (172)	Gilbert Classical (116)

DIVISION II

2018	Tucson Canyon Del Oro (246.5)	Chad Riestler	Tucson Salpointe Catholic (219)	Scottsdale Desert Mt. (208)
2017	Scottsdale Chaparral (364)	Richie Krzyzazowski	Tucson Catalina Foothills (202)	Gilbert Campo Verde (174)
2016	Scottsdale Chaparral (345.5)	Richie Krzyzazowski	Tucson Catalina Foothills (312)	T. Salpointe Catholic (179.5)
2015	Tucson Salpointe Catholic (236)	Matt Hough	Scottsdale Notre Dame (185)	Gilbert Williams Field (184)
2014	Tucson Catalina Foothills (312)	Ed Walter	Scottsdale Notre Dame (187.5)	Gilbert Campo Verde (177)
2013	Tucson Catalina Foothills (280)	Ed Walter	Queen Creek (203)	Gilbert Campo Verde (171)
2012	Scottsdale Arcadia (252)	Erica McClurg	Tucson Salpointe Catholic (221)	Queen Creek (206.5)
2011	Tucson Salpointe Catholic (400)	Matt Hough	Scottsdale Arcadia (314)	Queen Creek (157)
2010	Tucson Catalina Foothills (310)	R.J. Lundstrom	Scottsdale Arcadia (234.50)	Tempe McClintock (181)

DIVISION I

2018	Phoenix Brophy Prep (410.5)	D. Brubaker/F. Pipitone	Scottsdale Chaparral (356)	Mesa Mt. View (268)
2017	Phoenix Brophy Prep (379.5)	Pat O'Neill	Mesa Mountain View (244.5)	Chandler Perry (192.5)
2016	Phoenix Brophy Prep (394)	Shawn O'Connell	Mesa Mountain View (203.5)	Anthem Boulder Creek (196)
2015	Phoenix Brophy Prep (302)	Pat O'Neill	Mesa Mountain View (207.5)	Scottsdale Horizon (189)
2014	Phoenix Brophy Prep (341)	Pat O'Neill	Mesa Mountain View (212.5)	Scottsdale Horizon (202)
2013	Phoenix Brophy Prep (294)	Pat O'Neill	Scottsdale Chaparral (259)	Tempe Desert Vista (211)
2012	Phoenix Brophy Prep (344)	Pat O'Neill	Gilbert Highland (178)	Mesa Mt. View (155)
2011	Phoenix Brophy Prep (412)	Pat O'Neill	Mesa Mt. View (244)	Gilbert Highland (202)
2010	Phoenix Brophy Prep (474.5)	Pat O'Neill	Mesa Red Mountain (203.5)	Tucson Salpointe (157)

1A-3A CONFERENCE

2009	Sedona Red Rock (386)	Marc Kincaid	Tucson Pusch Ridge Christian (247.5)	Desert Christian (202.5)
2008	Sedona Red Rock (338)	Marc Kincaid	Chandler Valley Christian (313)	Phoenix Christian (311)
2007	Chandler Valley Christian (348)	Ben Swanholm	Sedona Red Rock (316)	Phoenix Christian (278.5)

4A CONFERENCE

2009 4A-1	Tucson Catalina Foothills (485)	R.J. Lundstrom	Phoenix Sunnyslope (243)	Tucson Sabino (196)
2009 4A-2	Scottsdale Arcadia (408)	Erica McClurg	Flagstaff (276.5)	Notre Dame (215.5)
2008 4A-1	Tucson Catalina Foothills (433.5)	R.J. Lundstrom	Scottsdale Chaparral (299)	Tucson Sabino (180)
2008 4A-2	Flagstaff (315)	Ian Baines	Scottsdale Arcadia (267)	Cottonwood Mingus (244)
2007 4A-1	Tucson Catalina Foothills (452)	R.J. Lundstrom	Tucson Sabino (280)	Scottsdale Chaparral (222)
2007 4A-2	Flagstaff (343)	Ian Baines	Scottsdale Arcadia (257)	Notre Dame (176)
2006 4A-1	Tucson Catalina Foothills (329.5)	Dale Payne	Tucson Rincon (296)	Tucson Sabino (249)
2006 4A-2	Phoenix Sunnyslope (360.5)	Brian Metheny	Flagstaff (296)	Cottonwood Mingus (253)
2005 4A-1	Tucson Catalina Foothills (360)	Nicole Sayers-Penkalski	Tucson Rincon (272)	Scottsdale Chaparral (181)
2005 4A-2	Phoenix Sunnyslope (443)	Brian Metheny	Cottonwood Mingus (233)	CC Cactus Shadows (164)
2004	Tucson Catalina Foothills (368)	Nicole Penkalski	Scottsdale Chaparral (170.5)	Shadow Mountain (152)
2003	Tucson Catalina Foothills (379)	Nicole Penkalski	Phoenix Thunderbird (197)	Scottsdale Chaparral (189)
2002	Tucson Catalina Foothills (269)	Nicole Penkalski	Tucson Rincon (223)	Scottsdale Chaparral (217)
2001	Tucson Catalina Foothills (288)	Nicole Penkalski	Phoenix Thunderbird (238)	Scottsdale Chaparral (205)
2000	Tucson Catalina Foothills (297)	Nicole Penkalski	Scottsdale Arcadia (251)	Phoenix Thunderbird (185)

5A CONFERENCE

2009 5A-1	Phoenix Brophy Prep (545)	Pat O'Neill	Tempe Desert Vista (256)	Mesa Mt. View (240)
2009 5A-2	Scottsdale Chaparral (320)	xxx	Scottsdale Horizon (259)	Anthem Boulder Cr. (237)
2008 5A-1	Phoenix Brophy Prep (522)	Pat O'Neill	Tempe Desert Vista (302)	Chandler Hamilton (197)
2008 5A-2	Tucson Rincon (345.5)	Rosanne Taylor	Scottsdale Horizon (343)	Boulder Creek (214.5)
2007 5A-1	Phoenix Brophy Prep (538)	Pat O'Neill	Tempe Desert Vista (239)	Scottsdale Desert Mt. (213)
2007 5A-2	Scottsdale Horizon (360.5)	MaryAnn Keever	Tucson Rincon (351)	Boulder Creek (204)
2006 5A-1	Phoenix Brophy Prep (556)	Pat O'Neill	Mesa Mountain View (209)	Mesa Dobson (191)
2006 5A-2	Scottsdale Desert Mountain (356)	Christine Bodmer	Phoenix Shadow Mountain (xx)	Phoenix North (xx)
2005 5A-1	Phoenix Brophy Prep (523)	Bil Kopas	Mesa Mountain View (248)	Mesa Dobson (189)
2005 5A-2	Scottsdale Desert Mountain (284)	Christine Bodmer	Phoenix Shadow Mountain (259)	Phoenix North (253)
2004	Phoenix Brophy Prep (515)	Bil Kopas	Mesa Mountain View (183)	Mesa Dobson (176.5)
2003	Phoenix Brophy Prep (515)	Bil Kopas	Mesa Dobson (186)	Tempe Desert Vista (182)
2002	Phoenix Brophy Prep (407)	Bil Kopas	Glendale Mountain Ridge (199.5)	Tucson Salpointe (197)
2001	Phoenix Brophy Prep (331)	Bil Kopas	Mesa Mountain View (251)	Mesa Dobson (201)
2000	Phoenix Brophy Prep (278)	Bil Kopas	Mesa Mountain View (246)	Mesa Dobson (236)



Recent Girls Team State Champions

DIVISION III

YEAR	WINNING TEAM	HEAD COACH	RUNNERUP	THIRD PLACE
2018	Tucson Sabino (234)	Melanie Paulsen	Scottsdale Prep (205)	Ch. Seton Catholic (182)
2017	Tucson Sabino (259)	Melanie Paulsen	Scottsdale Prep (200)	Scottsdale Saguario (161)
2016	Tucson Sabino (199)	Melanie Paulsen	Flagstaff Northland Prep (163)	QC Amer. Leadership (149)

