AIA EMERGENCY ACTION PLAN

Please e-mail this Emergency Action Plan to the AIA - Jess Garcia - jegarcia@aiaonline.org

Emergency Action Plan Worksheet

Enter SCHOOL & area on campus for Site:

Sport: _____ Site: _____ Your Name: _____

Call 911 for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.

911 TEAM

CALL 911. Explain emergency. Provide location.

Nearest Phone:	
Responder 1:	
Responder 2:	

MEET AMBULANCE at EMS Access Point. Take to victim.

EMS Access Point:	
Cross Streets:	
Responder 1:	
Responder 2:	

CPR/AED TEAM

START CPR.

1. Position person on his/her back.
2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minute. Let chest completely recoil after each compression.
3. Take turns with other responders as needed.

Responder 1:

Responder 2:

Responder 3:

WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS.

1. Remove clothing from chest.
2. Attach electrode pads as directed by voice prompts.
3. Stand clear while AED analyzes heart rhythm.
4. Keep area clear if AED advises a shock.
5. Follow device prompts for further action.
6. After EMS takes over, give AED to Athletic Administrator for data download.

AED TEAM

GET THE AED.

Nearest AED:	
Responder 1:	
Responder 2:	

AIA™

OUR STUDENTS, OUR TEAMS . . . OUR FUTURE.

ANYONE CAN SAVE A LIFE

Plan. Learn. Save.