



MINUTES
SPORTS MEDICIEN ADVISORY COMMITTEE MEETING
December 12, 2019

Members Attendance:

Javier Cardenas
Randy Cohen*
Tamara McLeod*
David Messman

AIA Staff Present:

David Hines, Executive Director
Mark Mignella, Legal Counsel
Tayler Coady, Executive Assistant

*Indicates Conference Call-In

➤ **OPIATE EDUCATION**

- The English version of the Opiate Education Course has been completed. They are currently working on the Spanish version.
- Course takes about 25-30 minutes to complete
- Only requiring students to complete once during high school.
 - Encourage parents / coaches to take the course as well
 - The school has the option to require the students to take it more than once.
- Item will be brought to the Executive Board during the February meeting for approval into the Policies and Procedures Article 41.

➤ **2019 SMAC HEALTH SURVEY**

- Survey was sent out to all member schools administrators for completion regarding health and safety at their school.
- 78% completed the survey
 - 92% completed were by the Athletic Director or Athletic Trainer
 - 99% of respondents has at least one AED on site
- Higher percentage rate of completion from the small schools (1A-3A)

➤ **AZ ATHLETIC TRAINER INITIATIVE**

- The Arizona Athletic Trainer Initiative was provided another opportunity during the Arizona Cardinals game and the 50/50 Raffle to raise funds for the initiative.
 - This was the 3rd opportunity for the Az AT Initiative
 - \$143,330 was raised during the game – Initiative will receiving \$71,665

➤ **MENTAL HEALTH**

- Leagues are looking at screening, post injury, suicide, prevention, possible treatments surrounding mental health.
- Strategies to help address high school athletes mental health have been discussed
- AzATA have an 8 hour training at symposium (30 ATs took the course during the summer and 30 will take in the winter)

Meeting Adjourned 9:00 am
Next Meeting: January 30, 2020