



2018 AIA State Unified Team Track & Field Invitational Friday, May 4, 2018

TOURNAMENT GUIDE

Rules, Regulations, Schedule, Instructions

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REGISTRATION TERMINOLOGY

- Participants with intellectual disabilities will be registered as “Unified Athletes”.
- Participants without intellectual disabilities will be registered as “Unified Partners”.

RULES

- Rules shall be those of the current National Federation Track and Field Rule Book with exceptions noted in the AIA Constitution and Bylaws, the Unified Team Track and Field Sports and Competition Rules, the official Special Olympics Rules, and these tournament instructions as outlined in the Modifications/Adaptations section below.

MODIFICATIONS / ADAPTATIONS

TEAM COMPOSITION

- Each team shall have an adult non-playing coach responsible for the lineup and conduct of the team.
- A team roster shall consist of a minimum of 10 participants and of no more than 24 participants. For rosters exceeding 24 participants, contact **Laura Duncan** at Laura@SpecialOlympicsArizona.org to learn about the A/B sub-team option to include all your participants.
- The roster must have an approximately equal number of Unified Athletes and Partners at all times.
- Teams will be coed with no limitation on the number of boys or girls in an event or on a team.
- During competition, team rosters should be composed of a 50/50 ratio of Unified Athletes to Unified Partners. If this ratio cannot be met, teams are permitted to compete with a 60/40 ratio of Unified Athletes to Unified Partners.
- There must be an equal number of Unified Athletes and Unified Partners entered in each event.

OFFICIAL EVENTS

- The following events are currently offered for Unified Team Track and Field:
 - 100 Meter Dash
 - Turbo Javelin
 - 400 Meter Run
 - Shot Put
 - 4X100 Meter Relay
 - Long Jump
- An individual may NOT be entered (as a participant AND/OR as an alternate) in more than two (3) events, relays inclusive. An individual shall not compete in more than two (3) events.
- Each school may enter the following maximum number of participants in the events below, but there must be an equal number of Unified Athletes and Unified Partners entered in each event:
 - 100 Meters – 4 participants (2 Unified Athletes / 2 Unified Partners)
 - 400 Meters – 4 participants (2 Unified Athletes / 2 Unified Partners)
 - 4X100 Meter Relay – 1 relay team of 4 participants (2 Unified Athletes / 2 Unified Partners)
 - Shot Put – 4 participants (2 Unified Athletes / 2 Unified Partners)
 - Turbo Javelin – 4 participants (2 Unified Athletes / 2 Unified Partners)
 - Long-Jump – 4 participants (2 Unified Athletes / 2 Unified Partners)
- Wheelchair Participants
 - Participants using manual/power wheelchairs are eligible to participate as follows:
 - **Track Events**
 - i. **MANUAL WHEELCHAIRS:** compete against participants with and without disabilities.
 - ii. **POWER WHEELCHAIRS:** compete in a division which only is composed of power wheelchair competitors. Because the chair is propelled by the engine and not a person, the type of competition is different. If there is only one competitor in a division, he/she

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tries to exceed their personal best for the season. If successful, he/she receives the point total for 1st place. If not, he/she receives the point total for 2nd place.

- iii. **LANE ASSIGNMENTS:** Two lanes will be assigned for wheelchair competitors.
- iv. **RELAYS:** Only participants using a manual wheelchair are eligible to be selected as a possible member of the 4 x 100 or 4 x 400 meter relays.

- **Field Events**

- i. All wheelchair participants compete against participants with and without disabilities.

- Participants with Visual Impairments

- Participants with visual impairments (defined as blind or with severely restricted vision) may use a guide runner to assist them. The guide runner is given one adjoining lane.
 - Another option is for the participant to use a guide rope held by volunteers with a relay baton attached to it. The runner grabs the baton and slides it along the rope while running or walking.

- Participants with Hearing Impairments

- The competitor should be placed in the lane closest to the positioning of the official starter.
 - An assistant standing next to the starter will drop a brightly colored (red) cloth when the gun sounds.
 - Another allowable option is to have the assistant stand behind the competitor with the hearing impairment and tap him/her on the shoulder when the gun sounds.

