



**2025-26**  
**ANNUAL PREPARTICIPATION**  
**PHYSICAL EXAMINATION**



Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Age: \_\_\_\_\_ Sex: \_\_\_\_\_  
 Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
 % Body Fat (optional): \_\_\_\_\_ Pulse: \_\_\_\_\_  
 BP: \_\_\_\_ / \_\_\_\_ ( \_\_\_\_ / \_\_\_\_, \_\_\_\_ / \_\_\_\_ )  
 Vision: R20/\_\_\_\_ L20/\_\_\_\_ Corrected: Y N  
 Pupils: Equal Unequal

Medical	Normal	Abnormal
Appearance		
Eyes/Ears/Throat/Nose		
Hearing		
Lymph Nodes		
Heart		
Murmurs		
Pulses		
Lungs		
Abdomen		
Genitourinary		
Skin		

Musculoskeletal	Normal	Abnormal
Neck		
Back		
Shoulder/Arm		
Elbow/Forearm		
Wrist/Hands/Fingers		
Hip/Thigh		
Knee		
Leg/Ankle		
Foot/Toes		

A complete PPE requires the information below completed as text or with the official stamp of the provider's office.

\* - Multi-examiner set-up only | & - Having a third party present is recommended for the genitourinary examination

NOTES:

Cleared Without Restriction  
 Cleared With Following Restriction(s): \_\_\_\_\_  
 Not Cleared For: All Sports Certain Sports: \_\_\_\_\_ Reason: \_\_\_\_\_  
 Medically eligible for all sports without restriction with recommendations for further evaluation or treatment of:  
 \_\_\_\_\_  
 Recommendations: \_\_\_\_\_

Name of Medical Professional (Print/Type): \_\_\_\_\_ Exam Date: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Signature of Medical Professional: \_\_\_\_\_, MD/DO/ND/NP/PA-C/CCSP  
 Medical Professional has reviewed family history \_\_\_\_\_ (Initials)