

Hi, just a reminder that you're receiving this email because you have expressed an interest in Arizona Interscholastic Association. Don't forget to add jegarcia@aiaonline.org to your address book so we'll be sure to land in your inbox!

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AIAetc. Newsletter

October 2018



AIAonline.org

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AZPreps365.com

AIA Student Leadership Advisory Committee (SLAC)

SLAC met for the first time this school year on Thursday, September 13th. Discussion focused on how to get leadership programs started at each AIA school especially SLAC member schools. Suggestions included using clubs that may already exist and add a leadership element, finding other leaders on campus to help initiate a new club and requesting assistance from the school's athletic director and/or coaches.

The students also heard from the five students who attended the NFHS National Summit this past summer and re-committed to working toward establishing a statewide leadership conference this Spring. The goal would be to have as many as two students (one male, one female) from each AIA school attend. The conference would be modeled on what was experienced at the National Conference.

SLAC has also committed to have representatives at the Winter Coaches meeting on Saturday, October 27th. The message they want to bring will focus on sportsmanship, the influence coaches have on the students and parents, and a desire to build participation and attendance for each program at the school.

SLAC meets again on Wednesday, November 14th from 10:00 a.m. to 2:00 p.m. Committee members are asked to wear a game jersey as they continue to participate in #MYREASONWHY program. Students will be recorded stating their reasons for participating in interscholastic sports and activities.

Bylaw Workshops & AIA Updates

The following dates , time and locations have been set for the 2018-2019 Bylaw Workshops.

Twin Arrows Resort - Oct 3 - 10:00AM-1:00PM (AZ Time Zone)

Show Low High School - Oct 4 - 10:00AM-1:00PM

Raymond S. Kellis High School - Oct 10 - 9:00AM-12:00PM

Chandler District Office - October 29 9:00AM-12:00PM

Important Dates

2018-19 Executive Board Meetings

Oct 15, 2018

Nov 19, 2018

Dec 10, 2018

Jan 22, 2019

Feb 19, 2019

March 18, 2019

April 15, 2019

May 20, 2019

2018-19 Hardship Appeal Dates

Winter Sports - Oct 22-24, 2018 (Deadline Oct 15)

Spring Sports - Jan 28-29, 2019 (Deadline Jan 21)

2018-19 Coaches Information Meetings

Winter Sports Oct 27, 2018

Spring Sports Feb 2, 2019

Legislative Council Meeting

March 1, 2019

Contact Joe Paddock (jpaddock@aiaonline.org) if you have specific Bylaws you would like covered or Bylaw questions you would like addressed.

**Please Support
Your Partners**

AIA Passes

Information on how to request your 2018-19 complimentary AIA Passes has been sent to all member schools and districts. Please contact Robyn Bingham at rmbingham@aiaonline.org if you are in need of those instructions or assistance.

Remember, you MUST email Robyn to notify her when your school profile updates are complete and your pass request has been submitted. Passes will not be printed without that email notification.

****Please note****

AIA Bylaw 14.11.2 Complimentary Pass - A
Complimentary Pass shall admit the holder and one guest to any member high school interscholastic competition.

14.11.2.1 Each year member schools that have paid their annual dues and fees shall receive the number of complimentary passes specified below under their Conference classification:

NOTE: A Purchase Order does not qualify as payment. Actual payment must have been received at the AIA Finance Office, inclusive of all past due invoices.

Requests for additional copies of current and past due invoices may be made to AIA Finance via email to arichmond@aiaonline.org or ddoser@aiaonline.org

Legislative Council

View the link below for the results of the March 2, 2018 Legislative Council Meeting.

[Legislative Council Meeting](#)

Arizona Super Bowl Host Committee Grant

ATTENTION: Administrators and Coaches,

Wilson



VALLEY TOYOTA DEALERS



The AIA is proud to be working with the Barrow Neurological Foundation as one of the recipients of the Arizona Super Bowl Host Committee grants.

Click on the link below to view the press release:
[AZSBHC Grant Funding Recipients News Release](#)

Finance Dept

RefPay - Fund Early, Fund Big!

Please be sure the school's RefPay balance is sufficient at all times during the season to pay out officials immediately. It has been a recurring problem where officials are awaiting payment for many weeks while a school funds their RefPay balance.

To request a RefPay Invoice, please email Amy at arichmond@aiaonline.org. State school name and amount of invoice needed. It will be sent via return email. No phone calls, please.

Frequent insufficient funds may result in Officials not being assigned events or events may be moved. Many officials will not accept assignments to schools who are habitually late in payments.

Should assistance be needed please contact:
Denise ddoser@aiaonline.org
Jeanie jkosower@aiaonline.org

RefPay Transaction Fee

For nine years, 2009 - 2018 the AIA/RefPay relationship had locked in a transaction fee of \$1 per official's payment. Arizona and the AIA have been the flagship account for RefPay using this model.

While Arizona's rate remains below the national standard for schools and other associations, ArbiterSports needed to increase this transaction fee to keep pace with expenses, etc.

Beginning this year, FY 2018-19, this transaction fee will be increase as required by ArbiterSports.



Benedictine
University
Mesa



For the subsequent five years - these rates have been locked in per transaction:

2018-19	\$1.50
2019-20	\$1.50
2020-21	\$1.50
2021-22	\$1.75
2022-23	\$1.75



Again, this rate is below ArbiterSports standard rates as a courtesy to Arizona and our long standing relationship. The benefit to the membership still far outweighs this nominal fee.