RULES MODIFICATIONS

- Highlighted **track event** rules modifications appearing in the Special Olympics / AIA rules include :

- In races up to and including the 400m, runners have the option of using/not using starting blocks.
 - A runner who is charged with two false starts in the same race will be disqualified from that race.
 - All runners should run within their lanes. However, if a runner either runs outside his/her lane in the straight or runs outside the outer lane on the bend, with no material advantage being gained, and if no other runner is obstructed, then the competitor should not be disqualified.
 - Wheelchair Racers:
 - A competitor using a wheelchair finishes his/her race when all front wheels (one or two) of the wheelchair reach the finish line.
 - The lanes used by wheelchair competitors should be made two track lanes wide.

- Highlighted **field event** rules modifications appearing in the Special Olympics/AIA rules include:

- Measurements (Qualifying Marks)
 - **ALL qualifying marks for field events must be measured in English distances as FEET-(dash)-INCHES (Example: 3 feet, 4 inches is written as 3-4) .**
 - Field Event Scoring
 - Participants shall be allowed to perform two non-consecutive attempts during competition.
 - All attempts shall be measured and recorded.
 - The longest measurement of the two attempts shall be used for scoring final place of finish.
 - In the event of a tie, competitors' second measurement shall determine final place of finish.
 - Shot Put
 - All competitors will use an 8 lb. shot during competition.
 - Turbo Javelin
 - All competitors will throw a turbo javelin with a weight of 400 grams.
 - The turbo javelin must be held by the grip by one hand only.

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- The turbo javelin must be thrown over the shoulder or upper part of the throwing arm and may not be slung or hurled.
- It is counted as a foul if a competitor: (a) does not use the proper throwing technique; (b) does not throw the turbo javelin so the point (tip) lands before any other part of the implement; (c) does not throw the turbo javelin so the point (tip) falls completely within the inner edges of the sector lines.
- Long Jump
 - The following two approaches are allowed when performing the Long Jump. During competition, participants are required to use the **same approach for both attempts** and must notify the field judge of their approach **prior** to their first attempt –
 1. **Standing Approach**
 - The takeoff board for Standing Long Jump shall be placed **one inch** from the edge of the sandpit.
 2. **Running Approach**
 - The takeoff board for Running Long Jump shall be placed **one yard (3ft)** from the edge of the sandpit.
 - In order to safely clear the space between the takeoff board and the sandpit, competitors must be able to jump a **minimum of one yard (3ft)** to use the **running approach** during competition.
 - ★ *NOTE – Participants who **CANNOT jump at least one yard (3ft)** will be required to use the **standing approach** during competition.*

SEEDING AND TEAM SCORING

- Participants with **and** without disabilities **compete against each other in co-ed heats/flights** within each Unified track and field event.
- All heats/flights will be seeded according to competitors' similar qualifying times or distances.
- To provide a competitive and level playing field where all participants can succeed, the variance between the highest & lowest score in each particular heat/flight shall ideally be no more than 15% difference. However, variance can be expanded to have fuller divisions of three or more competitors.
- Qualifying times and distances for each competitor must be submitted prior to a competition for the events in which he or she will be entered. For example, if a participant will be entered in the 400 meters and the running long jump, qualifying scores must be submitted for each event.
- The minimum number of competitors in a heat/flight shall be three with a maximum of eight.
- Every event competition heat/flight results in the same allocation of points awarded to the teams (i.e., the winner of the fastest heat scores the same number of team points as the winner of the slowest heat).
- Team scoring is based upon the format delineated in the NFHS Track and Field Rules Book for dual meets. All competition divisions in Unified Team Track and Field will score points as follows:
 - 1st place = 10 points
 - 2nd place = 8 points
 - 3rd place = 6 points
 - 4th place = 5 points
 - 5th place = 4 points
 - 6th place = 3 points
 - 7th place = 2 points
 - 8th place = 1 point
- Adding together the total amount of points earned by the participants on each Unified Track and Field team determines the final team place of finish for the competition.
- To emphasize inclusion and teamwork, **awards will be for team accomplishments only.**

