



2020 AIA Badminton Modifications

This document provides guidance and match modifications for schools, administrators, coaches, and players to follow in accordance with NFHS, state and local restrictions and recommendations. Game Administration is responsible for informing all participants of local guidelines for participation.

❖ PREGAME & WARMUPS

● PREGAME

- Facilities for teams should be properly cleaned and sanitized prior to arrival.
- Before, during, and after the contest, players, coaches, team personnel and game administration should wash or sanitize their hands as often as possible.
- Maintain social distancing of 6 feet at all times while on the court during pregame when possible.
- During warmups the home team will take the courts first followed by the visitors so that players can stay socially distanced and have space.

❖ RULE MODIFICATIONS

● PREMATCH CONFERENCE

- Rosters are submitted online prior to the match.
- Team introductions should only be Varsity players and not shoulder to shoulder but 6 feet apart.
- No handshakes prior to and following the matches.
- Home coach will cover the ground rules with the visiting coach and then he/she will relay the ground rules to their team

● TEAM BENCH AREA

- Home team will number courts 1, 2, 3, etc. and then call players to the courts by number and not have them report to the head table.
- Do not share uniforms, towels, water bottles, and other apparel or match equipment.

● DECIDING SET PROCEDURES

- A coin or shuttle toss, will determine serve/receive.

● SHUTTLECOCKS

- The Shuttlecocks should be cleaned and sanitized throughout the contest. Each team brings their own birds to warm up with.
- If possible, have each player hold their own bird with their tip colored to play games so they do not have to touch the same bird as their opponent. When possible sanitize shuttle cocks before, during and after matches.
- Scorekeepers must maintain social distancing of 6 feet and only keep the score for the same court or if they switch courts the scoring numbers must be sanitized.

- **HEAD TABLE**
 - Limit to essential personnel, with a recommended 3-6 feet between individuals. Visiting team personnel (scorer, statisticians, etc.) are not considered essential personnel and may need to find an alternative location.

- **BETWEEN MATCHES AND INTERMISSION BETWEEN PERIODS**
 - Players and coaches should have their own beverage container that is not shared.
 - The time between matches and the intermission between sets may be extended in length for hydration and to sanitize game equipment.

- **BENCH PERSONNEL**
 - Persons on the bench should be restricted to players and coaches.
 - All coaches, players and other personnel must wear face coverings.
 - Team benches maybe extended.

- ❖ **POSTGAME**
 - **HANDSHAKE LINE**
 - No handshakes, high fives, fist bumps, hugs, etc. should occur pre or post-match. Racquets bumps are okay
 - Maintain social distancing when reporting the results of the match

- ❖ **GAME ADMINISTRATION**
 - **PRIOR TO CONTEST & TRAVEL**
 - Contact the opponents Athletic Director prior to the day of the contest to discuss any logistics and guidelines for that particular school, district.
 - Bring your own equipment and towel. Do not share.
 - Bring your own container of water.
 - Arrive at the game site dressed if possible.

- ❖ **INVITATIONAL TOURNAMENTS**
 - **Maximum of eight (8) teams per session***
 - **Maximum of 48 players per session***
 - A session could be eight teams on day one and eight teams on day two or one group of eight in the morning session and one group of eight in the afternoon session. A session could be 48 individual players on day one and 48 individual players on day two or one group of 48 individual players in the morning session and one group of 48 individual players in the afternoon session. There should be no overlapping of the morning session and afternoon session teams/individual players. All other badminton modifications provided in this document should be administrated.

Should the conditions warrant, these recommendations will be adjusted. Any further update will be posted on aiaonline.org.

Please refer to the AIA Recommended Guidelines for Return to Activity; Recommendations for Facilities Management (Section IV, page 16).



2020 AIA Cross Country Modifications

This document provides guidance and game modifications for schools, game administrators, coaches, players, and officials to follow in accordance with NFHS, state and local restrictions and recommendations. Game Administration is responsible for informing all participants of local guidelines for participation.