DIVISION II

2018	Scottsdale Arcadia (266)	Erica McClurg	Tucson Catalina Foothills (245)	Gilbert Campo Verde (164)
2017	Scottsdale Chaparral (554)	Richie Krzyzanski	Tucson Catalina Foothills (271)	Scottsdale Arcadia (264)
2016	Scottsdale Chaparral (404)	Richie Krzyzanski	Scottsdale Arcadia (266.5)	T. Catalina Foothills (198)
2015	Scottsdale Notre Dame Prep (215)	Rebecca Stolic	Tucson Salpointe Catholic (181)	Buckeye Verrado (180)
2014	Gilbert Campo Verde (257)	Ben Scott	Tucson Salpointe Catholic (210.5)	T. Catalina Foothills (207)
2013	Tucson Catalina Foothills (256)	Ed Walter	Scottsdale Notre Dame Prep (205.5)	T. Salpointe Catholic (189)
2012	Tucson Salpointe Catholic (246)	Chad Castillo	Scottsdale Arcadia (221)	Buckeye Verrado (218)
2011	Scottsdale Arcadia (289)	Erica McClurg	Tucson Salpointe Catholic (262)	Buckeye Verrado (261)
2010	Tucson Catalina Foothills (398)	R.J. Lundstrom	Scottsdale Arcadia (258)	Notre Dame Prep (226)

DIVISION I

2018	Scottsdale Chaparral (477.5)	Richie Krzyzanski	Phoenix Xavier Prep (301)	Mesa Mt. View (268)
2017	Phoenix Xavier Prep (321)	Maureen Rankin	Chandler (263)	Mesa Mt. View (238.5)
2016	Tempe Desert Vista (274)	Shawn O'Connell	Chandler (245)	Chandler Hamilton (206)
2015	Scottsdale Chaparral (359)	Richie Krzyzanski	Tempe Desert Vista (234)	Phoenix Pinnacle (219.5)
2014	Scottsdale Chaparral (365.5)	Nate Moore	Phoenix Pinnacle (286.5)	Tempe Desert Vista (250)
2013	Tempe Desert Vista (278.5)	Shawn O'Connell	Phoenix Xavier Prep (267)	Phoenix Pinnacle (243)
2012	Phoenix Xavier Prep (330)	Brian Hoffer	Phoenix Pinnacle (245)	Mesa Mt. View (169)
2011	Phoenix Xavier Prep (429)	Colleen Murphy	Phoenix Pinnacle (194)	Mesa Mt. View (172)
2010	Phoenix Xavier Prep (401)	Colleen Murphy	Scottsdale Chaparral (220)	Mesa Mt. View (209.5)

1A-3A CONFERENCE

2009	Chandler Valley Christian (423)	Ben Swanholm	Phoenix Country Day (316)	Pusch Ridge Christian (275)
2008	Chandler Valley Christian (455)	Ben Swanholm	Tucson Pusch Ridge (390)	Sedona Red Rock (249)
2007	Phoenix Christian (344)	Randy Bellah	Phoenix Country Day (309)	Valley Christian (280)

4A CONFERENCE

2009 4A-1	Tucson Catalina Foothills (450)	R.J. Lundstrom	Tucson Canyon Del Oro (284)	Tucson Sabino (251)
2009 4A-2	Scottsdale Arcadia (497)	Erica McClurg	Scottsdale Notre Dame (254)	Phx Thunderbird (225.5)
2008 4A-1	Scottsdale Chaparral (415.5)	Laura Winslow	Tucson Catalina Foothills (386)	Tucson Sabino (199)
2008 4A-2	Scottsdale Arcadia (489)	Erica McClurg	Scottsdale Notre Dame (267)	Cottonwood Mingus (262)
2007 4A-1	Tucson Catalina Foothills (398)	R.J. Lundstrom	Scottsdale Chaparral (376.5)	Tucson Sabino (196)
2007 4A-2	Scottsdale Arcadia (475.5)	Erica Jones	Flagstaff (322)	Notre Dame Prep (268.5)
2006 4A-1	Tucson Catalina Foothills (419)	Dale Payne	Scottsdale Chaparral (358)	Phoenix Pinnacle (298)
2006 4A-2	Scottsdale Arcadia (374)	Erica Jones	Phoenix Sunnyslope (279)	CC Cactus Shadows (206)
2005 4A-1	Tucson Catalina Foothills (439)	Nicole Sayers-Penkalski	Scottsdale Chaparral (308)	Goodyear Millennium (261)
2005 4A-2	Phoenix Sunnyslope (375)	Brian Metheny	Scottsdale Arcadia (356)	CC Cactus Shadows (189)
2004	Tucson Catalina Foothills (322.5)	Nicole Penkalski	Scottsdale Chaparral (290)	Phoenix Sunnyslope (233)
2003	Tucson Catalina Foothills (319)	Nicole Penkalski	Phoenix Sunnyslope (234.5)	Scottsdale Chaparral (219)
2002	Tucson Catalina Foothills (314)	Nicole Penkalski	Tucson Rincon (310)	Scottsdale Chaparral (250)
2001	Tucson Catalina Foothills (353)	Nicole Penkalski	Scottsdale Arcadia (285)	Tucson Rincon (271)
2000	Tucson Catalina Foothills (347)	Nicole Penkalski	Scottsdale Chaparral (344)	Scottsdale Arcadia (262)

5A CONFERENCE

2009 5A-1	Phoenix Xavier Prep (546)	Colleen Murphy	Tempe Desert Vista (323)	Mesa Mt. View (303)
2009 5A-2	Scottsdale Chaparral (386)	Laura Winslow	Phoenix Pinnacle (326)	Scottsdale Desert Mt. (282)
2008 5A-1	Phoenix Xavier Prep (396)	Colleen Murphy	Tempe Desert Vista (259)	Mesa Mountain View (232)
2008 5A-2	Phoenix Pinnacle (368)	Jodi Lamell	Anthem Boulder Creek (265)	Scottsdale Horizon (237)
2007 5A-1	Phoenix Xavier Prep (411)	Colleen Murphy	Scottsdale Desert Mt. (348.5)	Tempe Desert Vista (217)
2007 5A-2	Phoenix Pinnacle (383)	Jodi Lamell	Scottsdale Horizon (300.5)	Tucson Rincon (198.5)
2006 5A-1	Phoenix Xavier Prep (507)	Jeff Seaquist	Mesa Mountain View (295)	Tempe Desert Vista (216)
2006 5A-2	Scottsdale Desert Mountain (484)	Christine Bodmer	Glendale Sandra Day O'Connor (212)	Glendale Ironwood (191.5)
2005 5A-1	Phoenix Xavier Prep (493.5)	Jeff Seaquist	Mesa Mountain View (281.5)	Tempe Corona del Sol (174)
2005 5A-2	Scottsdale Desert Mountain (508.5)	Christine Bodmer	Phoenix North (236)	Peoria Centennial (175)
2004	Phoenix Xavier Prep (443)	Jeff Seaquist	Scottsdale Desert Mountain (297)	Mesa Mountain View (187)
2003	Phoenix Xavier Prep (430.5)	Jeff Seaquist	Mesa Mountain View (238)	Tucson Salpointe (166)
2002	Phoenix Xavier Prep (329)	Jeff Seaquist	Mesa Mountain View (176)	Mesa Red Mountain (151)
2001	Phoenix Xavier Prep (312)	Jeff Seaquist	Shadow Mountain (210)	Scottsdale Horizon (192)
2000	Phoenix Xavier Prep (301)	Jeff Seaquist	Tempe Corona del Sol (199)	Tucson Salpointe (167)



NISCA 2019-20 All-America Time Standards

Boys		High School	Girls	
All-America	Consideration	Event in Yards	All-America	Consideration
1:33.21	1:34.74	200 Medley Relay	1:44.21	1:46.21
1:38.40	1:40.13	200 Freestyle	1:48.74	1:50.57
1:49.57	1:51.57	200 Individual Medley	2:01.51	2:03.64
0:20.54	0:20.91	50 Freestyle	0:23.20	0:23.54
0:48.92	0:49.95	100 Butterfly	0:54.42	0:55.49
0:44.95	0:45.73	100 Freestyle	0:50.19	0:51.05
4:28.38	4:33.10	500 Freestyle	4:52.18	4:56.85
1:24.80	1:25.86	200 Freestyle Relay	1:35.36	1:36.94
0:49.38	0:50.37	100 Backstroke	0:54.80	0:55.92
0:55.84	0:56.98	100 Breaststroke	1:02.58	1:03.80
3:06.28	3:09.26	400 Freestyle Relay	3:27.65	3:31.02

Top 100 Athletes determined by time will be recognized as All-America in individual and relay events.

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Expect a highly competitive event at the Division III State Championships (photo by Andy Morales of azpreps365.com).

By Andy Morales
azpreps365.com

The Phoenix Country Day boys won the Division III 2018 state championship and the Sabino girls won their third straight title but expect Phoenix Country Day to battle for the girl's title this year and Veritas Prep to fight for the boy's championship.

Returning state champions include Saguaro Jr. Denton Smith (200 Free), Arete Prep Sr. Amanda Zajdzinski (200 Free, 500 Free), Veritas Prep Jr. Devin Esser (200 IM, 500 Free), Veritas Prep So. Jacob Marbach (50 Free), San Manuel Jr. Evan Apuron (100 Fly), Seton Catholic Sr. James Karam (100 Free) and Phoenix Country Day Sr. Quinn Murphy (100 Back).