UNIFORMS – NFHS RULE 4-3

- Items such as hats, baseball caps, kerchiefs, bandannas, sunglasses, etc. are not considered part of the official school uniform and shall not be worn while participating nor while receiving awards. This includes the hood of a one-piece uniform.
- Beginning 2015, the wearing of jewelry while participating shall be permitted. (per Rule 4-3, of the 2015-16 NFHS Rules Book.)
- A headband may be worn if it is a solid color and no more than 2 inches in width.
- Any visible shirt worn under the uniform must be unadorned (except manufacturer's logo) and of single color and hue.
- In individual events, visible garments worn under the jersey and shorts do not have to be the same color.
- In relays, each team member shall wear the same color and design of school uniform although the length of the short may vary.
- In relays, any visible garment(s) worn under the jersey and other visible apparel worn under the shorts and terminating below the knee must be unadorned and of a single, solid color. Visible garments worn under the jersey and/or the shorts do not have to be the same color. If worn by more than one team member (two or more) that apparel must be the same color, but not necessarily the same length.
- Removing any part of the team uniform, excluding shoes, while in the area of competition shall lead to a warning and if repeated, disqualification from the event.

2018 AIA UNIFIED TRACK AND FIELD STATE CHAMPIONSHIP

- This event is sanctioned as an *AIA State Championship*. All participating teams must formally qualify in the top 15 teams statewide in order to advance to the State Meet.
- This event will be hosted during the 2018 AIA State Track and Field Championship –
 - **Friday, May 4, 2018**
 - **Mesa Community College** – 1833 W. Southern Ave. Mesa, AZ 85202

SCHOOL ELIGIBILITY / QUALIFICATION

- In order to qualify for advancement to the AIA Track and Field State Championship, teams must -
 - Participate in **regular season interscholastic contests (meets) against a minimum of two other high school Unified Track and Field teams** during the regular season.
 - Compete at a **qualifying Unified Track and Field Sectionals meet**. A list of qualifying Unified Sectionals meets can be found on the current season's fact sheet.
- The **top 15 teams statewide will qualify for the AIA State Championship**. Advancement will be determined based on final team scores from the Unified Sectionals meets.
- Special Olympics Arizona's "8-practice" rule is in effect for participation in Unified Sports. Practices must be at least one hour, and all eight hours of practice must be completed prior to the first meet.

ENTRY LIMITATIONS AND STANDARDS OF PERFORMANCE

- Each school may list up to 4 participants (2 Unified Athletes and 2 Unified Partners) and up to 4 alternates in each of the six individual events.
- An individual may NOT be entered (as a participant AND/OR as an alternate) in more than three (3) events, including relays. An individual shall not compete in more than three (3) events.

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- Each entrant must have a qualifying mark (time/distance) for each event he/she is entered in.
- Qualifying marks must be collected during a **Unified Sectionals (Area Games)** meet. **The best of these times/distances must be listed on the Entry Form as the entrants' official qualifying marks.**
- The integrity of the competition is dependent on accurate seeding based on qualifying marks. A pattern of qualifying marks that are substantially different than performances in the tournament are subject to investigation & disciplinary action if found to be inaccurate for any reason on an entry list.