❖ Attending a meet—Pre-Meet.

- For transportation to a meet (on a school bus) coaches are to follow their district guidelines.
- Numbers of Shade tents for athletes need to accommodate athletes, managers and coaches are required to allow for social distancing of athletes.
- Face coverings are to be worn by athletes while sitting under the tent or when not warming up or racing.
- Coaches are to wear face coverings at all times; when in contact or proximity of participants or spectators. Spectators may attend at the discretion of the Host School. Spectators must also be masked.
- Athletes are to bring their own labeled water bottles.
- If an athlete is to interact with a medical personnel or athletic trainer; they are to wear a face covering.

❖ During the meet and pre-race:

- In the team huddle there is to be no hand holding.
 - A team may still do a team chant.
 - Non racers should NOT be a part of the team huddle.

❖ Hosting a Meet or Invitational.

- Team camp areas must be large enough to allow for teams to spread out.
- Stretch out starting line as much as possible to allow for athletes not to be touching each other (shoulder to shoulder).
 - Team boxes should be at least six feet wide.
 - The width of each starting box for invitations should allow only two runners to be on the line, and without touching athletes standing next to them.
 - For multiples or duals the starting line box should be wide enough for at least seven runners to stand side by side without touching each other.
- Limit number of runners per race.
- Limit the number of teams at your meet that can be safely accommodate social distancing.
- IF chip timing—LYNX is coming out with a plug in called Time Trial. It allows for stagger start times. If your meet is using Wingfoot Finish; they have this capability.
 - With Time Trial one can start a team or a couple of teams every couple of minutes.
 - Once the last runner finishes the race; Time Trial can score sort the finishers in finish order and score the meet and various divisions (Frosh-Open-Varsity).
- If you are chip timing, you should consider disposable chips.

- All meet personnel at the finish line must wear face coverings and gloves.
- Designate workers to help fallen runners. These workers need to change gloves after each race or more frequently if time permits.
- Allow time between races for chute workers to change to new gloves.
- The back part of the finish line needs to be large enough to allow athletes to exit safely, keeping an appropriate distancing between runners as much as possible.
- Rope off finish area to prevent spectators from crowding along the finish chute.
- Medical staffing.
 - Athletic Trainers and student aids all need to wear a face covering.
 - Post-race and mid-race water tables need to have single use cups.
 - Personnel filling cups should remain constant and not change.
 - Cups at post race (beyond the finish line) should be handed out by gloved individuals.
 - Cups on mid-race water table are to be spread out and on multiple tables – these cups will be grabbed by runners.
- Awards—eliminate award presentations.
- Awards should be put in an envelope for pick up by the coach.
- Results should be posted online or emailed to participating schools.

Should the conditions warrant, these modifications will be adjusted. Any further update will be posted on aiaonline.org.



2020 AIA Football Modifications

This document provides guidance and game modifications for schools, game administrators, coaches, players, and officials to follow in accordance with NFHS, state and local restrictions and recommendations. Game Administration is responsible for informing all participants of local guidelines for participation.

❖ PREGAME, TRAVEL & FACILITIES

● DRESSING ROOM FACILITIES, TRAVEL & PREGAME

- Dressing facilities for game officials and teams should be large enough for them to use social distancing protocols and should be properly cleaned and sanitized prior to their arrival.
- Before, during, and after the contest, players, coaches, game officials, team personnel and game administration should wash or sanitize their hands as often as possible.
- Maintain social distancing of 6 feet at all times while on the sidelines and on the field of play during pregame when possible.
- Team personnel must wear face coverings at all times.
- Players must wear face coverings during travel, pregame when possible, and post-game.

❖ RULE MODIFICATIONS

● COIN TOSS

- One captain from each team.
- Coin toss should take place in the center of the field with designated individuals maintaining social distancing of 6 feet.
- No handshakes prior to and following the coin toss.

