

ARTICLE 25

SOCCER

25.1 RULES

- 25.1.1 Official rules for soccer shall be those published in the current edition of the National Federation Soccer Rules Book.
- 25.1.1.1 EXCEPTIONS: Field Size - Minimum width 53-1/3 yards, minimum length 110 yards. Modified football goal post installations are acceptable.
- 25.1.2 School athletic programs at all levels are subject to disciplinary action when a school team is removed from the floor or field prior to completion of the contest.
- 25.1.3 Any coach, non-playing contestant, or non-participating school personnel who leave the team's bench area and engage in violent conduct against their opponent or game officials shall cause the game to be terminated.
- 25.1.3.1 The game will be declared a forfeiture to the offended team. If both teams engage in violent conduct against each other or game officials, the game will be terminated and each team will be charged with one loss.
- 25.1.3.2 If the above occurs during tournament play, the offending team(s) will be removed from further tournament competition.
- 25.1.3.3 Further sanctions may be imposed by the AIA Executive Board.
- 25.1.4 Varsity regular season, and Post-Season tournament progression soccer games, which are tied after the completion of regulation play, shall be resolved in the following manner: The teams shall play two ten-minute overtime periods. *In regular season varsity play the games, if tied at the end of the second overtime period, shall **remain** a tie and no kicks from the mark shall be played.* In Post-season tournament progression soccer games only. The winner shall be determined by the Procedures to Determine the Winner of a Match as outlined in 25.1.5.
- 25.1.4.1 The interval between the fourth period or second half and the first overtime period shall be five minutes during which time a coin toss shall be held. The interval between the first overtime period and the second overtime period shall be two minutes.
- 25.1.5 Procedures to Determine the Winner of a Match
- 25.1.5.1 The referee shall choose the goal at which the kicks will be taken.
- 25.1.5.2 The referee tosses a coin and the team whose captain wins the toss decides whether to take the first or second kick.
- 25.1.5.3 The referee shall keep a record of the kicks being taken.
- 25.1.5.4 The kicks shall be taken alternately by the teams.
- 25.1.5.5 Both teams take five kicks unless, before both teams have taken five kicks, one team has scored more goals than the other could score, even if it were to complete its five kicks. No more kicks are taken.
- 25.1.5.6 If after both teams have taken five kicks, or both have scored the same number goals, or have not scored any goals, kicks continue to be taken in the same manner until one team has scored a goal more than the other from the same number of kicks.
- 25.1.5.7 A goalkeeper who is injured while kicks are being taken and is unable to continue as the goalkeeper may be replaced by a named substitute.
- 25.1.5.8 With the exception of 25.1.5.11, only the players on the field at the end of the second overtime period may take kicks.

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- 25.1.5.9 Each kick is taken by a different player and all eligible players must take a kick before any player can take a second kick.
- 25.1.5.10 An eligible player may change places with the goalkeeper at any time kicks from the penalty mark are being taken.
- 25.1.5.11 When a team finishes the match with more players than their opponents, that team shall reduce their numbers to equate with their opponents and inform the referee of the name and number of each player excluded.
- 25.1.5.12 Before the start of kicks from the penalty mark, the referee shall ensure that only an equal number of players from each team remain on the field.
- 25.1.6 Post-Season championship games, which are tied at the end of 80 minutes of play, shall be resolved by two consecutive ten-minute overtime periods, as stated above.
 - 25.1.6.1 If, at the conclusion of the two consecutive ten-minute overtime periods, a tie still exists, there shall be no more than two five minute sudden victory overtime periods.
 - 25.1.6.2 If a tie still exists, the Post-Season Champion shall be determined as outlined in paragraph 25.1.5 Procedures to Determine the Winner of a Match.

25.2 SEASON OF SPORT

- 25.2.1 The AIA Standardized Calendar shall be used to identify the starting week for practice, competition and the conclusion of post-season competition.
- 25.2.2 The season of competition for a school shall conclude with that school's last AIA sanctioned competition.
- 25.2.3

<u>Fall Season</u>	Practice	no sooner than the	6 th week
	Competition	no sooner than the	9 th week
	Championship	to be concluded by the	23 rd week
<u>Winter Season</u>	Practice	no sooner than the	18 th week
	Competition	no sooner than the	21 st week
	Championship	to be concluded by the	34 th week
- 25.2.4 **Pre-Competition Practice** – Practice shall be conducted in a manner consistent with the guidelines set forth in Bylaw 14.17.2 – Heat Acclimatization Protocol, where applicable.
- 25.2.5 Contact Rule/ Heading Training - Definition of Contact Rule/Heading Training – Specific activities wherein the student-athlete(s) actively heads the ball consistently as a manner of technical training. Contact/Heading during the course of simulated match activities does not constitute specific heading training. (i.e. heading a ball from a cross, heading a punted ball during a simulated game, etc).