STATE CHAMPIONSHIP ENTRY DEADLINES

- **Tournament Entry Deadline – Monday, April 23, 2018 – DUE by 5:00pm**
 - The official *State Championship Team Entry List* must be completed by the Unified Track Coach, approved by the Athletic Director, and entered (**ALL qualifying scores**) into www.Athletic.net
- **Seeding Report Corrections Deadline**
 - The Seeding Report will be distributed via email by **5:00pm on Tuesday, April 24, 2018.**
 - Corrections of obvious errors and/or omissions will be accepted if reported directly to the Director of Unified Sports by **Thursday, April 26, 2018 – DUE by 5:00pm**

TOURNAMENT ENTRY INSTRUCTIONS – STATE CHAMPIONSHIP

1. Complete the *State Championship Team Entry List* (must be approved by Athletic Director)
 2. Enter *Team Entry List* and **ALL QUALIFYING SCORES** into www.Athletic.net by 4/23/2018.
 - Unified participants **not entered by Monday, April 23, 2018 at 5:00pm will NOT participate** in the meet per NFHS rules. (Rule 4 Section 1 Art. 1)
 - *Step-by-Step instructions are located on the Unified Sports page on the AIA website at <http://www.aiaonline.org/files/16218/2018-state-track-tournament-entry-instructions.pdf>*
- Late Entries will NOT be accepted under any circumstances.
 - Changes Prior to Deadline – Member schools retain the ability to change their entry list at any time prior to the deadline by re-entering qualifying marks on <http://www.Athletic.net/> and modifying their entry as described in the instructions.
 - Changes After Deadline – No changes will be accepted after the tournament entry deadline.
 - Each Athletic Director is responsible for checking the eligibility of entrants before permitting them to participate.
 - A notification from the AIA Office will acknowledge receipt and correctness of your entry list.
 - Athletic Directors and coaches are urged to read and double check the entry list to be sure that all necessary information is provided and each contestant is entered in the proper event/s.
 - Unless entrant's best performances are entered in the proper column, contestants will not be considered entered in an event.

GENERAL TOURNAMENT GUIDELINES

- Coaches will remain in the stands; under no circumstances should coaches come onto the field.
- Participants will be assigned designated areas at each site and shall remain in those areas. Participants will not be allowed on the field unless participating.
- Sportsmanship Rule will be in effect and is in continuation from regular season. (Refer to the AIA Constitution and Bylaws, Article 16, Section 3)

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- Field Event Contestants shall report promptly to the event judge at the designated location when the event is called. A contestant shall be charged with an unsuccessful attempt if he/she does not complete the trial or indicate his/her passing it within one minute after he/she has been called for a trial, unless he/she has been excused by the event judge to participate in another event.
- Starting blocks will be provided at the state meet.
- The meet director will determine the procedure used in the long and triple jump.
- Spikes must be 1/8 to 1/4 inch in length; long spikes are unacceptable.
- *Throwing implements (shot/turbo javelin) will be provided for all Divisions. No school or personal implements will be permitted during competition.*
- Neither the AIA nor the host site shall be responsible for lost or stolen articles.
- Any coach or competitor using tobacco, alcoholic beverages, or misusing drugs at the tournament site during athletic contests sponsored by AIA shall be disqualified from the contest. (Refer to the AIA Constitution and Bylaws, Article 14, Section 14.13)
- Locker room facilities will not be available.
- No warm up can commence till the lead official is at the event venue.

TOURNAMENT PACKET PICK UP

- School packets can be picked up at the team check-in area in the southwest corner of the complex.

WRISTBANDS AND PARTICIPANT BIBS

- Each unified school team will receive six (6) coaches' wristbands, unless more are requested.
- The team check in table will screen coaches for wristbands and all unified participants for the proper bib numbers prior to entry. Coaches and participants must have wristbands and bib numbers properly fastened to gain entry into the event.

2018 ADMISSION PRICE

- General Admission Adults – **\$10.00**
- General Admission Students – **\$5.00** (Elementary through High School w/ school ID)
- FREE ADMISSION –
 - Children five or under
 - Media with proper credentials
 - AIA Lifetime Pass Holder and One Guest (*Photo ID required*)
 - AIA Complimentary Pass and One Guest (*Photo ID required*)

PROGRAMS AND SOUVENIRS

Kukulski Brothers is the official supplier for AIA Programs and Souvenirs. *Sale or distribution of AIA State Tournament related game programs, t-shirts or any other souvenirs by any individual or company other than the Kukulski Brothers at any AIA State Tournament playoff site or game is prohibited.*

Additional merchandise including tshirts, caps, etc. will be available at the site of the State Meet.