● TEAM BOX

- The team box will be extended on both sides of the field to the 10-yard lines (for players only) in order for more social distancing space for the teams. Coaches are required to remain within the regular team box.
- Maintain social distancing of 6 feet while in the team box and not engaged in activities.
- Do not share uniforms, towels, water bottles, and other apparel and equipment.
- All coaches, players and other personnel must wear face coverings.

● BALL

- The ball should be cleaned and sanitized throughout the contest as recommended by the ball manufacturer.
- The ball personnel should maintain social distancing of 6 feet at all times during the contest.

● PLAYER FACE COVERINGS

- Only cloth face coverings are permissible during play.
- Plastic shields are only allowed if integrated into the face covering and attached to the helmet and clear without the presence of any tint.

- **TOOTH AND MOUTH PROTECTORS**
 - Encourage players to sanitize their hands regularly in order to reduce the spread from the use of mouth protectors.

- **GLOVES**
 - Gloves are permissible but still must comply with either the NOCSAE Standard or the SFIA Specification.
 - Latex medical gloves are not permissible.

- **CHARGED TIME-OUTS AND AUTHORIZED CONFERENCES**
 - Players, officials, and coaches should have their own beverage container that is not shared.
 - A single charged time-out may be extended in length for hydration and to sanitize game equipment.

- **INTERMISSION BETWEEN PERIODS AND AFTER SCORING**
 - The intermission may be extended between the first and second and the third and fourth periods and following a try, successful field goal or safety and prior to the succeeding free kick for hydration and to sanitize game equipment.

- **SIDELINE PERSONNEL**
 - Persons on the sidelines (sideline personnel) must be restricted to players, coaches, athletic trainers, athletic directors, administration, media, and game administration personnel (chain crew, ball persons, etc.).
 - Sideline personnel must wear a face covering.
 - Officials have the authority to notify game administration about unauthorized personnel and have them removed from the sideline.

❖ **POSTGAME**

- **HANDSHAKE LINE**
 - No handshakes, high fives, fist bumps, hugs, etc. can should occur pre or post-match.
 - Maintain social distancing prior to and following the contest.

❖ **OFFICIALS**

- **PRIOR TO CONTEST & TRAVEL**
 - Contact the AIA Office if you have a temperature or are not feeling well. Do NOT attempt to travel to or work a game sick.
 - Officials should contact the Athletic Director prior to the day of the contest to discuss logistics and requirements for that particular school, district, or municipality. Officials must follow any additional requirements imposed by the school or municipality.
 - Drive yourself to the contest when possible. If carpooling is necessary, wear face coverings and limit the amount of people in a single vehicle.
 - Bring your own equipment and towel. Do not share.
 - Bring your own container of water.
 - Arrive at the game site dressed if possible.

- **PREGAME**
 - Social distance during pregame as best as possible.
 - Consider holding pregame outside if necessary.

- **MECHANICS**
 - Suspend the switching of sidelines at halftime for wing officials.

- **FACE COVERING & GLOVES**
 - Officials must wear a face covering while on campus (whenever not actively engaged in officiated a contest).
 - The wearing of face coverings and gloves while officiating is permissible.
 - The use of electronic whistles is permissible.

Should the conditions warrant, these modifications will be adjusted. Any further update will be posted on aiaonline.org.

Please refer to the AIA Recommended Guidelines for Return to Activity; Recommendations for Facilities Management (Section IV, page 16).



2020 AIA Golf Modifications

This document provides guidance and game modifications for schools, game administrators, coaches, players, and officials to follow in accordance with NFHS, state and local restrictions and recommendations. Game Administration is responsible for informing all participants of local guidelines for participation.

❖ General Safety and Sanitation at any golf facility

- Players must practice social distancing at all times while on property i.e. maintain a six-foot distance from others. This includes the driven range, practice putting green, teeing area, etc.
- Sanitizer should be available at starting tees.
- Scores will be posted on line only. There will be no physical scoreboards.
- There may be not awards ceremonies. Awards may be mailed after the event or given to the schools administration/coach.
- Players and spectators are requested to leave the golf course immediately after the round to avoid large gatherings.
- Players should not participate in traditional handshakes or hugs, prior to, during or after the round.

