



MINUTES
SPORTS MEDICINE ADVISORY COMMITTEE MEETING
June 20, 2019

Members Attendance:

Javier Cardenas
Steve Erickson
John Kearney
Tamara McLeod
Kristina Wilson
Randy Cohen*

AIA STAFF PRESENT:

David Hines, Executive Director
Mark Mignella, Legal Counsel
Jessica Garcia, Front Office Assistant

*Indicates Conference Call-In

➤ **OPIATE EDUCATION (David Hines)**

- David Hines updates the committee on a new partnership with SweetRush Company, who will be developing a learning program for opiate education.
 - The SweetRush tool will be a 60 min tool with frame by frame questions. If a student gets an answer incorrect, the student must redo the frame.
- The AIA will review the program with the Maricopa County and the Arizona Governor's office. Estimates review by October 2019.

➤ **HEAT RELATED ILLNESS/USE OF RECTAL THERMOMETER (David Hayward)**

- Committee discuss the use of rectal thermometers during potential heat related incidents.
- Tamara McLeod and her team will be working on a survey to gather information from high schools during heat related practice & competition.

➤ **REVIEW OF HEAT POLICY**

- Dr. Cardenas goes over AIA Article 41 with the committee.
- Committee recommends additional resources be available to the public under Heat/Heart/Head tabs on AIA website.
 - 80% of deaths occur during heat related activities & the more education out to the public would help decrease these stats.
 - Tamara strongly recommends under the "Return to Play" policy that step by step instructions for athletic trainers and administrators; which would include and not limited to hydration strategies. This addition would be added 41.3 and 41.4; once approved by the Executive Board.

➤ **REVIEW OF CONCUSSION POLICY**

- Dr. Cardenas and committee review the concussion policy and approves of policy.

➤ **REVIEW OF EAP POLICY**

- The committee reviews Article 41.6.2 and recommends a verbiage change. This change will be up for review at the next Executive Board meeting; August 2019.

➤ **REVIEW OF ADDITIONAL SPORTS MEDICINE POLICIES**

- In this review, the committee discusses if there should be a Cardiac Arrest Policy?
- Under Article 17.1.2, the committee recommends to add the language “current” to First Aid & CRP certification.
 - Steve Erickson will tackle this project and language.
- The Transgender Article since the last update is approved.
- The committee also discusses the Lightning Policy and the NFHS current rules.
 - SMAC recommends to add “and QMP when present” to policy.

Meeting Adjourned 9:00 am

Next Meeting: August 29, 2019