

NATIONAL FEDERATION OF STATE  
HIGH SCHOOL ASSOCIATIONS



**NEWS RELEASE**

**Fundamentals of Coaching Softball Course Now Available**

**FOR IMMEDIATE RELEASE**

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INDIANAPOLIS, IN (March 11, 2010) — A new coach education course –

*Fundamentals of Coaching Softball* – is now available through the National Federation of State High School Associations (NFHS) at [www.nfhslearn.com](http://www.nfhslearn.com). This course is the newest addition to the NFHS Coach Education Program.

*Fundamentals of Coaching Softball* is a skills and tactics course developed in partnership with the Amateur Softball Association of America (ASA), the national governing body for softball in the United States, as well as USA Softball. Mike Candrea, the former head coach of USA Softball national and Olympic teams and the current head coach of the University of Arizona softball team, leads coaches through the course's six units: Basic Skills, Offensive Skills, Position Play, Team Defense, Developing a Practice Plan and Coaching Tips. The course also includes printable resources and reference Web sites.

The NFHS Coach Education Program was started in 2007, and more than 140,000 coaches have taken the core course — *Fundamentals of Coaching*. Forty-five of the 51 NFHS member associations have adopted the course.

The NFHS offers coaches the ability to become Level 1 certified as an Accredited Interscholastic Coach. In addition to the *Fundamentals of Coaching* course, coaches must complete *NFHS First Aid for Coaches*, or its equivalent, and one of the sport-specific courses or *Teaching Sport Skills*, and then can apply for certification online.

All NFHS coach education courses are available at [www.nfhslearn.com](http://www.nfhslearn.com).

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### **About the National Federation of State High School Associations (NFHS)**

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school sports and fine arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and fine arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 17 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,000 high schools and 11 million participants in high school activity programs, including almost 7.5 million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings; sanctions interstate events; produces publications for high school coaches, officials and athletic directors; sponsors professional organizations for high school coaches, officials, spirit coaches, speech and debate coaches and music adjudicators; and serves as a national information resource of interscholastic athletics and activities. For more information, visit the NFHS Web site at [www.nfhs.org](http://www.nfhs.org).

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