Former Sabino standout Skylar Dikeman helped the Sabercats win several races including the 5) Free but Dikeman is now a senior for Catalina Foothills. Former Gregory School champion Avery Spade (100 Fly) is now a sophomore at Catalina Foothills.

Zajdzinski is expected to win the 200 and 500 Free

again this year and her best time is 1:52.44. Phoenix Country Day So. Charlize Szeto is leading the 200 IM field and Murphy has the best time in the 50 Free, the 100 Free, the 100 Back

Scottsdale Christian Sr. Caylah Jago is tops in the 100 Fly and Mingus Sr. Emma Warner has the best time in the 100 Breast. Phoenix Country Day Sr. Samantha Stein leads in diving. Phoenix Country Day and Scottsdale Prep are battling back and forth in the girl's relays.

On the boy's side, Esser has the best time in the 200 and 500 Free, Benjamin Franklin So. Maxwell Kleinman leads in the 200 IM, the 50 Free, the 100 Fly, the 100 Free and the 100 Breast. Veritas Prep Jr. Michael Shiaras leads in the (100 Back). Saguaro SO. Henry Bentson leads in diving and Veritas Prep leads in all the boy's relays.

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DIV III GIRLS 200 FREESTYLE RELAY

2018	Tucson Sabino.....	1:38.99
2017	Scottsdale Prep.....	1:42.00
2016	Phoenix Veritas Prep.....	1:43.94

DIV III GIRLS 50 FREESTYLE

2018	Skylar Dikeman, Sabino.....	24.02
2017	Skylar Dikeman, Sabino.....	24.41
2016	Naomi Vaughn, Gilbert Christian.....	24.87

DIV III GIRLS 100 FREESTYLE

2018	Quinn Murphy, Phx Country Day.....	50.98
2017	Quinn Murphy, Phx Country Day.....	51.72
2016	Kaylin Farnum, Sabino.....	52.28

DIV III GIRLS 100 BUTTERFLY

2018	Avery Spade, Gregory School.....	55.35
2017	Sadie Edwards, American L.....	56.21
2016	Katie Higgins, Veritas Prep.....	56.32

DIV III GIRLS 100 BACKSTROKE

2018	Quinn Murphy, Phx Country Day.....	54.30
2017	Quinn Murphy, Phx Country Day.....	57.67
2016	Abigail Zajdzinski, Arete Prep.....	59.82

DIV III GIRLS 100 BREASTSTROKE

2018	Kate McBratney, American L.....	1:02.52
2017	Katie McBratney, American L.....	1:02.72
2016	Katie McBratney, American L.....	1:04.18

DIV III GIRLS 200 FREESTYLE

2018	Amanda Zajdzinski, Arete Prep.....	1:53.90
2017	Katie McBratney, American L.....	1:50.82
2016	Morgan Tamisiea, Coolidge.....	1:55.11

DIV III GIRLS 200 INDIVIDUAL MEDLEY

2018	Kate McBratney, American L.....	2:03.06
2017	Sadie Edwards, American L.....	2:06.64
2016	Katie McBratney, American L.....	2:06.21

DIV III GIRLS 500 FREESTYLE

2018	Amanda Zajdzinski, Arete Prep.....	5:02.20
2017	Amanda Zajdzinski, Arete Prep.....	5:01.54
2016	Morgan Tamisiea, Coolidge.....	5:07.22

DIV III GIRLS 200 MEDLEY RELAY

2018	Scottsdale Saguaro.....	1:54.22
2017	Tucson Sabino.....	1:53.43
2016	Tucson Sabino.....	1:53.58

DIV III GIRLS 400 FREESTYLE RELAY

2018	Tucson Sabino.....	3:38.95
2017	Tucson Sabino.....	3:42.54
2016	Tucson Sabino.....	3:46.54

DIV III GIRLS DIVING

2018		
2017	Samantha Stein, Phx Country Day.....	373.60
2016	Samantha Stein, Phx Country Day.....	390.45

DIV II GIRLS 200 FREESTYLE RELAY

2018	Buckeye Verrado.....	1:38.87
2017	Scottsdale Chaparral.....	1:36.25
2016	Scottsdale Chaparral.....	1:35.07
2015	Scottsdale Notre Dame.....	1:39.89
2014	Tucson Catalina Foothills.....	1:41.19
2013	Buckeye Verrado.....	1:41.69
2012	Buckeye Verrado.....	1:38.83
2011	Buckeye Verrado.....	1:40.26
2010	Tucson Catalina Foothills.....	1:41.26

DIV II GIRLS 50 FREESTYLE

2018	Hannah Houlton, Ironwood Ridge.....	23.60
2017	Hannah Houlton, Ironwood Ridge.....	24.09
2016	Gabriella Fagan, Chaparral.....	23.96
2015	Olivia McNally, Green Fields.....	24.65
2014	Olivia McNally, Green Fields.....	24.41
2013	Krista Duffield, Catalina Foothills.....	23.77
2012	Amy Bilquist, Verrado.....	22.96
2011	Amy Bilquist, Verrado.....	23.67
2010	Taryn Collura, Sunnyslope.....	23.66

DIV II GIRLS 100 FREESTYLE

2018	Hannah Houlton, Ironwood Ridge.....	51.71
2017	Hannah Houlton, Ironwood Ridge.....	52.05
2016	Taylor Ruck, Chaparral.....	49.29
2015	Olivia McNally, Green Fields.....	53.47
2014	Taylor Nations, Sabino.....	52.21
2013	Samantha Getzen, Notre Dame.....	52.60
2012	Samantha Getzen, Notre Dame.....	52.83
2011	Carly Wilson, Tanque Verde.....	52.54
2010	Taryn Collura, Sunnyslope.....	51.0

DIV II GIRLS 100 BUTTERFLY

2018	Sadie Edwards, Paradise Valley.....	55.20
2017	Kelly Huffer, Chaparral.....	55.85
2016	Emma Broome, Chaparral.....	55.52
2015	Taylor Nations, Sabino.....	55.39
2014	Katie Higgins, Veritas Prep.....	57.56
2013	Samantha Getzen, Notre Dame.....	55.52
2012	Samantha Getzen, Notre Dame.....	55.87
2011	Briana Jurries, Valley Christian.....	56.23
2010	Briana Jurries, Valley Christian.....	56.37

DIV II GIRLS 100 BACKSTROKE

2018	Helen Noble, Millennium.....	54.24
2017	Greer Pattison, Chaparral.....	56.57
2016	Emma Broome, Chaparral.....	54.88
2015	Taylor Nations, Sabino.....	56.70
2014	Taylor Nations, Sabino.....	56.89
2013	Taylor Nations, Sabino.....	57.63
2012	Amy Bilquist, Verrado.....	55.15
2011	Danielle Lee, Phx Country Day.....	55.24
2010	Danielle Lee, Phx Country Day.....	57.10

DIV II GIRLS 100 BREASTSTROKE

2018	Isabella Fratesi, Arcadia.....	1:03.36
2017	Riley Courtney, Chaparral.....	1:04.64
2016	Kati Hage, Campo Verde.....	1:04.75

2015	Eleonora Dall'Olio, Skyline.....	1:05.78
2014	Hannah Holman, Shadow Mt.....	1:03.83
2013	Hannah Holman, Shadow Mt.....	1:05.81
2012	Briana Jurries, Valley Christian.....	1:04.07
2011	Briana Jurries, Valley Christian.....	1:04.98
2010	Briana Jurries, Valley Christian.....	1:05.30

DIV II GIRLS 200 FREESTYLE

2018	Ellice Richman, Sunrise Mountain.....	1:53.01
2017	Ashley Strouse, Chaparral.....	1:48.35
2016	Taylor Ruck, Chaparral.....	1:46.20
2015	Destiny Kling, Verrado.....	1:53.13
2014	Hannah Orbach-Mandel, Cata. F.....	1:53.51
2013	Picabo Bender, Verrado.....	1:51.21
2012	Picabo Bender, Verrado.....	1:53.20
2011	Danielle Lee, Phx Country Day.....	1:51.42
2010	Danielle Lee, Phx Country Day.....	1:50.23

DIV II GIRLS 200 INDIVIDUAL MEDLEY

2018	Sydney Carlson, Arcadia.....	2:03.46
2017	Kelly Huffer, Chaparral.....	2:03.23
2016	Savanna Carlson, Arcadia.....	2:03.16
2015	Isabella Fratesi, Notre Dame.....	2:07.67
2014	Hannah Holman, Shadow Mt.....	2:02.00
2013	Hannah Holman, Shadow Mt.....	2:06.13
2012	Briana Jurries, Valley Christian.....	2:03.74
2011	Jaimie Bryan, Phx Country Day.....	2:15.03
2010	Daniella Emami, Cata. Foothills.....	2:13.42

