

# Unified Track & Field Timeline

## 2025-26 Season



### JANUARY - FEBRUARY 2026 (2-3 Months Prior to Unified Sectionals)

#### Coaches Clearance / Training

- Complete all AIA requirements for Coaches' Clearance per Article 17 of the AIA Bylaws & Constitution.
  - For an outline of all training and certification requirements specific to high school Unified Sports coaches, please visit [www.aiaonline.org/sports/unified](http://www.aiaonline.org/sports/unified)
- Complete all district/school requirements for Coaches' Clearance per district policy.
- Complete Unified Track and Field Coaches' Training (specific to high schools)
  - Contact Thomas Miranda at [Thomas@SpecialOlympicsArizona.org](mailto:Thomas@SpecialOlympicsArizona.org) to schedule a training.

#### Order Equipment

- Suggested equipment includes:
  - Tape Measure** (suggested: 2 dual-sided with m/cm and ft/in)
  - Relay Batons** (suggested: 4)
  - 8-pound Shot** (suggested: 2)
  - 400g Turbo Javelin** (suggested: 2-3)
  - Stopwatches** (suggested: 6)
  - Cones** (suggested: 25)

#### Attend/Organize Planning Meetings

- Attend MANDATORY Coaches' Webinar (only need to attend one)
  - Wednesday, February 4<sup>th</sup> – 4:00pm to 5:00pm
- Registration Link: <https://specialolympicsarizona.zoom.us/meeting/register/8YHLPumPTfW1RNsyhI4Lwg>
- Host Parent Informational Meeting

#### Verify ALL Student Eligibility and Clearance Requirements are completed.

Athletes & Unified Partners must complete:

- AIA Annual Pre-participation Clearance Packet
  - Part One – Annual Preparticipation Physical Evaluation (Form 15.7-A).
  - Part Two – Annual Preparticipation Physical Examination (Form 15.7-B).
  - Part Three – Annual Preparticipation Acknowledgement (Form 15.7-C).
  - Part Four – Annual Preparticipation Consent to Treat Form (Form 15.7-D).
  - Part Five – Unified Sports Participant Release (Form 15.7-E).
- All district/school requirements for Student Eligibility and Clearance per district policy

#### Complete Practice Schedule

Per Article 34.4 of the AIA Bylaws & Constitution: *"Before participation in an interscholastic contest or tournament, all Unified Sports players must complete a minimum of eight (8) practices at least sixty (60) minutes in duration. Practices shall be held at least once a week throughout the sports season."*

- Schedule practices accordingly to ensure minimum practice requirements are met before the first regular season (interscholastic) Track & Field meet.

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### FEBRUARY 2026 (2 Months Prior to Unified Sectionals)

#### Practice

- Practice 1
- Practice 2
- Practice 3
- Practice 4
- Practice 5
- Practice 6
- Practice 7
- Practice 8

#### Regular Season Interscholastic Competition

- Compete in at least two (2) Track and Field Meets during the regular season.

- Regular Season Meet #1 Date: \_\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_
- Regular Season Meet #2 Date: \_\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_

#### Transportation Requests

- Submit transportation requests for regular season meets (must attend a minimum of two)

### MARCH 2026 (1 Month Prior to Unified Sectionals)

#### Unified Sectionals Registration

- Complete and submit Unified Sectionals Registration Paperwork
  - SOAZ will send out registration paperwork in early March.
  - Registration paperwork will be due *two weeks before* Unified Sectionals

#### Transportation Requests

- Submit transportation request for Unified Sectionals Meet

#### Practices

- Continue holding regular practice.

### APRIL 2026

#### Unified Track and Field Sectionals

- Compete at a qualifying Unified Track and Field Sectionals
  - Teams must compete in Unified Sectionals to qualify for the state tournament.*

#### State Championship Registration / Planning

- Qualification Results will be posted on AZPreps365 by April 20, 2024
  - The top 8 top pairs statewide will qualify for advancement to the State Championship (qualification will be based on the team's final score at Unified Sectionals)*
- Submit transportation request for State Championship

### MAY 2026

#### AIA State Track and Field Championship

- Thursday, April 30<sup>th</sup>, 2026
- Westwood High School

