

## 2019-2020 Difficulty Scoring Rubric Show Cheer and Coed Cheer

## **JUMPS RUBRIC**

If 75% or more of the team do not perform the synchronized skill, difficulty score drops into the range directly below.

Double and Triple jumps must be connected with continuous movement using a whip and/or prep approach.

Synchronized Jumps are defined as completing the same skill at the same time.

Roll off jumps are not considered to be synchronized.

DIFFICULTY	EXECUTION
<b>2 points</b> Single synchronized jump	1.0 – 2.0 points  Less than 50% of skills were executed with excellent precision and form.
3 points Double synchronized jumps with no variety	2.0 – 3.0 points 50-75% of skills were executed with excellent precision and form.
4 points  Double synchronized jumps with variety OR Triple synchronized jumps with no variety	3.0 – 4.0 points 75-90% of skills were executed with excellent precision and form.
<b>5 points</b> Triple Synchronized jumps <i>with variety</i>	4.0 – 5.0 points 90% or more of skills were executed with excellent precision and form.