DIV II GIRLS 500 FREESTYLE

2018	Sydney Carlson, Arcadia.....	5:02.41
2017	Ashley Strouse, Chaparral.....	4:52.04
2016	Sydney Carlson, Arcadia.....	4:57.37
2015	Nicole Matheson, Sunrise Mt.....	5:06.81
2014	Nicole Matheson, Sunrise Mt.....	5:07.41
2013	Picabo Bender, Verrado.....	4:59.46
2012	Picabo Bender, Verrado.....	5:02.93
2011	Carley Stevens, Arcadia.....	5:06.67
2010	Carley Stevens, Arcadia.....	4:58.48

DIV II GIRLS 200 MEDLEY RELAY

2018	Scottsdale Arcadia.....	1:47.66
2017	Scottsdale Chaparral.....	1:44.20
2016	Scottsdale Chaparral.....	1:44.82
2015	Scottsdale Notre Dame.....	1:51.20
2014	Tucson Salpointe Catholic.....	1:53.94
2013	Tucson Catalina Foothills.....	1:50.70
2012	Tucson Salpointe Catholic.....	1:51.00
2011	Scottsdale Arcadia.....	1:53.78
2010	Tucson Catalina Foothills.....	1:52.08

DIV II GIRLS 400 FREESTYLE RELAY

2018	Scottsdale Arcadia.....	3:32.07
2017	Scottsdale Chaparral.....	3:30.69
2016	Scottsdale Chaparral.....	3:25.78
2015	Tucson Sabino.....	3:39.72
2014	Tucson Salpointe Catholic.....	3:41.03
2013	Tucson Catalina Foothills.....	3:35.38
2012	Buckeye Verrado.....	3:33.72

2011	Buckeye Verrado	3:37.95
2010	Tucson Sabino.....	3:37.95

DIV II GIRLS DIVING

2018	Hailey Johnson, Cienega	456.25
2017	Mia Waters, Chaparral	433.50
2016	Jennifer Cheetham, Shadow Mt.....	459.20
2015	Victoria Knapp, Skyline	408.90
2014	Baylee Stipp, Campo Verde	444.70
2013	Baylee Stipp, Campo Verde.....	402.20
2012	Madline Russell, Notre Dame	415.25
2011	Marlee Kersting, Campo Verde	436.80
2010	Rachel Hicks, Sunrise Mountain	378.10

DIV I GIRLS 200 FREESTYLE RELAY

2018	Scottsdale Chaparral	1:34.44
2017	Phoenix Xavier Prep.....	1:38.22
2016	Tempe Desert Vista	1:37.81
2015	Scottsdale Chaparral	1:36.99
2014	Scottsdale Chaparral	1:35.04
2013	Phoenix Pinnacle.....	1:36.05
2012	Phoenix Pinnacle	1:36.19
2011	Phoenix Xavier Prep	1:37.74
2010	Phoenix Xavier Prep	1:35.21

DIV I GIRLS 50 FREESTYLE

2018	Greer Pattison, Chaparral	23.16
2017	Claire Grover, Boulder Creek	22.87
2016	Claire Grover, Boulder Creek	22.92
2015	Claire Grover, Boulder Creek	23.42
2014	Sam Fazio, Pinnacle	23.27
2013	Victoria Toris, Pinnacle.....	23.12
2012	Victoria Toris, Pinnacle	23.33
2011	Maggie McCord, Canyon Del Oro	23.09
2010	Kelli Benjamin, Gilbert	23.07

DIV I GIRLS 100 FREESTYLE

2018	Kalli Fama, Perry	50.13
2017	Kyla Yetter, Highland.....	51.86
2016	Kyla Yetter, Highland.....	51.39
2015	Allie Worrall, Xavier Prep	51.79
2014	Savanna Carlson, Arcadia	50.74
2013	Victoria Toris, Pinnacle.....	50.55
2012	Victoria Toris, Pinnacle	49.87
2011	Kat Simonovic, Mesa Mt. View	51.02
2010	Kelli Benjamin, Gilbert	50.19

DIV I GIRLS 100 BUTTERFLY

2018	Natalie Crisci, Westwood.....	55.31
2017	Olivia Grossklaus, Red Mountain	54.62
2016	Olivia Grossklaus, Red Mountain	55.42
2015	Emma Broome, Chaparral.....	55.07
2014	Katie Shannahan, Desert Mt	54.99
2013	Katie Shannahan, Desert Mt.....	56.13
2012	Kat Simonovic, Mesa Mt. View	54.57
2011	Samantha Guttmacher, Red Mt.....	55.17
2010	Leticia Lelli, Chaparral.....	54.90

DIV I GIRLS 100 BACKSTROKE

2018	Greer Pattison, Chaparral.....	53.74
2017	Kaitlyn McCoy, Xavier Prep	55.05
2016	Kaitlyn McCoy, Xavier Prep	56.03
2015	Emma Broome, Chaparral	56.41
2014	Matti Harrison, Arcadia	55.36

2013	Matti Harrison, Arcadia	57.04
2012	Clara Jenck, Mountain Pointe	56.31
2011	Clara Jenck, Mountain Pointe	56.51
2010	Leticia Lelli, Chaparral	56.41

DIV I GIRLS 100 BREASTSTROKE

2018	Emma Becker, Mesa Mt. View	1:03.27
2017	Claire Grover, Boulder Creek	1:00.97
2016	Claire Grover, Boulder Creek.....	1:01.59
2015	Alyson Yancy, Pinnacle	1:02.62
2014	Alyson Yancy, Pinnacle	1:03.07
2013	Ashley Grijalva, Gilbert.....	1:02.46
2012	Sara Borendame, Ironwood Ridge ..	1:03.63
2011	Sara Borendame, Ironwood Ridge ..	1:04.03
2010	Katie Olsen, Desert Vista	1:02.00

DIV I GIRLS 200 FREESTYLE

2018	Ashley Strouse, Chaparral	1:50.81
2017	Kalli Fama, Perry	1:49.29
2016	Shae Nicolaisen, Desert Vista	1:49.96
2015	Taylor Ruck, Chaparral.....	1:46.51
2014	Taylor Ruck, Chaparral	1:46.76
2013	Cecelia Kowski, Desert Vista	1:50.48
2012	Kat Simonovic, Mesa Mt. View	1:47.22
2011	Kat Simonovic, Mesa Mt. View	1:48.99
2010	Kat Simonovic, Mesa Mt. View	1:48.09

DIV I GIRLS 200 INDIVIDUAL MEDLEY

2018	Emma Becker, Mesa Mt. View	2:02.83
2017	Kaitlyn McCoy, Xavier Prep.....	2:03.07
2016	Kaitlyn McCoy, Xavier Prep	2:03.59
2015	Savanna Carlson, Arcadia.....	2:02.94
2014	Savanna Carlson, Arcadia	2:02.07
2013	Katie Shannahan, Desert Mt	2:04.25
2012	Clara Jenck, Mountain Pointe.....	2:04.63
2011	Megan Cox, Chaparral	2:05.15
2010	Megan Cox, Chaparral	2:03.19

DIV I GIRLS 500 FREESTYLE

2018	Ashley Strouse, Chaparral	4:48.70
2017	Destiny Kling, Chandler.....	4:55.75
2016	McKenzie Gordon, Hamilton	4:52.73
2015	Taylor Ruck, Chaparral	4:45.17
2014	Taylor Ruck, Chaparral.....	4:52.11
2013	Isabel Whited, Pinnacle.....	4:55.74
2012	Isabel Whited, Pinnacle	4:53.85
2011	Lexy Aichison, Chaparral	4:54.73
2010	Kat Simonovic, Mesa Mt. View	4:52.44

DIV I GIRLS 200 MEDLEY RELAY

2018	Phoenix Xavier Prep.....	1:46.18
2017	Phoenix Xavier Prep.....	1:45.97
2016	Tempe Desert Vista.....	1:47.35
2015	Scottsdale Chaparral	1:44.62
2014	Scottsdale Chaparral	1:43.25
2013	Scottsdale Chaparral	1:44.92
2012	Phoenix Xavier Prep	1:45.83
2011	Phoenix Xavier Prep	1:46.03
2010	Tempe Desert Vista.....	1:45.67