❖ Bunkers / Rakes

- Bunker rakes will be removed from the golf course.
- Preferred lies in the bunker: Player may place a ball in the same bunker, within 1 (one) club length of the original spot, not nearer the hole. The ball must remain in the bunker
- Players are encouraged to smooth sand with their feet or club before they leave the bunker.

❖ Flagstick / Hole

- Players must not touch or remove the flagstick at any time. Touching or removing the flagstick may be a violation of the updated code of conduct and may result in a penalty.

❖ Warm – up / before the round

- Players should arrive 30 – 45 minutes before their tee times with face covering in place. Range time per team/player will be limited, possibly to 10 minutes per player/team depending on the event and golf course.
- Practice green is only available to players 10 – 20 minutes before each tee time.
- Spectators will not be allowed on the driving range or practice putting green.
- Face coverings must be worn by players until competition begins and immediately after competition ends.
- Coaches must wear face coverings at all times.

❖ Starting tee / Scoring

- The method of scoring will be done without the exchanging of scorecards and the gathering of players in an official scoring area.

- The AZPREPS365 Golf app allows event managers to collaborate and set up golf events online prior to the event date and the mobile app automatically assigns players as markers in each paring so players can score digitally for the group or pairing after each hole. At the conclusion of the round, the players in each group verbally validate their scores for the entire round from a safe distance and then notify tournament officials their scorecards are complete and accurate. Tournament official then lock the scores using the edit results interface.
- The AZPREPS365 Golf app eliminates the need to exchange scorecards while maintaining compliance with USGA rules of golf. The USGA Rules of Golf for 2019 rule 3.3b **Scoring in Stroke Play** states the scores must be entered after each hole on a scorecard. The definition of the **Scorecard** states that the scorecard is a documents, either paper or electronic form (as approved by the committee) used to record players' scores.
- Notice to players and hole location documents may be available for players and coaches at the starting tee and/or using your phone's camera will be acceptable.
- Players should bring their own tees, sunscreen, marking pens, as these items will not be available on the starting tee.
- Scorecards may be available in pro shop for individual use only.

❖ **Spectator Guidelines**

- Spectators on the golf course may be limited to two or fewer people per player, preferably a family member or guardian. College coaches may attend AIA events.
- Spectator carts must be pre-approved per AIA policy. Only one person may ride in the cart at a time (Unless the approved person cannot drive a golf cart, then two people would be allowed).
- Spectators must practice social distancing by remaining at least six feet away from others while on the golf course (excluding family members).
- Spectators will not be allowed on the driving range or practice putting green.
- Spectators must wear a face covering.

❖ **Food and Beverage / Water**

- Coaching staff and volunteers will be equipped with coolers filled with bottled waters located on their golf carts for on – course distribution to player only.
- Players must be prepared to start the round with their own water bottle.
- Golf course food available for purchase may be limited depending on the facility.

❖ **Invitational Tournaments**

- **Maximum of fifteen (15) teams per wave***
- **Maximum of 75 players per wave***
 - A wave could be fifteen (15) teams on day one and fifteen (15) teams on day two or one group of fifteen (15) in the morning wave and one group of fifteen (15) in the afternoon wave. A wave could be fifteen (15) teams on day one and fifteen (15) teams on day two or one group of fifteen (15) in the morning wave and one group of fifteen (15) in the afternoon wave There should be no over lapping of teams/individuals from the morning wave and afternoon wave. All other golf modifications provided in this document should be administrated.

Should the conditions warrant, these modifications will be adjusted. Any further update will be posted on aiaonline.org.



2020 AIA Soccer Modifications

This document provides guidance and game modifications for schools, game administrators, coaches, players, and officials to follow in accordance with NFHS, state and local restrictions and recommendations. Game Administration is responsible for informing all participants of local guidelines for participation.

