

Cross Country (Girls) Championship Teams

Division I

Year	Winning Team	Head Coach	Runner-up	Third Place
2018	Xavier Prep (71)	Dave Van Sickle	Chandler (93)	Highland (105)
2017	Chandler (55)	Matt Lincoln	Xavier Prep (77)	Desert Vista (124)
2016	Desert Vista (20)	Jeff Messer	Chandler (105)	Highland (112)
2015	Chandler (46)	Matt Lincoln	Xavier Prep (51)	Desert Vista (56)
2014	Desert Vista (30)	Jeff Messer	Xavier Prep (83)	Highland (140)
2013	Desert Vista (60)	Jeff Messer	Xavier Prep (70)	Mountain View (Mesa) (145)
2012	Xavier Prep (55)	Dave Van Sickle	Mountain View (Mesa) (75)	Desert Vista (105)
2011	Xavier Prep (22)	Dave Van Sickle	Desert Vista (81)	Highland (98)
2010	Xavier Prep (37)	Dave Van Sickle	Desert Vista (94)	Mountain View (Mesa) (106)

Division II

Year	Winning Team	Head Coach	Runner-up	Third Place
2018	Flagstaff (94)	Trina Painter	North Canyon (96)	Sunrise Mountain (120)
2017	Flagstaff (49)	Trina Painter	Chaparral (80)	North Canyon (127)
2016	Flagstaff (63)	Trina Painter	Chaparral (105)	Catalina Foothills (196)
2015	Flagstaff (59)	Trina Painter	Sunrise Mountain (156)	Catalina Foothills (158)
2014	Catalina Foothills (84)	Mike Smith	Flagstaff (96)	Vista Grande (120)
2013	Flagstaff (34)	Trina Painter	Catalina Foothills (87)	Prescott (186)
2012	Flagstaff (63)	Trina Painter	Catalina Foothills (103)	Cactus Shadows (131)
2011	Flagstaff (62)	Trina Painter	Sahuaro (93)	Catalina Foothills (105)
2010	Nogales (77)	Manny Gatica	Marcos de Niza (97)	Sahuaro (128)

Division III

Year	Winning Team	Head Coach	Runner-up	Third Place
2018	Salpointe Catholic (66)	Mike Urbanski	Prescott (129)	Ganado (145)
2017	Ganado (101)	Anna James	Coconino (108)	Salpointe Catholic (116)
2016	Salpointe Catholic (97)	Mike Urbanski	Coconino (118)	Ganado (119)
2015	Page (64)	MacArthur Lane	Window Rock (110)	Rio Rico (115)
2014	Page (65)	MacArthur Lane	Window Rock (96)	Chinle (102)
2013	Rio Rico (89)	Stephen Schadler	Mingus Union (132)	Page (149)
2012	Page (51)	MacArthur Lane	Mingus Union (58)	Chinle (110)
2011	Chinle (74)	Shaun Martin	Page (77)	Saguaro (99)
2010	Page (94)	Theodore Martin	Chinle (98)	Flagstaff (108)

Division IV

Year	Winning Team	Head Coach	Runner-up	Third Place
2018	St. Michael (63)	Kelly Bia	Hopi (102)	Chandler Prep (137)
2017	Northland Prep (70)	Missy Acker	Hopi (134)	St. Michael (137)
2016	Northland Prep (78)	Missy Acker	Hopi (118)	Scottsdale Prep (149)
2015	Scottsdale Prep (64)	Bob Shisler	Northland Prep (74)	Hopi (112)
2014	Northland Prep (37)	Missy Acker	Scottsdale Prep (139)	American Leadership (QC) (159)
2013	Hopi (38)	Laverne Lomakema	Pusch Ridge (56)	Scottsdale Prep (69)
2012	Hopi (47)	Laverne Lomakema	Pusch Ridge (62)	Northland Prep (87)
2011	Hopi (39)	Elmer Yazzie	Pusch Ridge (78)	Northland Prep (83)
2010	Hopi (31)	Laverne Lomakema	Sedona Red Rock (66)	Northland Prep (92)

Cross Country (Girls) Championship Teams

Class 5A

Division I

Year	Winning Team	Head Coach	Runner-up	Third Place
2009	Xavier Prep (31)	Dave Van Sickle	Desert Vista (74)	Highland (77)
2008	Xavier Prep (87)	Dave Van Sickle	Mountain View (Mesa) (95)	Highland (145)
2007	Xavier Prep (69)	Dave Van Sickle	Mountain Ridge (89)	Mountain View (Mesa) (94)
2006	Salpointe Catholic (82)	Malisa Carino	Xavier Prep (111)	Mountain Ridge (121)
2005	Mountain Pointe (58)	Geoffrey Owers	Desert Vista (103)	Mountain Ridge (116)