DIV I GIRLS 400 FREESTYLE RELAY

2018	Scottsdale Chaparral	3:23.86
2017	Chandler	3:32.32
2016	Chandler Hamilton	3:32.20

2015	Scottsdale Chaparral.....	3:26.47
2014	Phoenix Pinnacle	3:26.86
2013	Phoenix Pinnacle	3:31.64
2012	Phoenix Pinnacle	3:29.39
2011	Phoenix Xavier Prep	3:31.47
2010	Scottsdale Chaparral	3:27.80

DIV I GIRLS DIVING

2018	Victoria Knapp, Skyline.....	466.70
2017	Victoria Knapp, Skyline	482.05
2016	Victoria Knapp, Skyline.....	433.95
2015	Katie Deininger, Cactus Shadows	427.35
2014	Skylar Williams, SD O'Connor.....	425.55
2013	Delaney Schnell, Tucson.....	504.15
2012	Kyra Tatlow, Westwood	413.30
2011	Chloe Hacker, Corona del Sol.....	378.70
2010	Chloe Hacker, Corona del Sol	363.30

1A-3A GIRLS 200 FREESTYLE RELAY

2009	Chandler Valley Christian	1:48.53
2008	Chandler Valley Christian.....	1:45.51
2007	Tucson Pusch Ridge	1:45.07

1A-3A GIRLS 50 FREESTYLE

2009	Quinn Robertson, Valley Christian	24.59
2008	Erin Bleyl, Pusch Ridge.....	24.90
2007	Brooke Bellah, Phoenix Christian	25.55

1A-3A GIRLS 100 FREESTYLE

2009	Quinn Robertson, Valley Christian	55.25
2008	Danielle Lee, Phx Country Day	52.17
2007	Jennifer Benson, Scottsdale Chr	55.12

1A-3A GIRLS 100 BUTTERFLY

2009	Danielle Lee, Phx Country Day	57.06
2008	Hope Peterson, Pusch Ridge	59.56
2007	Hope Peterson, Pusch Ridge	58.57

1A-3A GIRLS 100 BACKSTROKE

2009	Erin Bleyl, Pusch Ridge.....	58.49
2008	Danielle Lee, Phx Country Day.....	57.96
2007	Erin Bleyl, Pusch Ridge	1:00.47

1A-3A GIRLS 100 BREASTSTROKE

2009	Briana Jurries, Valley Christian	1:08.57
2008	Chloe Peterson, Pusch Ridge	1:12.68
2007	Riley Smith, Phoenix Christian	1:13.13

1A-3A GIRLS 200 FREESTYLE

2009	Erin Bleyl, Pusch Ridge	1:55.96
2008	Chloe Peterson, Pusch Ridge	2:03.52
2007	Erin Bleyl, Pusch Ridge	1:57.13

1A-3A GIRLS 200 INDIVIDUAL MEDLEY

2009	Danielle Lee, Phx Country Day	2:06.21
2008	Riley Smith, Phoenix Christian	2:16.56
2007	Riley Smith, Phoenix Christian	2:16.56

1A-3A GIRLS 500 FREESTYLE

2009	Sloane Burns, St. Gregory	6:06.20
2008	Hope Peterson, Pusch Ridge.....	5:18.82
2007	Hope Peterson, Pusch Ridge	5:10.66

1A-3A GIRLS 200 MEDLEY RELAY

2009.....Chandler Valley Christian	1:54.73
2008Tucson Pusch Ridge.....	1:58.36
2007.....Phoenix Christian	1:57.27

1A-3A GIRLS 400 FREESTYLE RELAY

2009.....Chandler Valley Christian.....	3:52.45
2008Tucson Pusch Ridge.....	3:48.89
2007.....Phoenix Christian.....	3:46.90

1A-3A GIRLS DIVING

2009.....Maddie Stern, Phx Country Day.....	308.45
2008Natalie Swinford, Phx Country Day ..	252.50
2007.....Nicole Swinford, Phx Country Day ..	281.85

4A GIRLS 200 FREESTYLE RELAY

2009.....D1 Tucson Catalina Foothills	1:37.52
2009.....D2 Scottsdale Arcadia.....	1:44.90
2008D1 Scottsdale Chaparral	1:38.79
2008D2 Chandler Perry.....	1:44.37
2007.....D1 Tucson Catalina Foothills.....	1:38.99
2007.....D2 Scottsdale Arcadia.....	1:42.69
2006.....D1 Scottsdale Chaparral.....	1:39.02
2006.....D2 Cave Creek Cactus Shadows.....	1:45.01
2005.....D1 Goodyear Millennium.....	1:39.19
2005.....D2 Scottsdale Arcadia.....	1:41.62
2004.....Tucson Catalina Foothills.....	1:39.33
2003.....Tucson Catalina Foothills.....	1:37.18
2002.....Tucson Catalina Foothills.....	1:37.47
2001.....Tucson Catalina Foothills.....	1:38.73
2000Tucson Catalina Foothills.....	1:42.13
1999Tucson Catalina Foothills.....	1:40.36
1998Tucson Sabino.....	1:40.04
1997Tucson Sabino.....	1:41.25
1996Tucson Catalina Foothills.....	1:42.30
1995Scottsdale Saguaro.....	1:40.86
1994Scottsdale Arcadia.....	1:42.67
1993Scottsdale Arcadia.....	1:42.11

4A GIRLS 50 FREESTYLE

2009.....D1 Brianna Wilford, C. Foothills	23.63
2009.....D2 Catherine Polito, Mingus	24.44
2008D1 Sarah Denninghoff, Sabino.....	23.70
2008D2 Catherine Polito, Mingus	24.89
2007.....D1 Sarah Denninghoff, Sabino	23.40
2007.....D2 Valerie Parmarter, Mingus.....	25.28
2006.....D1 Sarah Denninghoff, Sabino.....	23.92
2006.....D2 Jennifer Benson, Scottsdale Chr ..	25.17
2005.....D1 Katherine Raatz, Thunderbird	23.13
2005.....D2 Katherine Pickard, Arcadia.....	24.54
2004.....Skye Elbert, Millennium	23.30
2003.....Skye Elbert, Millennium	23.46
2002.....Skye Elbert, Millennium	23.67
2001.....Emily Thompson, Palo Verde.....	23.91
2000Lacey Nymeyer, Marana Mt. View	24.72
1999Heather Lee, Phx Country Day.....	24.81
1998Michelle Molina, Chaparral	23.89
1997.....Emily Mason, Chaparral	24.71
1996Stephanie McCanse, Rincon.....	24.89
1995Kelly Igoe, Sunnyslope.....	23.94
1994Kelly Igoe, Sunnyslope.....	24.24
1993Laura Lloyd, Ironwood.....	23.72

4A GIRLS 100 FREESTYLE

2009.....D1 Sarah Denninghoff, Sabino	51.79
2009.....D2 Catherine Polito, Mingus	52.78
2008D1 Taryn Collura, Sunnyslope	51.60
2008D2 Morgan Palmanteer, Perry.....	56.26
2007.....D1 Sarah Denninghoff, Sabino	50.52
2007.....D2 Lindsey Stevens, Arcadia	52.59
2006.....D1 Sarah Denninghoff, Sabino	51.96
2006.....D2 Jennifer Benson, Scottsdale Chr ..	54.89
2005.....D1 Skye Ebert, Millennium	51.08
2005.....D2 Lindsey Stevens, Arcadia.....	53.72
2004.....Lauren Cox, Chaparral	50.97
2003.....Laura Cox, Chaparral	51.93
2002.....Abbey McIntosh, Rincon.....	52.15
2001Ashley Tremblay, Arcadia	52.81
2000Michelle Molina, Chaparral.....	52.19
1999Michelle Molina, Chaparral.....	51.45
1998Michelle Molina, Chaparral	51.39
1997.....Elizabeth Igoe, Arcadia	53.73
1996Elizabeth Igoe, Arcadia	53.92
1995Kelly Igoe, Sunnyslope	51.33
1994Kelly Igoe, Sunnyslope.....	52.35
1993Laura Lloyd, Ironwood.....	51.80

4A GIRLS 100 BUTTERFLY

2009.....D1 Lauren Baker, Canyon Del Oro	56.68
2009.....D2 Carter Graves, Arcadia.....	57.04
2008D1 Leticia Lelli, Chaparral	56.61
2008D2 Carter Graves, Arcadia.....	56.97
2007.....D1 Tamara Lelli, Chaparral.....	55.79
2007.....D2 Carter Graves, Arcadia.....	57.69
2006.....D1 Tamara Lelli, Chaparral	56.91
2006.....D2 Katherine Pickard, Arcadia.....	57.12
2005.....D1 Katherine Raatz, Thunderbird	54.28
2005.....D2 Katherine Pickard, Arcadia.....	58.13
2004.....Katherine Raatz, Thunderbird	56.47
2003.....Katherine Raatz, Thunderbird	55.78
2002.....Emily Thompson, Palo Verde.....	55.80
2001Emily Thompson, Palo Verde.....	56.80
2000Emily Mason, Chaparral.....	55.88
1999Emily Mason, Chaparral	56.37
1998Emily Mason, Chaparral	57.03
1997.....Emily Mason, Chaparral.....	58.02
1996Sarah Radel, Rincon	58.60
1995Brooke George, Saguaro.....	1:00.23
1994Sarah Ruthenberg, Ironwood	59.46
1993Sarah Ruthenberg, Ironwood.....	58.19

