



Per the approval of the AIA Executive Board and consultation with the National Federation of State High School Associations, the following professional development seat hours for the NFHS Coaches Education online courses are listed below:

<u>Course</u>	<u>Seat Hours</u>
Concussion in Sport	1 hour
Fundamentals of Coaching	11 hours
First Aid for Coaches	5 hours
Sport Specific Courses	5 hours
Teaching Sport Skills	4 hours

The above NFHS courses and others can be found at www.aiaonline.org by clicking on the “**NFHS Coaches Education**” link.