WRESTLING COACH WORKSHOP 2019 - 20
WRESTLING POINTS OF EMPHASIS
2019 - 20

• 1. Wrestlers Equipment
  • a. Verification
  • b. Inspection
  • c. Compliance
  • d. Appearance/Uniform

• 2. Stalling
• 3. Concussion Evaluation Time Extension
• 4. Sportsmanship Enforcement
• 5. Importance of Hydrations with Body Fat Assessment
State of Wrestling

- Girls wrestling issues
- Weight class change from 14 to ?
- Disparity of competition - forfeits
- Lack of participation opportunities
- Who does Skin Checks at tournaments
- Lack of emphasis on dual meets
- Length of competitions

- The high school coach MUST take the lead to address each of these areas at all levels of wrestling which occur in or around his/her community.
Common opponent

- When the Sectional Site Director seeds at least two wrestlers for the Sectional tournament by using *common opponents* in the seeding criteria, the Trackwrestling system will search for the *common opponents* both wrestlers have competed against during the current year and calculate their record against those opponents.

- So let’s say wrestler A and wrestler B have 5 *common opponents* and A is 4-1 against the common opponents and wrestler B is 3-2, then it would determine that A gets the higher seed. The great part about the *common opponent* is it is not based on a straight W-L record, returning State medalist, etc. So someone with a stronger schedule or a freshmen can still fair well with the *common opponent* criteria.

- The TW’s **Common Opponent** criteria automatically supersedes Head to Head criteria and it can’t be changed through the TW system.

- The AIA Wrestling Sports Advisory Committee has determined that Head to Head results will over-ride any ‘seed’ changes determined by **Common Opponent**. All ‘seed’ changes will be made by the Sectional Site Director prior to the Sectional Tournament.

- All ‘seed’ changes overriding **Common Opponent** going into the State Tournament will be made by the AIA State Tournament Staff and Tournament Bracket Administration.
WRESTLING CHANGES
2019 - 20

• The makeup of the wrestling sports advisory committee
• The 2019-20 wrestling sports advisory committee will add two (2) female committee members. The rest of the committee will be made up of one AD and one coach per conference. New members will be recommended by the conferences.
2018-19
WRESTLING ADVISORY COMMITTEE

- 1A – Rocky Nelson - Mogollon
- 1A – Brad Fischer – Joseph City
- 2A – Casey Woodall - Morenci
- 2A - David Brittain – Tempe Prep
- 3A – Ernie Rivers – Page
- 3A – Darelyn Rock – Chino Valley
- 4A – Bryan Smith – Moon Valley
- 4A – Dr. Justin Hartman – Mingus Union
- 5A – Sean Flannigan - Ironwood
- 5A – Stacy Spencer – Deer Valley
- 6A – David Gonzales – Desert Vista
- 6A – Shawn Rustad – CUSD
- At large Chandler Evans – SDO
- At Large Steve Wene – Arizona Lutheran
GIRLS DIVISION I

- Section I  Desert Vista HS
- Saturday February 1st 2020
- Section II  Tolleson HS
- Saturday February 1st 2020
- Section III  Flowing Wells HS
- Saturday February 1st 2020
- Section IV  Winslow HS
- Saturday February 1st 2020
GIRLS DIVISION I

- Section V  Basha HS
- Saturday February 1st 2020
- Section VI  Moon Valley HS
- Saturday February 1st 2020
- Section VII  Shadow Ridge HS
- Saturday February 1st 2020
- Section VIII  Mohave HS
- Saturday February 1st 2020
Boys Division I

- Section I  Chandler HS
- Saturday February 8th 2020
- Section II  Pinnacle HS
- Saturday February 8th 2020
- Section III  Desert Vista HS
- Saturday February 8th 2020
- Section IV  Skyline HS
- Saturday February 8th 2020
BOYS DIVISION II

• Section I    Flowing Wells HS
• Saturday February 8th 2020
• Section II   Ironwood HS
• Saturday February 8th 2020
• Section III  Agua Fria HS
• Friday February 8th 2020
• Section IV   Campo Verde HS
• Saturday February 8th 2020
BOYS DIVISION III

- Section I  Amphitheater HS
- Saturday February 8th 2020
- Section II  Poston Butte HS
- Saturday February 8th 2020
- Section III  Youngker HS
- Saturday February 8th 2020
- Section IV  Payson HS
- Saturday February 8th 2020
BOYS DIVISION IV

- Section I  Bourgade HS
- Saturday February 8th 2020
- Section II  Willcox HS
- Saturday February 8th 2020
- Section III  Mogollon HS
- Saturday February 8th 2020
- Section IV  Winslow HS
- Saturday February 8th 2020
IMPORTANT DATES

- OFFICIAL FIRST DAY FOR ASSESMENTS - PRACTICE
  - Monday – November 4, 2019
  - LAST DAY FOR ASSESMENTS JANUARY 30, 2020

- FIRST ALLOWABLE DAY FOR COMPETITION
  - Monday – November 25, 2020

- EFFECTIVE DATE OF THE 2LB GROWTH ALLOWANCE
  - Wednesday January 1, 2020

- DEADLINE FOR BOARD CERTIFIED COACHES
  - Friday – January 31, 2020
SECTIONAL & STATE DATES

- **Girls Sectionals**
  - Saturday February 1, 2020
  - **STATE TOURNAMENT** – Prescott Valley Event Center
  - Friday & Saturday February 14 & 15 – 2020

- **Boys Sectionals**
  - Saturday February 8, 2020
  - **STATE TOURNAMENT** – Prescott Valley Event Center
  - Division I & II
  - Thursday & Friday February 13 & 14, 2020
  - Division III & IV
  - Friday & Saturday February 14 & 15, 2020
WRESTLING COACHES PAGE

- Go to aiaonline.org – coaches-wrestling

- Wrestling Tournament Guide
- Skin Lesion Form
- Sports Advisory Minutes
- Member School Board Certified Coaches
- Seeding and Tournament Information
- Dean Visser 602-385-3821
- dvisser@aiaonline.org