ARTICLE 28

SWIMMING

28.1 **RULES**

- 28.1.1 Official rules for swimming and diving shall be those published in the current edition of the National Federation Swimming, Diving and Water Polo Rules Book.
- 28.1.2 School athletic programs at all levels are subject to disciplinary action when a school team is removed from the floor or field prior to completion of the tournament.
- 28.1.3 All dual meet scoring and reporting sheets shall be from the National Federation Official Swimming and Diving Score Book. An original copy of the official scoring/reporting sheet for dual and tri-meets should be made available by each participating school.
 - 28.1.3.1 The conversion factors accepted by the National Interscholastic Swimming Coaches Association (NISCA) for converting meters to yards will be the standard conversion factors which are used by coaches when submitting seeding times at regional and other seeding meetings.

28.2 SEASON OF SPORT

- 28.2.1 The AIA Standardized Calendar shall be used to identify the starting week for practice, competition and the conclusion of post-season competition.
- 28.2.2 The season of competition for a school shall conclude with that school's last AIA sanctioned competition.

28.2.3 Fall Season Practice no sooner than the 6th week Competition no sooner than the 9th week Championship to be concluded by the 23rd week

28.2.4 <u>Pre-Competition Practice</u> – Practice shall be conducted in a manner consistent with the guidelines set forth in Bylaw 14.17.2 – Heat Acclimatization Protocol, where applicable.

28.3 SCHEDULES

28.3.1 In the absence of a master schedule, a school must have a regularly organized program to qualify for the post-season tournament. (See Article 12).

28.4 <u>NUMBER OF MEETS IN SEASON</u>

- 28.4.1 No school shall schedule more than eleven varsity meets, including four invitationals, which count as varsity meets.
- 28.4.2 No player shall participate in more than eleven swimming meets, excluding qualifying and post-season tournaments.

28.5 CONTEST PARTICIPATION

28.5.1 When a student enters an interscholastic contest, regardless of the length of time, it shall be considered participation in the interscholastic contest.

28.6 <u>COACHES / COACHING</u>

- 28.6.1 The AIA shall not have regulations concerning coaches coaching their own school teams outside of the AIA defined season of sport.
- 28.6.2 <u>Coaches / Players</u> Meet participation outside the season of sport between coaches and players of a single school for fund raising or entertainment purposes will not jeopardize the eligibility of any high school player.
- 28.6.3 Attendance shall be voluntary and no student athlete shall be prohibited from participating on the team for failing to attend the out-of-season activity.

28.7 SCHOOL EQUIPMENT

- 28.7.1 School Transportation School provided transportation for activities is a local option.
- 28.7.2 School equipment outside of the season of sport is a local option.

28.8 POST-SEASON TOURNAMENTS

28.8.1 Post-Season Tournaments

NOTE: See Article 12 for additional post-season tournament rules.

28.8.1.1 Dates and Sites

- 28.8.1.1.1 Conferences may recommend the dates and sites of post-season tournaments.
- 28.8.1.1.2 The AIA Executive Board shall determine the dates and sites of post-season tournaments.
- 28.8.1.1.3 Boys and girls post-season swimming meets shall be held no later than the third Saturday in November.
- 28.8.1.2 There shall be individual and/or team state tournaments as determined by the Executive Board.
- 28.8.1.3 In championship tournaments a competitor officially becomes a participant in an individual event when the official entry form bearing that swimmer's first and last name and submitted time is delivered to the Tournament Director at the designated time and place.
- 28.8.1.4 Post-Season tournament records may be set only in AIA Post-Season Championship Tournaments for boys and girls.
- 28.8.1.5 National records on the proper forms, according to the National Federation Swimming and Diving Rule Book and National Interscholastic Swimming Coaches Association, must be submitted for all national records and for any All-American qualifying times.

28.8.1.6 Boys/Girls Participants

The top 32 automatic or provisional qualifiers per individual event will advance to the post-season meet. The top 24 automatic or provisional relay qualifiers will advance to the post-season.

- 28.8.1.7 Boys and girls Post-Season Swimming Tournaments will take place concurrently. The standard order of events will be followed with boys and girls alternating in each event; i.e., boys heats and girls heats for the event, then move on to the next event.
 - 28.8.1.7.1 The order shall rotate each year. On even years, boys swim first; on odd years, girls swim first.
- 28.8.1.8 The schedule for competition shall be determined by the Tournament Coordinator to facilitate the tournament needs for that year.
- 28.8.2 <u>Awards</u> The AIA shall be responsible for the purchase and standardization of all post-season tournament awards. (See Article 13, Section 13.1).

28.8.3 Protests

- 28.8.3.1 In the event of a question or a protest during the post-season tournament, the decision of the Tournament Director and/or Tournament Games Committee shall be final.
- 28.8.3.2 Regular season protests, if any, will be handled as indicated in the current edition of the National Federation Swimming, Diving and Water Polo Rules Book.

28.8.4 <u>Unmanned aerial systems at AIA post season events</u>

28.8.4.1 The use of unmanned aerial systems, often referred to as drones, is prohibited for any purpose by any persons at all AIA post season events. This policy includes not only the restricted playing area of the venue(s), but also the physical confines of the entire stadium/field/arena structure. For the purpose of this policy, an unmanned aerial system is any aircraft without a human pilot on board.

- **28.9 UNIFIED AQUATICS** A joint effort between the Arizona Interscholastic Association (AIA) and Special Olympics of Arizona (SOAZ) to incorporate Unified programs in AIA member schools recognizing and offering opportunities for SOAZ athletes and partners to compete in an AIA sanctioned activity. Unified Aquatics programs shall be administered by each participating member school and follow the requirements per AIA Bylaws for eligibility, rules and program administration, unless otherwise stated below.
 - 28.9.1 Official rules for Unified Aquatics shall be those published by the SOAZ and AIA prior to each season, as approved by the AIA Executive Board.
 - 28.9.2 All participants must have the appropriate pre-participation packet completed including the pre-participation physical per the AIA Executive Board as recommended by the AIA Sports Medicine Advisory Committee for the respective participants (See Article 15, Section 15.7).
 - 28.9.3 In order to further participation in the Unified Sports initiative, participation by SOAZ athletes will have the following exceptions to AIA eligibility requirements:
 - 28.9.3.1 Exception regarding enrollment and domicile (Article 15, Section 15.5 and 15.3.1): SOAZ athletes may participate in a cooperative program among member schools for the purpose of creating combined school teams.
 - 28.9.3.2 Exception to Academic Rule (Article 15, Section 15.4.1): SOAZ students participating will follow the guidelines as set forth in their individual educational plans.
 - 28.9.3.3 Exception to the Age Limit Rule (Article 15, Section 15.6): SOAZ athletes will be eligible per age limitation of SOAZ and AIA rules for Unified Aquatics.