



MINUTES  
AIA SPORTS MEDICINE ADVISORY COMMITTEE MEETING  
February 27, 2014

Members Attendance:

Dr. Javier Cardenas, MD, Chair  
David Hayward, AT, ATC, M.Ed  
Michael Skowronek, PT  
Dr. Roger McCoy, MD  
Dr. Kristina Wilson, MD  
Dr. Bert Vargas, MD  
Dr. Tamara McLeod, PhD\*  
Tom Reed, ATC

AIA Staff Present:

Chuck Schmidt, AIA Associate Executive Director  
Mark Mignella, AIA Legal Counsel  
Michele Staples, AIA Liaison

Guests:

Lea Stein, Physico Heath Assessments  
Arlene Fanco, Physico Heath Assessments

\*Indicates Call-in/Webcam

➤ NFHS FOOTBALL RULES UPDATE (Javier Cardenas)

- New rule for Targeting (attempt to strike a player about the shoulders)
- Onside kicks are limited to a specific number of players on a given side.
- Officials department will share the date for onside kicks at the next meeting.

➤ SKIN INFECTIONS IN WRESTLING (Chuck Schmidt & Javier Cardenas)

- The AIA moved forward in a swift manner when informed with several schools having wrestlers with skin lesions.
- The AIA contacted Dr. Javier Cardenas, Wrestling Coaches Association, as well as other medical personnel and the CDC.
- Moved forward with a stricter protocol for skin checks.
  - Officials will no longer be involved with skin checks, only MD, DO, NP or PA-C.
  - If the appropriate healthcare professional finds a skin lesion the athlete will not be allowed to participate.
- Looking at the steps to monitor throughout the year Dr. Kristina Wilson suggested having the athletes pre-treated. The cost is very affordable.

➤ CONCUSSION BASELINE TESTING

- Dr. Bert Vargas presented a PowerPoint about Concussion Baseline Testing in regards to selection and implementation.
- Dr. Tamar McLeod suggested that the baseline testing covers balance as well as cognitive.
- Dr. Tamar McLeod shared a recent statement from NATA.
- Discussion about whether to mandate baseline testing. The committee felt that more discussion about the logistics for the infrastructure needed to be done before voting as to whether or not to mandate baseline testing.
- Mayo and Barrow offer baseline testing at no cost.
- Dr. Bert Vargas motioned to recommend that Baseline Testing be mandated contingent on the completion of the infrastructure and decision on the tools to do so without a time frame.
  - Dr. McCoy 2<sup>nd</sup>
    - Motion was not approved.
- Dr. Cardenas recommended the committee to review the information that Dr. McLeod shared from the NATA.
- Chuck Schmidt requested to have the discussion of mandatory concussion reporting placed on the agenda for the next meeting.

Meeting Adjourned at 9:00 a.m.