Division II

Year	Winning Team	Head Coach	Runner-up	Third Place
2009	Ironwood Ridge (40)	Rob Clouse	Pinnacle (66)	Sunnyside (115)
2008	Ironwood Ridge (38)	Rob Clouse	Pinnacle (60)	Sunnyside (104)
2007	Ironwood Ridge (44)	Rob Clouse	Mountain View (Marana) (47)	Marcos de Niza (98)
2006	Sandra Day O'Connor (28)	Brian Dempsey	Mountain View (Marana) (87)	Flowing Wells (111)
2005	Mountain View (Marana) (61)	Dennis Hansen	Sandra Day O'Connor (70)	Flowing Wells (102)

Class 5A

Year	Winning Team	Head Coach	Runner-up	Third Place
2004	Flowing Wells (73)	Mandee Fish	Mountain Pointe (75)	Desert Vista (100)
2003	Mountain Pointe (60)	Geoffrey Owers	Desert Vista (97)	Mountain Ridge (150)
2002	Mountain Pointe (51)	Geoffrey Owers	Desert Vista (78)	Desert Mountain (127)
2001	Mountain Pointe (37)	Geoffrey Owers	Xavier Prep (128)	Mountain View (Marana) (129)
2000	Desert Vista (41)	Erin Scroggins	Gilbert (116)	Mountain Ridge (120)
1999	Mountain Ridge (49)	Scott Pestka	Mountain Pointe (116)	Desert Vista (131)
1998	Desert Vista (69)	Chris Hanson	Xavier Prep (85)	Desert Mountain (172)
1997	Xavier Prep (112)	Dave Van Sickle	Desert Mountain (145)	Kingman (146)
1996	Xavier Prep (60)	Dave Van Sickle	Horizon (68)	Westwood (111)
1995	Xavier Prep (32)	Dave Van Sickle	Westwood (107)	Desert Vista (113)
1994	Deer Valley (44)	Lynne Hallford	Xavier Prep (50)	Gilbert (84)
1993	Deer Valley (32)	Lynne Hallford	Gilbert (62)	Mountain Pointe (130)
1992	Gilbert (80)	Stacy Gardner	Deer Valley (83)	Canyon del Oro (143)
1991	Red Mountain (74)	David Hines	Deer Valley (156)	Moon Valley (160)
1990	Sahuaro (92)	Jeff Lockwood	Red Mountain (119)	Canyon del Oro (122)
1989	Sahuaro (88)	Jeff Lockwood	Chandler (105)	Canyon del Oro (119)
1988	Sahuaro (89)	Jeff Lockwood	Mesa (101)	Canyon del Oro (133)
1987	Shadow Mountain (97)	Richard Garcia	Apollo (133)	Salpointe Catholic (149)
1986	Shadow Mountain (77)	Richard Garcia	Corona del Sol (94)	Buena (112)
1985	Shadow Mountain (76)	Richard Garcia	Canyon del Oro (93)	Westwood (129)
1984	Amphitheater (85)	Sam McClung	Canyon del Oro (102)	Prescott (120)
1983	Horizon (78)	Kathy Newsome	Washington (101)	Canyon del Oro (107)
1982	Buena (118)	Dick Haines	Amphitheater (140)	Coronado (146)
1981	Chaparral (126)	Dick Stolper	Sahuaro (141)	Palo Verde (170)
1980	Sahuaro (64)	Jeff Lockwood	Coronado (75)	Chaparral (157)
1979	Coronado (48)	Dave Archibald	Sahuaro (109)	Buena (120)
1978	Coronado (51)	Dave Archibald	Buena (80)	Shadow Mountain (109)
1977	Buena (41)	Dick Haines	Shadow Mountain (43)	Prescott (82)

Cross Country (Girls) Championship Teams

Class 4A

Division I

Year	Winning Team	Head Coach	Runner-up	Third Place
2009	Nogales (47)	Manny Gatica	Cactus Shadows (88)	Sabino (114)
2008	Sandra Day O'Connor (66)	Brian Dempsey	Saguaro (77)	Nogales (110)
2007	Sandra Day O'Connor (47)	Brian Dempsey	Cactus Shadows (74)	Nogales (86)
2006	Catalina (45)	Kathleen Espinoza	Saguaro (67)	Ironwood Ridge (101)
2005	Catalina Foothills (69)	Eric Grossman	Ironwood Ridge (90)	Saguaro (138)