Should questions remain, please contact Denise Doser - ddoser@aiaonline.org 602-385-3819



Post Season Tournaments - Prepare Early

As the post season tournament time approaches, for those schools hosting post season tournaments please remember:

BUDGET- pre approved 1st & 2nd round High Seed Sites (HSS)

<http://aiaonline.org/athletics/budget-expense>

Employee Compensation Charts for 1st-2nd round HSS

<http://aiaonline.org/files/15317/comp-chart-state-basketball-high-seed-1st-and-2nd-round.pdf>

TIER: Download the most current version of the TIER

<http://aiaonline.org/about/procedures-manual>

KNOW THE AT/QMP Protocol!

<http://aiaonline.org/files/14634/qualified-medical-professionalemmt-coverage-at-aia-post-season-events.pdf>

Any questions on hosting 1st-2nd round High Seed Sites please contact the AIA Sports Administrator for the sport or a member of the AIA Finance Team.

Media

Post Season Media Rights Agreements

All schools slated to audio or video broadcast a postseason event are reminded to turn in a [Media Rights Agreement](#) before each scheduled event. Video broadcasts not occurring on the NFHS Network must be syndicated in lieu of third-party payments. Audio broadcasts are free, but the AIA still requires a rights agreement to be submitted. Please review the [FAQ page](#) referring to media rights and syndication.

Support Our Partners:

Childhelp



Many think that roughhousing and "tough love" is just part of being involved in sports. In today's world, the line between pushing an athlete to do their best, abuse and bullying can be blurred. It is the responsibility of adults and the athletic community to ensure student-athletes are protected, on and off the field. Childhelp Speak Up Be Safe for Athletes prevention education raises much-needed awareness of abuse in athletics. The campaign exists to promote the safe physical, emotional, educational and spiritual development of youth athletes. It is designed to teach children and also to aid coaches, educators, and parents in providing secure environments where students can reach their ultimate potential. The first safety rule of Childhelp Speak Up Be Safe for athletes, "It's MY body," teaches students how to speak up if they feel uncomfortable with a peer athlete or even a coach. Kids should know, a bathing suit covers what is private. There should be no private, secret touching or crossing personal boundaries. For more information and to bring the free campaign to your school, team, and community, please visit <http://bit.ly/1W53YVm>



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Sprouts

Sprouts is looking for that person who helps high schoolers achieve to new levels of success.

Nominate your #SproutsSportsParent today and recognize those that make a big difference:

<https://www.sprouts.com/sportsparent>



Gatorade

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KEEP THEM HYDRATED, KEEP THEM SAFE

5 TIPS TO HELP ATHLETES STAY HYDRATED

- 1 KEEP HYDRATION TOP OF MIND**
 - Remind athletes to check their urine color before practice. If it's the color of pale lemonade, that's a sign of being hydrated.
 - Take weather into account and give athletes opportunities to drink during practice.
 - Teach athletes to pay attention to how they feel, including their thirst and energy levels.
- 2 KEEP FLUID LEVELS UP**
 - Athletes should drink enough fluid to maintain hydration without over-drinking.
 - Flavored, cold, lightly salted sports drinks like Gatorade® Thirst Quencher are important, because sodium helps maintain the athlete's desire to drink and retain the fluid consumed.
- 3 KEEP THE BODY COOL**
 - Remind athletes to drink cool fluids to help maintain their body temperature.
 - If your athletes experience heat illness, help them lower their body temperature by laying them down in a cool place with their legs elevated, applying cool, wet towels to their body and having them drink cool fluids.
- 4 KEEP HYDRATED BEFORE, DURING AND AFTER ACTIVITY**
 - Athletes need to think about their entire athletic schedule when it comes to fueling (not just when they are competing).
 - Encourage them to drink plenty of fluids throughout the day to replace the fluids lost through sweat.
- 5 KEEP A RECOVERY SCHEDULE**
 - Rest and recovery are an essential part of avoiding heat illness.
 - Ensure your athletes have time for breaks during practices.
 - Encourage athletes to get 6-8 hours of sleep each night in a cool environment if possible.

THE EFFECTS OF DEHYDRATION:

- DECREASED PERFORMANCE
- DECREASED FLUID ABSORPTION
- DECREASED MENTAL FUNCTION
- DECREASED TOLERANCE TO HEAT
- DECREASED MOTOR SKILLS

THE SYMPTOMS OF DEHYDRATION:

- NAUSEA
- FATIGUE/EXHAUSTION
- LIGHT-HEADEDNESS
- HEADACHE
- LOSS OF MUSCLE COORDINATION/
- VOMITING
- WEAKNESS
- DECREASED PERFORMANCE
- FAINTING
- POOR CONCENTRATION/
- ALTERED MENTAL STATUS

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Home of Arizona High School Athletics and Activities.
Photos and replays at the scenes. Make sure to use
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live web-streaming, schedules, scores, power rankings,
state tournament brackets and more...



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AZPreps365 Facebook Page

Do you want to keep up on the latest AIA news? Would you like to express your opinions or share your ideas about Arizona high school sports? Want to keep up on the latest games, activities and scores? The answer is as close as your mobile device or computer!

Like AZPreps365 on Facebook and get on the inside track. Be informed. Join the conversation. Root for your favorite teams and support our Arizona High School students!



[Like us on Facebook](#)

Quick Glance Calendar / Sports Timeline

Please click on the link below to view the AIA Quick Glance Calendar.

[2018-2019 Quick Glance Calendar](#)

[2018-19 Meeting Dates](#)

Arizona Interscholastic Association, 7007 N. 18th Street, Phoenix, AZ 85020

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