



**MINUTES**  
**SPORTS MEDICIEN ADVISORY COMMITTEE MEETING**  
**September 27, 2018**

**Members Attendance:**

Javier Cardenas  
Kristina Wilson  
Roger McCoy\*  
Randy Cohen\*  
Tamara McLeod\*  
David Hayward  
Aaron Nelson\*  
Jennifer Wethe\*  
Hayley Root  
Tom Fiel  
Steve Erickson  
Bob Luberto  
Kareem Shaaraway\*

**AIA STAFF PRESENT:**

David Hines, Executive Director  
Joe Paddock, Assistant Executive Director  
Mark Mignella, Legal Counsel  
Tayler Coady, Executive Assistant

\*Indicates Conference Call-In

➤ **WET BULB GLOBE TEMPERATURE (Tamara McLeod)**

- Tamara presented an infographic of important information regarding wet bulb globe temperatures (WBGT).
  - The infographic answers what WBGT measures and that it provides on-site values for:
    - Ambient temperature
    - Wind chill
    - Humidity
    - Solar Radiation
    - Sun Angle
- The WBGT index provides ATs general regulation guidelines to modify physical activity.

➤ **TRANSGENDER REQUESTS (Javier Cardenas, Kristina Wilson, Joe Paddock)**

- There were two cases that have been sent forward to the AIA Executive Board with recommendation for approval from the sub-committee of SMAC.

- **ARIZONA ATHLETIC TRAINER INITIATIVE UPDATE (Javier Cardenas)**
  - Collaboration with Arizona Sports Institutions
  - 4<sup>th</sup> year of initiative
    - AIA post season much have an ATC – if the host school does not have one the AIA will provide one
    - Average of \$65,000 spent a year on the initiative.
  
- **NEHS SPORTS MEDICINE ADVISORY COMMITTEE (Javier Cardenas)**
  - Dr. Cardenas explained to the committee what he was going to bring to the National SMAC during their October meeting.
    - WBGT
    - Transgender Process
    - Opiate (use / program)
    - Cross Country heat acclimatization
    - Youth basketball guidelines adoption
    - Tackling techniques (Heads Up Football)
  
- **WINTER COACHES MEETING (Joe Paddock)**
  - Dr. Cardenas will be speaking at the Winter Coaches Meeting at Central High School on October 27, 2018.

Meeting Adjourned 9:00 am

Next Meeting: October 25, 2018