❖ PREGAME, TRAVEL & FACILITIES

● DRESSING ROOM FACILITIES, TRAVEL & PREGAME

- Dressing facilities for game officials and teams should be large enough for them to use social distancing protocols and should be properly cleaned and sanitized prior to their arrival.
- Before, during, and after the contest, players, coaches, game officials, team personnel and game administration should wash or sanitize their hands as often as possible.
- Maintain social distancing of 6 feet at all times while on the sidelines and on the field of play during pregame when possible.
- Team personnel (including players) must wear face coverings during travel, pregame, and postgame.

❖ RULE MODIFICATIONS

● PREGAME CONFERENCE

- Limit the pregame conference to one captain and the head coach from each team and the center referee.
- Conference should take place in the center of the field with all individuals maintaining social distancing of 6 feet.
- No handshakes prior to or following the pregame conference.

● BALL HOLDERS

- If possible, use additional balls for play. This permits the intermittent cleansing of game balls, allowing them to dry before game use, using disinfecting wipes during the match.
- Encourage social distancing of 6 feet.

● TEAM BENCH

- Persons on the sidelines must be restricted to players, coaches, athletic trainers, athletic directors, administration, media.
- Officials have the authority to notify game administration about unauthorized personnel and have them removed from the sideline.
- Maintain social distancing of 6 feet as possible
- Sideline personnel must wear face coverings.
- Do not share uniforms, towels, water bottles, and other apparel or equipment.
- All coaches, players and other personnel must wear face coverings.

● SUBSTITUTION PROCEDURES

- Maintain distancing of 6 feet between the substitute, referee, and the player by encouraging substitutions to occur closer to the center line.

- **OFFICIALS TABLE**
 - Limit to essential personnel which includes home team scorer and timer with a recommended 6 feet between individuals. Visiting team personnel (scorer, statisticians, etc.) are not considered essential personnel and may need to find an alternative location.

- **PRE AND POST MATCH CEREMONY**
 - Suspend the pregame world cup introduction and send players to their field positions with bench personnel lined up on the touch line (6 feet apart) for introductions.
 - Suspend the post-game handshake.

- **SOCCER RULES INTERPRETATIONS**
 - Cloth face coverings are permissible
 - Gloves are permissible
 - Long sleeves are permissible
 - Long pants are permissible
 - Undergarments are permissible but must be unadorned and of a single, solid color to the predominant color of the uniform top or bottom.

- **CHARGED TIME-OUTS AND AUTHORIZED CONFERENCES**
 - Players, officials, and coaches should have their own beverage container that is not shared.
 - A single charged time-out may be extended in length for hydration and to sanitize game equipment.

- **INTERMISSION BETWEEN HALVES AND AFTER SCORING**
 - The intermission between halves and after scoring may be extended for hydration and to sanitize game equipment.

❖ **POSTGAME**

- **HANDSHAKE LINE**
 - No handshakes, high fives, fist bumps, hugs, etc. should occur pre or post-match.
 - Maintain social distancing prior to and following the contest.

❖ **OFFICIALS**

- **PRIOR TO CONTEST & TRAVEL**
 - Contact the AIA Office if you have a temperature or are not feeling well. Do NOT attempt to travel to or work a game sick.
 - Officials should contact the Athletic Director prior to the day of the contest to discuss logistics and requirements for that particular school, district, or municipality. Officials must follow any additional requirements imposed by the school or municipality.
 - Drive yourself to the contest when possible. If carpooling is necessary, wear face coverings and limit the amount of people in a single vehicle.
 - Bring your own equipment and towel. Do not share.
 - Bring your own container of water.
 - Arrive at the game site dressed if possible.

- **PREGAME**
 - Social distance during pregame as best as possible.

- **FACE COVERINGS & GLOVES**

- Officials must wear a face covering while on campus (whenever not actively engaged in officiated a contest).
- The wearing of face coverings and gloves while officiating is permissible.
- The use of electronic whistles is permissible.

Should the conditions warrant, these modifications will be adjusted. Any further update will be posted on aiaonline.org.