Please call David Kukulski or Dan Kukulski at (480) 921-1975 if you have any questions regarding AIA Team Pictures, Team Rosters, Programs, Souvenirs and/or Digital Photography.

GAMES COMMITTEE

1A Conference

Jury of Appeals	Rick Samon	Mogollon
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2A Conference

Jury of Appeals	Mike Elder	Northland Prep
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3A Conference

Jury of Appeals	Paul Demuth	Holbrook
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4A Conference

Jury of Appeals	Lori Larson	Williams Field
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5A Conference

Jury of Appeals	Eric Bolus	Deer Valley
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6A Conference

Jury of Appeals	Jennifer Burks	Perry
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Unified Conference

Jury of Appeals	Lori Larsen	Williams Field
Jury of Appeals	Laura Duncan	Special Olympics Arizona

AIA Representatives

Tournament Coordinator	Dean Visser
Meet Director	David Shapiro

SOAZ Representatives

Director of Unified Sports	Laura Duncan
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Games Committee Duties/Responsibilities

- Members of the committee should be available throughout the contest for assistance to the director.
- The Games Committee, upon the request of the Meet Director, shall consider and take appropriate action on any protest of the tournament operation.
- The decision of the Meet Director and/or Games Committee shall be final.

2018 STATE TRACK AND FIELD COACHES' INFORMATION

The final **Team Entry List** and **ALL QUALIFYING SCORES** must be entered by **5:00 pm on Monday, April 23, 2018** into <http://www.Athletic.net/>. No other method of entry will be accepted.

- Unified participants **not entered by the deadline will NOT participate** in the meet per NFHS rules. (Rule 4 Section 1 Art. 1)
 - **Step-by-Step instructions are located on the Unified Sports page on the AIA website at <http://www.aiaonline.org/files/16218/2018-state-track-tournament-entry-instructions.pdf>**
- The final Unified Events Schedule will be posted on www.azpreps365.com by 12:00 noon on Monday, May 2, 2018. If possible these lists will be emailed earlier. Information will be sent via email.

Facility opens at 10:00 a.m.

- Unified Team Check In – **10:00 to 10:30 a.m.**
- Unified Coaches Meeting – **10:45 a.m.** @ Unified Staging Area

Team Check-In / Tournament Packet Pick-Up

- School packets can be picked up at the team check-in area in the southwest corner of the complex.

Team Camp Area

- Located on the south warm-up fields, or on the east side of track.
- **IT WILL BE HOT!** Teams are encouraged to bring **TENTS for shade and ice chests with WATER!**

Meals/Lunches

- **Meals will NOT be provided.** Teams are responsible for arranging their own meals for participants.

Hip Numbers

- Located on west side of stadium, south of the bleachers next to the Unified Staging Area
- Hip numbers are available beginning at 1:15 p.m.

Bull Pen / Unified Events Staging Area

- Staging for all Unified Events will take place in the bull pen located north of the east bleachers.
- Unified Staging Area opens at 11:15 a.m.
- All check in, hip numbers and staging will take place at this location.
- **Please note that cell phones, and other electronic devices are not allowed in this area. Athletes should be “competition ready” (warm ups removed, dressed in a legal uniform, etc.)**

Substitutions

- Team Packets will include copies of the Substitution Form.
- All substitutions **must be submitted via the Substitution Form at the beginning of the 11:00AM Unified Coaches Meeting.**
- Late substitutions submitted after the coaches meeting **will NOT be accepted.**
- Substitutions will only be permitted for participants who are of **the same registration designation.** For example, a Unified Athlete must be substituted by another Unified Athlete.

Unified Coaches Corner

- Located on the west side of stadium, south of the bleachers next to the Unified Staging Area
- Coaches questions, concerns, protests, explanations for DQ's

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Admin Tent

- West side of stadium at the finish line

Scoreboard

- Located on the SW corner of the track

Results

- Event results will be posted.

