



MINUTES  
AIA SPORTS MEDICINE ADVISORY COMMITTEE MEETING  
October 31, 2013

Members Attendance:

Dr. Javier Cardenas, MD (Chair)  
Dr. John Parsons, Ph.D., ATC, AT  
Dr. Mark Strom, ND

AIA Staff Present:

Dr. Harold Slemmer, AIA Executive Director  
Mark Mignella, AIA Legal Counsel  
Gary Whelchel, AIA State Commissioner  
Michele Staples, AIA Liaison  
Ron Halbach, AIA Tournament Coordinator

Guests:

Corey Newland, PVUSD  
Rich Wellbroch, Desert Edge  
Jennifer Shaffer, APCC  
Jeffery Pearl, MD, Hi-Health  
Dana Zupke, Pinnacle/FB Advisor

Mike Skowronek, Banner  
Don Conrad, Thatcher HS, AD  
Andrew Papez, APCC  
Lee Haws, Ft. Thomas USD  
Tim Slade\* Webcam

- NATUROPATHIC PHYSICIANS PERFORMING PRE PARTICIPATION PHYSICALS (Dr. Mark Strom)
  - Dr. Cardenas reviewed criteria for consideration:
    - History of practice
    - Education/Training
    - Governing Board
    - Evidence of physicals being performed by Naturopathic physicians
  - Dr. Strom answered questions from the Sports Medicine Advisory Committee in regards to above mentioned criteria subjects.
  - The committee recommends that Dr. Mark Strom draft language to have the committee review and vote on at the next meeting.
    - Licensed Naturopathic
    - Time Frame
    - Referrals to specialists if a concern arises.
  
- CARDIAC SCREENING (Dr. Jeff Pearl, MD & Andrew Papez)
  - Andrew Papez presented a PowerPoint in regards to Sudden Cardiac Arrest.

- Andrew Papez recommended having the cardiac screening moved to a separate form.
  - A development of a “screen score” for referral purposes.
- The committee requested for Andrew to forward the cardiac screening questions for review to add to the current pre-participation form. The committee also shared their support for SCA research that Andrew Papez and Dr. Pearl would like to proceed with member schools.

➤ UPDATE ON ON-SIDE KICK DATA (Gary Whelchel)

- Gary Whelchel handed out information with the data on on-side kicks
  - The following data was from the 1<sup>st</sup> seven Varsity Football games:
    - 930 Football games
    - 181 on-side kicks reported
    - In August, the number of on-side kicks per game were .195
    - 2 injuries where players were removed from the game.
    - 2 helmets came off on kick.
- Dr. Cardenas extended his gratitude on behalf of the Sports Medicine Advisory Committee to Gary Whelchel and his officials.
- Dana Zupke requested to have the different levels to see the difference. Also, to see where the onside kick is done (as to the yard line).
- Dr. Cardenas appreciated the recommendations but is hesitant to change things midstream.

➤ AIA BYLAW 23.5 (Dana Zupke)

- Dr. Cardenas suggested that bylaw 23.5 conflicts with recent rules to limit contact in football practice.
- The general consensus from the smaller schools felt it was a safety measure to allow students at lower levels to participate due to lack of participation.
- Tim Slade concurred with Dana’s statement.
  - He felt that having the word “unlimited” can be problematic but also sees that capping the number of games may hamper the lower level programs.
- Dana Zupke recommended stating quarters instead of games.
- Don Conrad stated that most of the coaches would like to remove one of the contact days in practice if the athlete will be playing in another level game that week.
- Dr. Cardenas recommended for the Football Sports Advisory Committee to come up with a solution for the Sports Medicine Advisory Committee to review.

➤ CLARIFICATION – SPRING FOOTBALL CONTACT DEFINITION (Dr. Cardenas)

- The committee will review to see if there are any concerns

➤ [AIA Bylaw 23.10](#)

- Dr. Cardenas requested for the football Sports Advisory Committee to come to the Sports Medicine Advisory Committee Meeting with recommendations after the first of the year.

Meeting Adjourned at 9:00 a.m.

Next meeting: November 21, 2013