Please refer to the AIA Recommended Guidelines for Return to Activity; Recommendations for Facilities Management (Section IV, page 16).



2020 AIA Swim and Dive Modifications

This document provides guidance and modifications for swim and dive practice and game attendance for schools, administrators, coaches and athletes to follow in accordance with NFHS, state and local restrictions and recommendations. Administration and coaches are responsible for informing all participants of local guidelines for participation.

Please note- these are some guidelines to help keep swimmers, coaches & volunteers safe. However, they are in no way all-inclusive. Coaches, Athletic Directors, volunteers, athletes & athlete families should take every precaution to ensure they feel safe at all times, which may include steps beyond those included in this document.

❖ AT ALL TIMES:

- All individuals should arrive at facilities with ample drinking water as public access to water may be restricted.
- Athletes should arrive at facilities prepared for practice (proper attire, minimal personal belongings, etc.) as locker room usage may be restricted. Athletes should plan on leaving the facility in their suits, showering & washing clothing upon arrival at home.
- All individuals should practice safe personal hygiene, including hand washing, refraining from spitting, restricting athletes from congregating when rinsing off (only outdoor showers should be used and only when permitted by facility staff).
- All individuals not actively participating in athletic activities must wear face coverings. This includes coaches, athletes, volunteers, etc.
- All individuals should be socially distanced to the furthest extent possible.
- Athletes should be spaced out in the pool to ensure social distancing at all times. It is recommended that no more than 4 athletes share a lane at a time, alternating two athletes at one end. There should never be more than two athletes stopped at the wall in the same lane. This applies during practice, meet warm ups, during meet, etc.
- Teams should limit the number of individuals in attendance at practice & meets. Only meet participants & essential volunteers should be in the facility. Schools should be following AIA, facility & district guidance regarding spectators during meets. Meet hosts must communicate with visiting teams several days prior to competition.

❖ PRIOR TO MEETS

- Coaches should collaborate with the schools they are competing against to ensure everyone is aware of all facility rules and regulations.
- If all rules and regulations cannot be followed using a traditional dual/multi-team meet format, schools should work together to determine alternative options, such as:
 - Virtual meets (teams compete at their own facilities and then combine results to score)
 - Splitting genders into different sessions/days

- Restricting participants to fewer events or restricting events
- Splitting teams into squads, with one squad competing in person, while the other compete virtually.

❖ **AT MEETS**

- Those in attendance on the pool deck should be limited to essential volunteers, main coaches & meet participants unless other arrangements have been made that abide by all school, district, AIA & facility guidelines. It is suggested that teams use athletes not participating in the meet at timers to limit the exposure to individuals not regularly around the team.
- Schools should be following AIA, facility & district guidance regarding spectators during meets. Meet hosts must communicate with visiting teams several days prior to competition.
- Teams should coordinate for specific warm-up & warm-down times that allow for continued social distancing.
- Teams should refrain from high fives, team cheers in groups, congregating in team areas that do not allow for social distancing, etc.
- Swimmers should refrain from congregating behind blocks. This may mean coordinating with the officials to allow enough time for finished heats to exit the area before the next heat enters the area.
- Coaches should refrain from grouping together. Additionally, coaches should have a plan in place to ensure social distancing is adhered to at all times, including when athletes are getting feedback from coaches.
- Lap counting personnel should be limited to one person per lane. Host teams should provide cleaning materials so that lap counters can be sanitized between heats. It is recommended that coaches coordinate with athletes to do this efficiently.
- Above all, all individuals (athletes, coaches, volunteers) should be understanding, knowing that the pace of the meet may need to be significantly slower to allow for safety measures to be properly adhered to.

❖ **WHEN MEETS ARE OVER:**

- Any equipment used should be sanitized/ cleaned. Team areas should be cleaned up by those who utilized them.
- All individuals should prepare to leave the facility as efficiently as possible.
- Coaches should consider exchanging results, etc, electronically. Additionally, officials are encouraged to provide any of their documentation electronically. (Consider taking photos & texting, emailing, etc).