Awards

- To emphasize the values of inclusion and teamwork, awards will be for **team accomplishments only**.
- **Team Awards will be presented at approximately 4:00pm** upon the conclusion of all Unified heats/flights as follows:
 - Banner
 - 1st Place School
 - 2nd Place School
 - 3rd Place School
 - Medals
 - 1st Place School – up to 30 participant medals
 - 2nd Place School – up to 30 participant medals
 - 3rd Place School – up to 30 participant medals
- In the event of a tie for the top three places of finish, both schools will be recognized as winners and duplicate awards will be provided for both teams.
- No college sweatshirts/T-shirts or advertising of any commercial products on the awards stand. Athletes are to be in school issued uniform.

Certified Athletic Trainer

- Located in the SW corner of the track
- The trainer is present to provide water around the site and for emergencies only.
- The trainer will not be available for treatment or taping.

Media Area

- Located on the SW corner of the track
- Tables and power will be available

AIA365.com Video Streaming: Any school wanting to video stream a playoff game in any round must contact Brian Bolitho, bbolitho@aiaonline.org. The exclusive rights for post season tournaments belongs to the NFHS Network; however, schools may broadcast a first round through semi-final game through AIA365.com/NFHSNetwork.com and not have to pay a rights fee. Any school wishing to broadcast on a third party website will be subject to the rights fee of that sport.

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SCHEDULE OF EVENTS

FRIDAY, MAY 4, 2018

SITE: Mesa Community College – 1833 W. Southern Ave. Mesa, AZ 85202

UNIFIED AND DIVISION III & IV

10:00 - 10:30am	Unified Team Check-In		
10:45 am	Unified Team Coaches Meeting – Unified Staging Area		
11:30 am	Javelin	UNIFIED / Girls / Boys	
12:00 p.m.	Pole Vault	Div. IV Boys/Div. IV Girls/Div. III Boys	
12:30 pm	Triple Jump	Div. III Boys/Div. IV Boys/Div III Girls	
	Long Jump	UNIFIED /Div III Girls /Div IV Girls	
	High Jump	Div. IV Girls/Div. III Girls/Div IV Boys	
1:00 pm	Shot Put	UNIFIED /Div. III Boys/ Div. IV Boys/	
	Discus	Div. IV Girls / Div. III Girls	
2:00 p.m.	Track Events	Boys/Girls	
UNIFIED	100 Meter Dash	Co-ed	UNIFIED
UNIFIED	400 Meter Run	Co-ed	UNIFIED
UNIFIED	50 Meter Motorized Wheelchair Race		UNIFIED
3:00 p.m.	Track Events	Boys/Girls	Div. IV/Div. III
Prelims	100m Hurdles	Boys	
Prelims	110 H Hurdles	Girls	
UNIFIED	4x100 Relay	Co-Ed	UNIFIED
3:45 p.m.	Track Events	Boys/Girls	Div. IV/Div. III
Prelims	4X800 Relay	Girls	
Prelims	100m Dash	Boys	
Prelims	100m Dash	Girls	
4:00 p.m.	UNIFIED TEAM AWARDS		
5:00 p.m.	Track Events	Boys/Girls	Div. IV/Div. III
Prelims	1600m Run	Boys	
Prelims	4X100 Relay	Boys	
Prelims	4X100 Relay	Girls	
Prelims	400m Dash	Boys	
Prelims	400m Dash	Girls	
Prelims	300m Hurdles	Boys	
Prelims	300m Hurdles	Girls	
7:15 p.m.	Track Events	Boys/Girls	Div. IV/Div. III
Prelims	800m Run	Boys	
Prelims	200m Dash	Boys	
Prelims	200m Dash	Girls	
8:25 p.m.	Track Events	Boys/Girls	Div. IV/Div. III
Prelims	3200m Run	Girls	
Prelims	4X400 Relay	Boys	
Prelims	4X400 Relay	Girls	

NOTE: TIME SCHEDULE IS APPROXIMATE AND SUBJECT TO CHANGE!!!