Pre-Season – During the pre-season, no more than 15 minutes of practice time each day with no more than two training sessions each week may include specific heading activities.

Regular Season/Post-Season – During the regular season and post-season, no more than 15 minutes of practice time each day and no more than 2 practices each week may include specific heading activities.

 - 25.2.5.1 For all pre-season, regular season and post-season practices, specific heading activities shall not be conducted on consecutive days.

25.3 PRESEASON INTERSCHOOL VARSITY SCRIMMAGE

- 25.3.1 A preseason interschool varsity scrimmage may be played with the following guidelines:
 - 25.3.1.1 No advertisement.
 - 25.3.1.2 No official score kept.
 - 25.3.1.3 Game uniforms shall not be worn.
 - 25.3.1.4 AIA officials may be used.

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- 25.3.1.5 Scrimmage shall be open to the public with no admission charge.
- 25.3.1.6 Unlimited substitution.
- 25.3.1.7 Coaching permitted during play.
- 25.3.1.8 Scrimmage shall be limited to four 20-minute quarters.
- 25.3.1.9 One time-out per quarter.
- 25.3.1.10 Any other adjustments mutually agreed upon by the coaches and officials before the scrimmage begins.

25.3.2 Schools may hold multi-school scrimmages while adhering to bylaw 25.3.

25.4 SCHEDULES

25.4.1 If scheduling difficulties occur, schedules may be increased by one game. The additional game shall be approved by the AIA Executive Board.

25.5 NUMBER OF GAMES IN SEASON

25.5.1 No school shall schedule more than **14** varsity games, two of which may be invitational tournaments.

25.5.2 No school shall schedule more than **12** junior varsity or freshman games per team.

25.5.3 No player shall participate in more than **14** soccer games per season, excluding qualifying and post-season tournaments.

25.5.3.1 EXCEPTION: 3A, 2A and 1A school, because of their limited enrollment, may permit a player to participate in an unlimited number of games per season, excluding qualifying and post-season tournaments.

25.6 CONTEST PARTICIPATION

25.6.1 When a student enters an interscholastic contest, regardless of the length of time, it shall be considered participation in the interscholastic contest.

25.7 COACHES / COACHING

25.7.1 The AIA shall not have regulations concerning coaches coaching their own school teams during the summer vacation period. Summer vacation period shall be identified as beginning with the last day of school and extending to the first day of football practice allowed by AIA bylaw.

25.7.2 Coaches may coach their own teams and/or team members beyond the first day of football practice, providing the team is participating in a summer league playoff game or tournament.

25.7.3 Coaches / Players - Game participation outside the season of sport between coaches and players of a single school for fund raising or entertainment purposes will not jeopardize the eligibility of any high school player.

25.8 SCHOOL EQUIPMENT

25.8.1 The only school equipment which may be used out-of-season is weightlifting equipment and the soccer field, including goals.

25.8.2 School Transportation During Summer - School provided transportation for summer activities is a local option.

25.9 POST-SEASON TOURNAMENTS**25.9.1 Post-Season Tournaments**

NOTE: See Article 12 for additional post-season tournament rules.

25.9.1.1 Dates and Sites

25.9.1.1.1 Conferences may recommend the dates and sites of post-season tournaments.

25.9.1.1.2 The AIA Executive Board shall determine the dates and sites of post-season tournaments.

25.9.1.1.3 There shall be individual and/or team post-season tournaments as determined by the Executive Board.

25.9.2 Awards - The AIA shall be responsible for the purchase and standardization of all post-season tournament awards. (See Article 13, Section 13.1).

25.9.3 Practice On-Site - A practice or competition on the site of the Region or Post-Season Championship Tournament, except for a regularly scheduled contest, is not permitted for seven calendar days prior to the Region or Post-Season Championship, except in the case of the host school.

DETERMINATION: The host school may practice at the site only if that is their regular practice site. (Ex. Bd. 10/77).

25.9.4 Protests

25.9.4.1 In the event of a question or a protest during a qualifying game or post-season tournament, the decision of the Tournament Director and/or Tournament Games Committee shall be final.

25.9.4.2 Regular season protests, if any, will be handled as indicated in the current edition of the National Federation Soccer Rules Book.