Coaches **MUST** ensure that they are following all current AIA guidelines & recommendations at all times. Should conditions warrant, these recommendations will be adjusted. Any further updates will be posted on aiaonline.org.



2020 AIA Spiritline Modifications

This document provides guidance and modifications for spiritline practice and game attendance for schools, administrators, coaches and athletes to follow in accordance with NFHS, state and local restrictions and recommendations. Administration and coaches are responsible for informing all participants of local guidelines for participation.

❖ PRACTICES AND GAMES

- Temperature should be taken upon arrival at practice and/or game.
- Coaches must be wearing a face covering at all times
- Athletes must be wearing face coverings before and after practice/games
- Athletes must be wearing a face covering when not participating (injured, benched, sitting out for any reason)
- Athletes must be wearing a face covering when participating in any non-cardio related activities including stretching and static warm up
- Athletes must be wearing a face covering during any team travel
- Athletes must be wearing a face covering while cheering
- No stunting or tumbling will be permitted at basketball games
- We are limiting the number of participating athletes at basketball games to a maximum of 16
- Only cloth face coverings are permissible during practice/games.
- Locker rooms and dressing facilities will be unavailable for athletes.
- Athletes should arrive dressed out with any additional practice gear in their possession.
- When traveling, it is recommended that athletes wear face covering and sit one to a seat.
- Athletes should bring their own water bottle and not share.
- When possible, athletes should maintain a safe social distance during practice and along the sidelines.
- No handshakes, team breaks, hugging, fist bumps, etc.
- Athletes should not enter the stands or fan area before, during, or after the game.
- Athletes may participate in pre-game and half time introductions, but should remain socially distant when forming run-through tunnels.
- Coaches and athletes may meet and/or visit opposing team's spirit program while keeping a safe distance, wearing face coverings and not engaging in any forms of handshakes, fist bumps, etc.
- Spiritline programs may perform quarter and half time routines on the track and/or field during appropriate times per officials.

❖ EQUIPMENT AND SANITIZATION

- Before, during, and after practice, athletes and coaches should wash and/or sanitize their hands as often as possible.
- Athletes should not share any crowd leading props (signs, poms, megaphones, flags) during practice/game.
- Props should be cleaned and disinfected after each practice.
- All mats and flooring should be disinfected at the end of each practice.

❖ **FACE COVERINGS ARE PERMITTED DURING STUNTING AND TUMBLING, WITH THE FOLLOWING GUIDELINES:**

- Should be snug fitting
- Should not impede vision or movement
- Should be soft and pliable with no exposed metal
- Should provide adequate ventilation and protection from the spread of particle matter
- Must be secured with over-the-head straps by a breakaway type connection (i.e. Velcro, snaps, etc).

If your district is requiring face coverings while stunting or tumbling or you are choosing to wear a face covering while stunting or tumbling, you must wear a face covering that fits the guidelines above.

If your district does not require face coverings while stunting or tumbling, do not wear a face covering.

Should the conditions warrant, these modifications will be adjusted. Any further update will be posted on aiaonline.org.



2020 AIA Volleyball Modifications

This document provides guidance and game modifications for schools, game administrators, coaches, players, and officials to follow in accordance with NFHS, state and local restrictions and recommendations. Game Administration is responsible for informing all participants of local guidelines for participation.

❖ PREGAME, TRAVEL & FACILITIES

• DRESSING ROOM FACILITIES, TRAVEL & PREGAME

- Dressing facilities for game officials and teams should be large enough for them to use social distancing protocols and should be properly cleaned and sanitized prior to their arrival.
- Before, during, and after the contest, players, coaches, game officials, team personnel and game administration should wash or sanitize their hands as often as possible.
- Maintain social distancing of 6 feet at all times while on the court during pregame when possible.
- Team personnel (including players) must wear face covering during travel, pregame, and postgame.

