

Sports Medicine Advisory Committee Meeting

AGENDA

September 26, 2019

7:30am-9am

7:30am - Introductions

7:35am - Heat Advisories - Matt Belden

7:55am - 2019 SMAC Health survey questions update - Tamara McLeod

8:05am - Survey of State Associations regarding PPE requirements - David Hines

8:15 am - AIA PPE Recommendations - all (see below for possible options)

1. Follow the evidence and don't require them. Only require a waiver and give parents option of doing a PPE through their PCP as part of a well child exam
2. Don't allow mass participation physicals. Strongly encourage a PCP/well child exam, but allow through urgent cares/minute clinics
3. Move towards only 2 exams needed during the course of high school sports (e.g. entering Freshman and Junior years)
4. Initial exam for first year of sports, then only need to sign-off on questionnaire annually unless medical history changes
5. Only require questionnaire screening and waiver and refer to PCP if positive
6. Continue doing what we're doing and wait for other states to take the lead
7. Gather data on where/how kids are getting these done in our state

8:40am - October NFHS SMAC meeting - Javier Cárdenas and David Hines

8:50am - Arizona Athletic Trainer Initiative - Javier Cárdenas

8:55am - Upcoming Symposia - all

9:00am -Adjourn

Next meeting: October 31, 2019