4A GIRLS 100 BACKSTROKE

2009.....D1 Sarah Denninghoff, Sabino.....	56.75
2009.....D2 Carter Graves, Arcadia.....	59.38
2008D1 Sarah Denninghoff, Sabino	54.54
2008D2 Carter Graves, Arcadia	57.74
2007.....D1 Stephanie Wells, Sahuaro	55.62
2007.....D2 Carter Graves, Arcadia	59.40
2006.....D1 Stephanie Wells, Sahuaro	57.26
2006.....D2 Carter Graves, Arcadia.....	1:00.81
2005.....D1 Skye Ebert, Millennium	56.94
2005.....D2 Riley Smith, Phoenix Christian ..	1:01.63
2004.....Skye Elbert, Millennium	55.63
2003.....Skye Elbert, Millennium.....	56.12
2002.....Skye Elbert, Millennium.....	55.61
2001Kayln Keller, Arcadia	56.90
2000Katie Frazee, St. Gregory	59.26
1999Elizabeth McGiffin, Chaparral	1:00.35

1998Kate Rollins, Sabino.....	57.14
1997.....Kate Rollins, Sabino.....	58.78
1996Sarah Radel, Rincon	59.02
1995Paige Francis, Arcadia	56.45
1994Paige Francis, Arcadia	57.65
1993Paige Francis, Arcadia	57.62

4A GIRLS 100 BREASTSTROKE

2009.....D1 LeighAnne Oliver, Sabino	1:05.75
2009.....D2 Sarah Raber, Mingus	1:08.89
2008D1 Rachel Ripley, McClintock.....	1:03.61
2008D2 Sarah Raber, Mingus	1:09.69
2007.....D1 Rachel Ripley, McClintock.....	1:04.76
2007.....D2 Lorraine Zannini, Flagstaff.....	1:08.12
2006.....D1 Caitlin Leverenz, Sahuaro	1:01.57
2006.....D2 Lorraine Zannini, Flagstaff.....	1:10.70
2005.....D1 Kelly Forrester, Chaparral	1:05.94
2005.....D2 Vanessa Set, Desert Edge	1:12.66
2004.....Kelly Forrester, Chaparral	1:07.16
2003.....Lind Russenberger, Marana	1:04.90
2002.....Danielle Hildebrandt, Chaparral	1:05.08
2001Brittany Trimmerger, Chaparral	1:05.09
2000Lezah Huff, Chaparral	1:07.07
1999Kera Drake, Arcadia.....	1:05.73
1998Kristi Roach, Sunnyslope.....	1:05.41
1997.....Kristi Roach, Sunnyslope.....	1:04.75
1996Tanis Berras, Centennial	1:05.93
1995Kristi Roach, Thunderbird.....	1:07.71
1994Mary Percival, Arcadia.....	1:09.29
1993Mary Percival, Arcadia	1:08.41

4A GIRLS 200 FREESTYLE

2009.....D1 Karima Chuk, Catalina Foothills ..	1:53.16
2009.....D2 Kelsey Cooke, Thunderbird	1:58.48
2008D1 Leticia Lelli, Chaparral.....	1:51.12
2008D2 Carly Stevens, Arcadia.....	1:57.70
2007.....D1 Victoria Heron, SD O'Connor.....	1:52.66
2007.....D2 Lindsey Stevens, Arcadia	1:52.17
2006.....D1 Ashley Evans, Pinnacle	1:51.63
2006.....D2 Lindsey Stevens, Arcadia	1:53.29
2005.....D1 Joni Zimmerman, Thunderbird....	1:51.65
2005.....D2 Alexandra Clarke, Sunnyslope ..	1:52.02
2004.....Alexandra Clarke, Sunnyslope	1:50.82
2003.....Molly Houlton, Catalina Foothills	1:51.33
2002.....Abbey McIntosh, Rincon	1:50.90
2001Abbey McIntosh, Rincon	1:53.51
2000Michelle Molina, Chaparral	1:54.46
1999Michelle Molina, Chaparral	1:51.78
1998Kacey Douglas, Arcadia	1:51.92
1997.....Heather Lee, Phx Country Day	1:53.85
1996Elizabeth Igoe, Arcadia	1:55.68
1995Paige Francis, Arcadia	1:49.80
1994Paige Francis, Arcadia	1:50.83
1993Paige Francis, Arcadia	1:52.87

4A GIRLS 200 INDIVIDUAL MEDLEY

2009.....D1 Lauren Baker, Canyon Del Oro...2:	07.23
2009.....D2 Alexis Daswick, Notre Dame	1:10.53
2008D1 Caitlin Leverenz, Sahuaro.....	1:57.95
2008D2 Alexis Daswick, Notre Dame	2:13.85
2007.....D1 Sarah Cox, Chaparral.....	2:05.13
2007.....D2 Lorraine Zannini, Flagstaff	2:19.07
2006.....D1 Caitlin Leverenz, Sahuaro.....	1:59.64
2006.....D2 Katherine Pickard, Arcadia.....	2:06.43

2005.....D1 Danielle Milligan, Pinnacle	2:03.50
2005.....D2 Riley Smith, Phoenix Christian.....	2:13.66
2004.....Danielle Milligan, Pinnacle	2:05.44
2003.....Molly Houlton, Catalina Foothills.....	2:05.44
2002.....Danielle Hildebrandt, Chaparral	2:06.59
2001.....Kayln Keller, Arcadia	2:05.13
2000.....Emily Mason, Chaparral.....	2:03.80
1999.....Kalyln Keller, Arcadia	2:03.88
1998.....Emily Mason, Chaparral.....	2:05.30
1997.....Kristy Roach, Sunnyslope.....	2:08.12
1996.....Tanis Berres, Centennial	2:09.20
1995.....Beth Katz, Saguaro	2:09.86
1994.....Bethany Biaett, Westview	2:11.45
1993.....Sarah Ruthenberg, Ironwood	2:11.58

4A GIRLS 500 FREESTYLE

2009.....D1 Kirsten Hocheder, C. Foothills	5:01.36
2009.....D2 Carly Stevens, Arcadia	5:13.98
2008.....D1 Caitlin Leverenz, Sahuaro	4:55.95
2008.....D2 Carly Stevens, Arcadia	5:12.71
2007.....D1 Karima Chuk, C. Foothills	4:59.44
2007.....D2 Terry Rinder, Arcadia	5:15.41
2006.....D1 Ellie Doran, Catalina Foothills	4:48.50
2006.....D2 Lindsey Stevens, Arcadia	5:00.39
2005.....D1 Joni Zimmerman, Thunderbird.....	4:53.64
2005.....D2 Alexandra Clarke, Sunnyslope.....	5:01.58
2004.....Alexandra Clarke, Sunnyslope	4:54.20
2003.....Joni Zimmerman, Thunderbird	4:58.59
2002.....Rory Schmidt, Arcadia	4:56.32
2001.....Rory Schmidt, Arcadia.....	5:00.68
2000.....Kelli Barton, Chaparral	5:01.92
1999.....Kalyln Keller, Arcadia	4:49.60
1998.....Kelli Burton, Chaparral	5:01.85
1997.....Julie Osinski, Sahuaro	4:59.32
1996.....Julie Osinski, Sahuaro	5:01.46
1995.....Kelsey Keller, Paradise Valley	4:53.88
1994.....Kelsey Keller, Paradise Valley	4:59.72
1993.....Stephanie LeFrance, Para. Valley	5:02.77