Division II

Year	Winning Team	Head Coach	Runner-up	Third Place
2009	Page (72)	Theo Martin	Flagstaff (75)	Rio Rico (76)
2008	Flagstaff (74)	Trina Painter	Page (82)	Rio Rico (94)
2007	Rio Rico (79)	Roger Bristow	Flagstaff (84)	Catalina (94)
2006	Page (37)	Mark Lomeland	Flagstaff (59)	Coconino (100)
2005	Page (42)	Mark Lomeland	Flagstaff (59)	Rio Rico (101)

Class 4A

Year	Winning Team	Head Coach	Runner-up	Third Place
2004	Flagstaff (77)	Trina Painter	Page (110)	Catalina Foothills (113)
2003	Flagstaff (55)	Sharon Falor	Catalina Foothills (69)	Cactus Shadows (134)
2002	Flagstaff (34)	Sharon Falor	Catalina Foothills (96)	Arcadia (101)
2001	Flagstaff (57)	Sharon Falor	Chinle (88)	Cactus Shadows (97)
2000	Flagstaff (76)	Sharon Falor	Page (113)	Chaparral (177)
1999	Page (74)	Jim Trapp	Catalina Foothills (104)	Chinle (124)
1998	Page (38)	Mark Lomeland	Chinle (105)	Catalina Foothills (107)
1997	Chinle (43)	Steve Keiser	Page (45)	Catalina Foothills (85)
1996	Chinle (53)	Steve Keiser	Flowing Wells (54)	Centennial (115)
1995	Catalina Foothills (86)	Ron Grant	Chinle (88)	Gilbert (102)
1994	Chinle (77)	Steve Keiser	Centennial (101)	Sabino (137)
1993	Chinle (65)	Steve Keiser	Page (82)	Mountain View (Mesa) (162)
1992	Page (60)	Paul Worthen	Mountain View (Marana) (107)	Cactus (137)
1991	Page (76)	Paul Worthen	Cactus (77)	Sahuaro (134)
1990	Flagstaff (58)	Dusty Sullivan	Desert View (134)	Douglas (144)
1989	Lake Havasu (47)	Ray Reynolds	Prescott (110)	Flagstaff (120)
1988	Lake Havasu (75)	Ray Reynolds	Red Mountain (93)	Flagstaff (114)
1987	Prescott (38)	Tim Carter	Tuba City (109)	Arcadia (126)
1986	Prescott (47)	Tim Carter	Lake Havasu (60)	Cactus (134)
1985	Prescott (69)	Tim Carter	Lake Havasu (102)	Cactus (152)
1984	Tuba City (27)	Janet Lomakema	Lake Havasu (87)	Window Rock (97)
1983	Tuba City (21)	Bud Davis	Nogales (82)	Winslow (88)
1982	Tuba City (18)	Janet Lomakema	Mingus Union (95)	Nogales (104)
1981	Tuba City (30)	Steve Shapiro	Flowing Wells (71)	Lake Havasu (103)
1980	Flagstaff (33)	Clair Harris	Tuba City (43)	Flowing Wells (88)
1979	Flowing Wells (53)	Hayden Smith	Tuba City (68)	Flagstaff (113)
1978	Tuba City (40)	Janet Tsingine	Winslow (84)	Canyon del Oro (114)
1977	Winslow (44)	Dave Conatser	Canyon del Oro (83)	Flagstaff (89)
1976	Winslow (37)	Dave Conatser	Coconino (47)	Flagstaff (73)

