

ARTICLE 30

VOLLEYBALL

30.1 RULES

- 30.1.1 Official rules for volleyball shall be those published in the current edition of the National Federation Volleyball Rules Book.
- 30.1.2 School athletic programs at all levels are subject to disciplinary action when a school team is removed from the floor or field prior to completion of the contest.

30.2 SEASON OF SPORT

- 30.2.1 The AIA Standardized Calendar shall be used to identify the starting week for practice, competition and the conclusion of post-season competition.
- 30.2.2 The season of competition for a school shall conclude with that school's last AIA sanctioned competition.
- 30.2.3

<u>Fall Season</u> (Girls)	Practice	no sooner than the	6 th week
	Competition	no sooner than the	9 th week
	Championship	to be concluded by the	23 rd week
<u>Spring Season</u> (Boys)	Practice	no sooner than the	32 nd week
	Competition	no sooner than the	35 th week
	Championship	to be concluded by the	45 th week
- 30.2.4 **Pre-Competition Practice** – Practice shall be conducted in a manner consistent with the guidelines set forth in Bylaw 14.17.2 – Heat Acclimatization Protocol, where applicable.

30.3 PRESEASON INTERSCHOOL VARSITY SCRIMMAGE

- 30.3.1 One preseason interschool varsity scrimmage may be played with the following guidelines:
 - 30.3.1.1 No advertisement.
 - 30.3.1.2 No official score kept.
 - 30.3.1.3 Uniforms may not be worn.
 - 30.3.1.4 AIA officials may be used.
 - 30.3.1.5 Scrimmage shall be open to the public with no admission charge.
 - 30.3.1.6 Unlimited substitutions.
 - 30.3.1.7 Coaching permitted during play (unlimited time-outs).
 - 30.3.1.8 Any other adjustments to the rules the coaches and officials agree on before the scrimmage begins.
 - 30.3.1.9 Scrimmage length not to exceed two hours on court.
- 30.3.2 Schools may hold multi-school scrimmages while adhering to bylaw 30.3.

30.4 SCHEDULES

- 30.4.1 If scheduling difficulties occur, schedules may be increased by one match. The additional match shall be approved by the AIA Executive Board.

30.5 NUMBER OF GAMES IN SEASON

- 30.5.1 No school shall schedule more than 20 varsity matches, including three invitationals which shall count as one match each.
- 30.5.2 No school shall schedule more than 19 junior varsity or 19 freshman matches per team.
- 30.5.3 No player shall participate in more than six (6) sets/night (for regular season matches only).
- 30.5.3.1 EXCEPTION: 2A and 1A schools, because of their limited enrollment, may permit a player to participate in 8 sets/night (for regular season matches only).
- 30.5.3.2 EXCEPTION: 3A schools, because of their limited enrollment, may permit a player to participate in 50% more matches or games than the regularly scheduled matches or games per season, excluding qualifying and post-season tournaments.
Example: If a school scheduled 20 games or matches, each player could participate in 50% more games or matches for a total of 30.

30.6 CONTEST PARTICIPATION

- 30.6.1 When a student enters an interscholastic contest, regardless of the length of time, it shall be considered participation in the interscholastic contest.
- 30.6.2 Schools shall have no more than **18** players suit up, participate, or be listed on the roster of a school team for post-season tournaments.

30.7 INTERSCHOOL COMPETITION

- 30.7.1 Any school, regardless of Division, may compete with any other school in good standing.
- 30.7.2 Only a National Federation approved volleyball shall be used.
- 30.7.3 Varsity matches will use rally scoring, best three out of five games. Games one through four shall be played to 25 points (no cap). Game five shall be played to 15 points (no cap). Freshman and JV matches will use rally scoring, best of three games. Games one and two shall be played to 25 points (no cap). Game three shall be played to 15 points (no cap).

30.8 COACHES / COACHING

- 30.8.1 The AIA shall not have regulations concerning coaches coaching their own school teams **outside of the AIA defined season of sport**.
- 30.8.2 Coaches / Players - Match participation outside the season of sport between coaches and players of a single school for fund raising or entertainment purposes will not jeopardize the eligibility of any high school player.
- 30.8.3 **Attendance shall be voluntary and no student athlete shall be prohibited from participating on the team for failing to attend the out-of-season activity.**

30.9 SCHOOL EQUIPMENT

- 30.9.1 The only school equipment which may be used out-of-season is weightlifting equipment, nets and volleyballs.
- 30.9.2 School Transportation During Summer - School provided transportation for summer activities is a local option.

30.10 **POST-SEASON TOURNAMENTS**

30.10.1 Post-Season Tournaments

NOTE: See Article 12 for additional post-season tournament rules.

30.10.1.1 Dates and Sites

30.10.1.1.1 The AIA Executive Board shall determine the dates and sites of post-season tournaments.

30.10.1.1.2 The Post-Season Girls Volleyball Tournament shall conclude prior to Thanksgiving.

30.10.1.1.3 The Post-Season Boys Volleyball Tournament shall conclude by the 45th week.

30.10.1.2 There shall be a Girls and Boys Post-Season Volleyball Tournament.

30.10.1.3 The type of tournament shall be determined by the AIA Executive Board.

30.10.1.4 Only a National Federation approved volleyball shall be used for post-season tournaments.

30.10.1.5 Seeding for the post-season tournament shall be based on AIA power ranking system and section qualifying process.

30.10.1.6 Two AIA officials assigned to the tournament, but not calling the game, shall be line judges and shall be paid \$30.00 per match..

30.10.2 Awards - The AIA shall be responsible for the purchase and standardization of all post-season tournament awards. *(See Article 13, Section 13.1).*

30.10.3 Practice on Site - A practice or competition on the site of the Post-Season Championship Tournament, except for a regularly scheduled contest, is not permitted for seven calendar days prior to the Post-Season Championship, except in the case of the host school

DETERMINATION: The host school may participate at the site only if that is their regular practice site. (Ex. Bd. 10/24/77)

30.10.4 Protests

30.10.4.1 In the event of a question or a protest during a qualifying match or post-season tournament, the decision of the Tournament Director shall be final.

30.10.4.2 Regular season protests, if any, will be handled as indicated in the current edition of the National Federation Volleyball Rules Book.