4A GIRLS 200 MEDLEY RELAY

2009.....D1 Tucson Sabino	1:46.56
2009.....D2 Scottsdale Arcadia.....	1:55.83
2008.....D1 Tucson Sahuaro	1:47.05
2008.....D2 Scottsdale Arcadia	1:53.48
2007.....D1 Scottsdale Chaparral	1:48.33
2007.....D2 Scottsdale Arcadia	1:58.60
2006.....D1 Scottsdale Chaparral	1:48.71
2006.....D2 Sunnyslope.....	1:56.63
2005.....D1 Goodyear Millennium	1:49.27
2005.....D2 Sunnyslope.....	1:58.62
2004.....Scottsdale Chaparral	1:48.55
2003.....Sunnyslope.....	1:49.72
2002.....Scottsdale Chaparral	1:50.41
2001.....Scottsdale Arcadia	1:50.99
2000.....Scottsdale Chaparral	1:52.12
1999.....Scottsdale Chaparral	1:49.14
1998.....Scottsdale Chaparral	1:50.18
1997.....Tucson Sabino	1:52.56
1996.....Tucson Rincon	1:52.42
1995.....Scottsdale Arcadia.....	1:52.28
1994.....Scottsdale Arcadia.....	1:51.15
1993.....Scottsdale Arcadia.....	1:55.23
1996.....Tucson Salpointe	1:36.47
1995.....Phoenix Xavier Prep	1:36.60

1994.....Phoenix Xavier Prep	1:36.13
1993.....Phoenix Xavier Prep.....	1:35.26

5A GIRLS 50 FREESTYLE

2009.....D1 Katie Olsen, Desert Vista	23.45
2009.....D2 Tess Simpson, Centennial.....	24.21
2008.....D1 Haley Krakoski, Xavier Prep.....	23.05
2008.....D2 Katelyn Weddle, Kofa.....	24.79
2007.....D1 Haley Krakoski, Xavier Prep	23.37
2007.....D2 Skylar Wilson, Ironwood.....	25.13
2006.....D1 Aleesha Miller, Mesa Mt. View	22.93
2006.....D2 Skylar Wilson, Ironwood.....	25.18
2005.....D1 Emma Darlington, Salpointe	23.05
2005.....D2 Chelsea Lopus, Desert Mt	24.39
2004.....Jessica Davis, Westwood	23.35
2003.....Lacey Nymeyer, Marana Mt. View	23.25
2002.....Corie Collins, Dobson	24.20
2001.....Cait Connealy, North Canyon.....	23.03
2000.....Meghan DeVinney, Westview	23.94
1999.....Cait Connealy, North Canyon.....	24.08
1998.....Sharisse Blau, Red Mountain.....	23.50
1997.....Michele Riggins, Deer Valley	23.23
1996.....Sharisse Blau, Red Mountain	23.63
1995.....Colleen Lanne, Salpointe.....	23.88
1994.....Colleen Lanne, Salpointe	23.55
1993.....Jill Jenkins, Saguaro	23.23

5A GIRLS 100 FREESTYLE

2009.....D1 Haley Krakoski, Xavier Prep.....	50.47
2009.....D2 Lindsey LaPorte, Pinnacle	51.69
2008.....D1 Haley Krakoski, Xavier Prep.....	49.64
2008.....D2 Lindsey LaPorte, Pinnacle.....	51.28
2007.....D1 Traycie Swartz, Dobson	49.50
2007.....D2 Paige LaPorte, Pinnacle	54.49
2006.....D1 Aleesha Miller, Mesa Mt. View.....	50.30
2006.....D2 Skylar Wilson, Ironwood.....	54.86
2005.....D1 Emma Darlington, Salpointe	50.73
2005.....D2 Whitney Lopus, Desert Mt	52.14
2004.....Aleesha Miller, Mesa Mt. View.....	51.53
2003.....Lacey Nymeyer, Marana Mt. View	51.05
2002.....Lacey Nymeyer, Marana Mt. View.....	50.63
2001.....Lacey Nymeyer, Marana Mt. View.....	50.92
2000.....Cait Connealy, North Canyon	51.55
1999.....Megan Devinney, Westview.....	52.05
1998.....Amy Osbac, Shadow Mountain	52.09
1997.....Michele Riggins, Deer Valley.....	50.64
1996.....Sarah Tolar, Dobson	50.49
1995.....Emily Mastin, Xavier Prep.....	49.72
1994.....Emily Mastin, Xavier Prep	51.25
1993.....Liesl Pimentel, Xavier Prep.....	52.08

5A GIRLS 100 BUTTERFLY

2009.....D1 Talie Anchustegui, Xavier Prep.....	55.36
2009.....D2 Malia Johnson, Chaparral	56.38
2008.....D1 Ellie Johnson, Mountain Ridge	55.89
2008.....D2 Kacey Milligan, Pinnacle	57.17
2007.....D1 Whitney Lopus, Desert Mountain.....	53.18
2007.....D2 Erin DeVinney, Westview.....	58.16
2006.....D1 Mychala Lynch, Xavier Prep.....	56.34
2006.....D2 Whitney Lopus, Desert Mt	56.90
2005.....D1 Erin Campbell, Corona del Sol	56.16
2005.....D2 Joanna Weinstein, Desert Mt.....	57.50
2004.....Tiffany Elias, Xavier Prep	56.45
2003.....Laura Mozdzen, Chandler.....	54.42

2002.....Cait Connealy, North Canyon.....	54.82
2001.....Cait Connealy, North Canyon	54.78
2000.....Amy Wagner, Mountain Pointe.....	55.85
1999.....Jana Krohn, Shadow Mountain	54.78
1998.....Jana Krohn, Shadow Mountain	54.90
1997.....Emily Mastin, Dobson.....	54.97
1996.....Misty Hyman, Shadow Mountain.....	52.41
1995.....Misty Hyman, Shadow Mountain.....	53.49
1994.....Misty Hyman, Shadow Mountain	54.23
1993.....Misty Hyman, Shadow Mountain	56.23

5A GIRLS 100 BACKSTROKE

2009.....D1 Talie Anchustegui, Xavier Prep.....	56.60
2009.....D2 Ashley Brewer, Chaparral	56.87
2008.....D1 Traycie Swartz, Dobson	54.99
2008.....D2 Lindsey LaPorte, Pinnacle	55.91
2007.....D1 Traycie Swartz, Dobson	55.16
2007.....D2 Lindsey LaPorte, Pinnacle.....	58.43
2006.....D1 Kelsy Diener, Red Mountain	57.24
2006.....D2 Torrey Loper, Desert Mt.....	1:01.43
2005.....D1 Kelsy Diener, Red Mountain.....	57.64
2005.....D2 Chelsea Lopus, Desert Mt	58.11
2004.....Nicole Lynch, Xavier Prep.....	58.34
2003.....Lisa Marchi, Xavier Prep	59.46
2002.....Nadia Staubit, Red Mountain	56.61
2001.....Kara Morelli, Horizon	56.09
2000.....Amy Wagner, Mountain Pointe	55.50
1999.....Amy Wagner, Mountain Pointe.....	56.22
1998.....Sharisse Blau, Red Mountain	57.71
1997.....Sharisse Blau, Red Mountain	57.54
1996.....Misty Hyman, Shadow Mountain.....	53.68
1995.....Misty Hyman, Shadow Mountain.....	55.02
1994.....Anne Novotny, Xavier Prep.....	57.38
1993.....Jill Jenkins, Saguaro	55.65

5A GIRLS 100 BREASTSTROKE

2009.....D1 Katie Olsen, Desert Vista	1:00.68
2009.....D2 Erica Stock, Deer Valley	1:03.89
2008.....D1 Katie Olsen, Desert Vista	1:02.11
2008.....D2 Katelyn Weddle, Kofa.....	1:02.84
2007.....D1 Christine Olson, Mesquite	1:02.42
2007.....D2 Katelyn Weddle, Kofa.....	1:03.43
2006.....D1 Christine Olson, Mesquite.....	1:02.91
2006.....D2 Emily Barton, Desert Mountain.....	1:04.81
2005.....D1 Christine Olson, Mesquite	1:02.82
2005.....D2 Emily Barton, Desert Mountain	1:05.38
2004.....Samantha Maxwell, Corona	1:04.54
2003.....Courtney Haney, Mesa Mt. View	1:06.22
2002.....Carissa Thomasson, Desert Vista	1:07.21
2001.....Carissa Thomasson, Desert Vista	1:05.46
2000.....Kristen Gilbert, Xavier Prep.....	1:03.95
1999.....Alexandra Baldree, Xavier Prep	1:05.77
1998.....Melody Staybitz, Red Mountain.....	1:06.33
1997.....Erica Korb, Xavier Prep	1:03.93
1996.....Emily Mastin, Dobson	1:03.09
1995.....Erica Korb, Xavier Prep	1:04.69
1994.....Erica Korb, Xavier Prep	1:04.55
1993.....Emily Short, Xavier Prep.....	1:03.96

5A GIRLS 200 FREESTYLE

2009.....D1 Kat Simonovic, Mesa Mt. View	1:49.70
2009.....D2 Ashley Evans, Pinnacle	1:49.23
2008.....D1 Ally Loper, Desert Mountain.....	1:51.54
2008.....D2 Ashley Evans, Pinnacle	1:49.07