Cross Country (Girls) Championship Teams

Class 3A

Year	Winning Team	Head Coach	Runner-up	Third Place
2009	Chinle (34)	Shaun Martin	Sedona Red Rock (85)	Tuba City (96)
2008	Chinle (50)	Shaun Martin	Tuba City (71)	Blue Ridge (79)
2007	Chinle (50)	Melissa Martin	Blue Ridge (62)	Winslow (70)
2006	Chinle (40)	Melissa Martin	Winslow (103)	Ganado (111)
2005	Ganado (61)	Anna James	(TIE) Window Rock (90) (TIE) Winslow (90)	
2004	Ganado (41)	Kyle O'Dell	Window Rock (84)	Hopi (117)
2003	Hopi (31)	Harvey Honyouti	Ganado (72)	Round Valley (76)
2002	Hopi (55)	Harvey Honyouti	Ganado (83)	Window Rock (97)
2001	Payson (53)	Chuck Hardt	Hopi (65)	Ganado (77)
2000	Tuba City (43)	Milfred Tewawina	Payson (75)	Window Rock (91)
1999	Tuba City (26)	Milfred Tewawina	Ganado (67)	Winslow (117)
1998	Tuba City (53)	Milfred Tewawina	Ganado (59)	Window Rock (72)
1997	Tuba City (43)	Milfred Tewawina	Window Rock (67)	Ganado (116)
1996	Ganado (50)	Jim Lujan	Fountain Hills (72)	Monument Valley (115)
1995	Ganado (32)	Dave Hamons	Window Rock (87)	Fountain Hills (87)
1994	Ganado (33)	Jim Lujan	Monument Valley (85)	Round Valley (90)
1993	Monument Valley (47)	Darryl Reichard	Ganado (82)	Tuba City (84)
1992	Monument Valley (49)	Darryl Reichard	Ganado (59)	Chinle (74)
1991	Monument Valley (28)	Ralph Farr	Ganado (68)	Tuba City (100)
1990	Monument Valley (30)	Ralph Farr	Tuba City (49)	Ganado (84)
1989	Monument Valley (39)	Ralph Farr	N/A	N/A
1988	Hopi (36)	Harvey Honyouti	Monument Valley (59)	Chinle (90)
1987	Hopi (42)	Harvey Honyouti	Monument Valley (43)	Window Rock (82)
1986	Tuba City (26)	Janet Lomakema	Monument Valley (73)	Chinle (86)
1985	Monument Valley (51)	Ralph Farr	Tuba City (57)	Window Rock (129)
1984	Monument Valley (39)	Ralph Farr	Page (94)	Many Farms (122)
1983	Monument Valley (54)	Ralph Farr	Page (58)	Bisbee (91)
1982	Bisbee (19)	Leonard Suarez	Many Farms (71)	Monument Valley (93)
1981	Ajo (64)	Jose Nogales	Monument Valley (75)	Chinle (81)
1980	Monument Valley (56)	Ralph Farr	Mohave (70)	Chinle (89)
1979	Mohave (56)	Paul Tribb	Ganado (64)	Monument Valley (65)
1978	Monument Valley (N/A)	Ralph Farr	N/A	N/A
1977	Window Rock (34)	Bill Cowley	Monument Valley (35)	N/A

Cross Country (Girls) Championship Teams

Class 1A/2A

Year	Winning Team	Head Coach	Runner-up	Third Place
2009	Hopi (52)	Laverne Lomakema	Northland Prep (54)	Valley (Sanders) (76)
2008	Hopi (32)	Laverne Lomakema	Northland Prep (51)	Valley (Sanders) (81)
2007	Hopi (36)	Harvey Honyouti	Northland Prep (46)	Valley Christian (90)
2006	Valley Christian (90)	Erika Jackson	Valley (Sanders) (91)	Yuma Catholic (98)
2005	Yuma Catholic (42)	Ralph Farr	Pinon (65)	Tempe Prep (138)
2004	Yuma Catholic (94)	Ralph Farr	Scottsdale Christian (101)	(TIE) Valley (Sanders) (117) (TIE) Many Farms (117)
2003	Valley (Sanders) (70)	Lucas Lucio	Many Farms (74)	Yuma Catholic (90)
2002	St. Michael (69)	Terry Thompson	Many Farms (92)	Tombstone (94)
2001	St. Michael (46)	Terry Thompson	Many Farms (72)	Bisbee (113)
2000	Hopi (22)	Harvey Honyouti	St. Michael (77)	Valley Christian (94)
1999	Hopi (20)	Harvey Honyouti	St. Michael (98)	Willcox (134)
1998	Hopi (36)	Harvey Honyouti	Tombstone (103)	Willcox (122)
1997	Hopi (23)	Harvey Honyouti	Willcox (57)	Valley (Sanders) (138)
1996	Hopi (25)	Harvey Honyouti	Alchesay (56)	Willcox (83)
1995	St. Michael (30)	Gary Morrow	Hopi (68)	Alchesay (87)
1994	Hopi (28)	Harvey Honyouti	Willcox (63)	Benson (69)
1993	Hopi (42)	Harvey Honyouti	Benson (59)	Bisbee (73)
1992	Hopi (43)	Harvey Honyouti	Alchesay (69)	Valley (Sanders) (88)
1991	Hopi (32)	Harvey Honyouti	Alchesay (79)	Benson (100)
1990	Hopi (18)	Harvey Honyouti	Monument Valley (62)	Alchesay (68)
1989	Hopi (31)	N/A	Alchesay (87)	Valley Christian (112)

NO TOURNAMENTS HELD

1983	Ajo (29)	Jose Nogales	Benson (39)	Baboquivari (71)
1982	Benson (31)	Jerry Lee	Ajo (38)	Willcox (79)
1981	Show Low (30)	Jim Hart	Benson (51)	Baboquivari (63)
1980	Show Low (30)	Jim Hart	Florence (81)	Benson (85)