❖ RULE MODIFICATIONS

• PREMATCH CONFERENCE

- Suspend the coin toss to determine serve/receive. The visiting team will have the option to serve/receive first in set 1 and alternate first serve for the remaining of the non-deciding sets.
- Suspend roster submission at the pre-match conference. Rosters are submitted directly to the officials table prior to the 10-minute mark.
- No handshakes prior to and following the coin toss.

• TEAM BENCH

- Suspend teams switching between sets, unless there is a distinct advantage as will be determined by the officials.
- If necessary, maintain social distancing of 6 feet while switching.
- Do not share uniforms, towels, water bottles, and other apparel or equipment.

• DECIDING SET PROCEDURES

- Coin toss should take place in the center of the court, with the team captains divided by the net while maintaining distancing with the second referee. A coin toss, called by the home team, will determine serve/receive.

• BALL

- The ball should be cleaned and sanitized throughout the contest as recommended by the ball manufacturer.
- The ball personnel should maintain social distancing of 6 feet at all times during the contest.

• SUBSTITUTION PROCEDURES

- Maintain distancing between the second referee and the player and substitute by encouraging substitutions to occur within the substitution zone and closer to the attack line.
- **OFFICIALS TABLE**
 - Limit to essential personnel which includes home team scorer, libero tracker and timer with a recommended 3-6 feet between individuals. Visiting team personnel (scorer, statisticians, etc.) are not considered essential personnel and may need to find an alternative location.
 - Officials' table personnel must wear a face covering.
- **VOLLEYBALL RULES INTERPRETATIONS**
 - Cloth face coverings are permissible
 - Gloves are permissible
 - Long sleeves are permissible
 - Long pants are permissible
 - Undergarments are permissible but must be unadorned and of a single, solid color to the predominant color of the uniform top or bottom.
- **UTILIZE 5-BALL ROTATION**
 - If possible, use a 5-ball rotation system. This permits the intermittent cleansing of game balls, allowing them to dry before game use, using disinfecting wipes during the match.
- **CHARGED TIME-OUTS AND AUTHORIZED CONFERENCES**
 - Players, officials, and coaches should have their own beverage container that is not shared.
 - A single charged time-out may be extended in length for hydration and to sanitize game equipment.
- **INTERMISSION BETWEEN PERIODS AND AFTER SCORING**
 - The intermission between sets may be extended for hydration and to sanitize game equipment.
- **BENCH PERSONNEL**
 - Persons on the bench must be restricted to players and coaches.
 - All coaches, players and other personnel must wear face coverings.
 - Team benches may extend past the end line.

❖ POSTGAME

- **HANDSHAKE LINE**
 - No handshakes, high fives, fist bumps, hugs, etc. should occur pre or post-match.
 - Maintain social distancing prior to and following the contest.

❖ OFFICIALS

- **PRIOR TO CONTEST & TRAVEL**
 - Contact the AIA Office if you have a temperature or are not feeling well. Do NOT attempt to travel to or work a game sick.
 - Officials should contact the Athletic Director prior to the day of the contest to discuss logistics and requirements for that particular school, district, or municipality. Officials must follow any additional requirements imposed by the school or municipality.
 - Drive yourself to the contest when possible. If carpooling is necessary, wear face covering and limit the amount of people in a single vehicle.
 - Bring your own equipment and towel. Do not share.

- Bring your own container of water.
- Arrive at the game site dressed if possible.
- **PREGAME**
 - Social distance during pregame as best as possible.
 - Consider holding pregame discussions outside if necessary.
- **FACE COVERINGS & GLOVES**
 - Officials must wear a face covering while on campus (whenever not actively engaged in officiated a contest).
 - The wearing of face covering and gloves while officiating is permissible.
 - The use of electronic whistles is permissible.

Should the conditions warrant, these modifications will be adjusted. Any further update will be posted on aiaonline.org.

Please refer to the AIA Recommended Guidelines for Return to Activity; Recommendations for Facilities Management (Section IV, page 16).