2007.....D1 Whitney Lopus, Desert Mt.....	1:47.39
2007.....D2 Ashley Evans, Pinnacle.....	1:48.13
2006.....D1 Nicole McAndrew, Desert Vista ..	1:50.74
2006.....D2 Whitney Lopus, Desert Mt.....	1:49.70
2005.....D1 Tiffany Elias, Xavier Prep	1:50.96
2005.....D2 Whitney Lopus, Desert Mt.....	1:50.72
2004.....Whitney Lopus, Desert Mountain	1:50.56
2003.....Nicole Swaney, North Canyon	1:52.65
2002.....Cait Coneally, North Canyon	1:47.06
2001.....Ashley Chandler, Chandler	1:49.29
2000.....Lindsay Palbykin, Phx Ctry Day.....	1:52.50
1999.....Jana Krohn, Shadow Mountain.....	1:49.46
1998.....Amy Osbach, Shadow Mountain.....	1:52.41
1997.....Sarah Tolar, Dobson.....	1:47.73
1996.....Sarah Tolar, Dobson.....	1:48.31
1995.....Sarah Tolar, Dobson.....	1:48.36
1994.....Angie Diez, Xavier Prep	1:52.17
1993.....Angie Diez, Xavier Prep.....	1:50.86

5A GIRLS 200 INDIVIDUAL MEDLEY

2009.....D1 Sara Jurek, Chandler.....	2:06.89
2009.....D2 Erica Stock, Deer Valley.....	2:05.55
2008.....D1 Christine Olson, Mesquite	2:03.06
2008.....D2 Erica Stock, Deer Valley.....	2:06.39
2007.....D1 Christine Olson, Mesquite	2:01.87
2007.....D2 Annika Jonsson, Horizon.....	2:06.29
2006.....D1 Christine Olson, Mesquite.....	2:03.73
2006.....D2 Emily Barton, Desert Mt	2:04.14
2005.....D1 Christina Olson, Mesquite	2:03.67
2005.....D2 Emily Barton, Desert Mt	2:05.85
2004.....Emily Barton, Desert Mountain	2:07.32
2003.....Cydney Siggins, Xavier Prep.....	2:06.55
2002.....Ann Barton, Desert Mountain.....	2:05.28
2001.....Kara Morelli, Horizon	2:05.02
2000.....Ashley Chandler, Chandler	2:04.80
1999.....Alexandra Baldree, Xavier Prep	2:06.19
1998.....Maria Hall, Xavier	2:08.08
1997.....Emily Mastin, Dobson	2:00.54
1996.....Emily Mastin, Dobson	2:01.72
1995.....Emily Mastin, Xavier Prep.....	1:59.82
1994.....Emily Mastin, Xavier Prep.....	2:00.93
1993.....Megan Lincoln, Xavier Prep.....	2:03.33

5A GIRLS 500 FREESTYLE

2009.....D1 Emily Christensen, Mt. View.....	4:58.61
2009.....D2 Ashley Evans, Pinnacle.....	4:49.59
2008.....D1 Ally Loper, Desert Mountain.....	4:59.75
2008.....D2 Ashley Evans, Pinnacle	4:51.71
2007.....D1 Angela Duckworth, Desert Mt.....	4:54.15
2007.....D2 Ashley Evans, Pinnacle	4:42.61
2006.....D1 Nicole McAndrew, D. Vista	4:53.96
2006.....D2 Angela Duckworth, Desert Mt	4:59.06
2005.....D1 Nicole McAndrew, Desert Vista.....	4:58.19
2005.....D2 Angela Duckworth, Desert Mt	4:54.37
2004.....Angela Duckworth, Desert Mt.....	4:57.67
2003.....Tiffany Elias, Xavier Prep	5:00.64
2002.....Melissa Johnson, Shadow Mt.....	4:55.11
2001.....Ashley Chandler, Chandler	4:45.16
2000.....Ashley Chandler, Chandler	4:50.12
1999.....Ashley Chandler, Chandler	4:52.76
1998.....Jana Krohn, Shadow Mountain.....	4:55.16
1997.....Sarah Tolar, Dobson.....	4:55.67
1996.....Jordon Kohl, Xavier Prep.....	4:59.93
1995.....Sarah Tolar, Dobson	4:52.77

1994.....Jaclyn Slingerland, Saguaro	5:00.19
1993.....Christina Tompkins, Mesa.....	5:06.81

5A GIRLS 200 MEDLEY RELAY

2009.....D1 Mesa Mt. View.....	1:45.24
2009.....D2 Scottsdale Chaparral.....	1:48.57
2008.....D1 Tempe Desert Vista.....	1:51.08
2008.....D2 Phoenix Pinnacle	1:50.99
2007.....D1 Phoenix Xavier Prep.....	1:45.67
2007.....D2 Phoenix Pinnacle	1:52.81
2006.....D1 Phoenix Xavier Prep	1:45.30
2006.....D2 Scottsdale Desert Mountain	1:50.40
2005.....D1 Phoenix Xavier Prep	1:44.98
2005.....D2 Scottsdale Desert Mountain.....	1:48.34
2004.....Phoenix Xavier Prep	1:46.30
2003.....Phoenix Xavier Prep	1:49.09
2002.....Phoenix Xavier Prep	1:50.22
2001.....Mesa Red Mountain.....	1:51.49
2000.....Phoenix Xavier Prep.....	1:54.47
1999.....Tempe Mountain Pointe	1:50.39
1998.....Phoenix Shadow Mountain.....	1:49.01
1997.....Phoenix Xavier Prep	1:49.05
1996.....Phoenix Shadow Mountain.....	1:45.18
1995.....Phoenix Xavier Prep.....	1:45.26
1994.....Phoenix Xavier Prep.....	1:47.54
1993.....Phoenix Xavier Prep	1:45.50

5A GIRLS 400 FREESTYLE RELAY

2009.....D1 Phoenix Xavier Prep	3:28.82
2009.....D2 Scottsdale Chaparral	3:29.25
2008.....D1 Phoenix Xavier Prep.....	3:29.85
2008.....D2 Phoenix Pinnacle.....	3:31.28
2007.....D1 Scottsdale Desert Mountain	3:27.63
2007.....D2 Phoenix Pinnacle	3:33.78
2006.....D1 Phoenix Xavier Prep.....	3:29.83
2006.....D2 Scottsdale Desert Mountain.....	3:31.33
2005.....D1 Phoenix Xavier Prep.....	3:31.63
2005.....D2 Scottsdale Desert Mountain	3:32.83
2004.....Phoenix Xavier Prep	3:28.73
2003.....Phoenix Xavier Prep	3:31.56
2002.....Phoenix Xavier Prep.....	3:36.58
2001.....Phoenix North Canyon	3:33.14
2000.....Tempe Corona del Sol	3:31.78
1999.....Phoenix Shadow Mountain	3:31.86
1998.....Phoenix Shadow Mountain	3:34.89
1997.....Mesa Dobson	3:33.02
1996.....Phoenix Shadow Mountain	3:29.99
1995.....Tucson Salpointe	3:33.54
1994.....Phoenix Xavier Prep.....	3:39.04
1993.....Phoenix Xavier Prep.....	3:35.31

5A GIRLS DIVING

2009.....D1 Megan Harper, Xavier Prep	413.90
2009.....D2 Kaitlyn McLeod, Rincon.....	311.50
2008.....D1 Mikenna Cloward, Mt. View	441.55
2008.....D2 Kaitlyn McLeod, Rincon.....	337.95
2007.....D1 Mikenna Cloward, Mt. View.....	442.90
2007.....D2 Whitney Morgan, Sunrise Mt	367.50
2006.....D1 Marissa Johnson, Xavier Prep	403.70
2006.....D2 Amber Weinberger, Ironwood	358.55
2005.....D1 Tawni Jones, Mesa Mt. View	481.25
2005.....D2 Ciara Rinado, North.....	363.90
2004.....Mandi Arak, Desert Mountain	404.70
2003.....Tawni Jones, Mesa Mt. View.....	422.80

2002.....Rachel Gitelson, Ironwood	421.95
2001.....Emily Eisenhower, Horizon.....	405.00
2000.....Paige Thompson, Mt. Pointe	446.00
1999.....Natalie Serrine, Mesa Mt. View.....	395.30
1998.....Bobbie Wallace, North Canyon.....	395.95
1997.....Anna Deem, Horizon	425.85
1996.....Lindsay Berryman, Horizon.....	443.05
1995.....Lindsay Berryman, Horizon.....	462.00
1994.....Jenny Rogers, Mesa Mt. View	432.35
1993.....Jenny Rogers, Mesa Mt. View	451.80

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