



MINUTES
SPORTS MEDICIEN ADVISORY COMMITTEE MEETING
February 22, 2018

Members Attendance:

Javier Cardenas, MD
Kareem Shaarawy, MD
Kristina Wilson, MD
David Hayward
Hayley Root
Tamara McLeod*
John Kearney, MD*

AIA STAFF PRESENT:

David Hines, Executive Director
Joe Paddock, Asst. Executive Director
Mark Mignella, Legal Counsel
Jessica Garcia, Front Office Assistant

*Indicates Conference Call-In

- **MAXIMUM NUMBER OF QUARTERS IN FOOTBALL (David Hines)**
 - Mr. Hines discusses the maximum number proposal from the 3A Conference.
 - The current rule – No player shall participate in more than 10 football games per season, excluding qualifying and post season tournaments.
 - The proposed change – No player shall participate in more than 10 games per season, excluding qualifying and post season tournaments.
 - SMAC suggests to include “recovery period needed” language to help spread awareness amongst schools & implement a tracking system.
 - The motion to approve the proposal was moved by Kristina Wilson and seconded by David Hayward, with the amendment of defining a quarter and adding a tracking system.

- **LEGISLATIVE UPDATE (Javier Cardenas)**
 - Dr. Cardenas discusses Arizona House Bill 2403, House Bill 2088 and House Bill 2089.

- **AIA AzATA MEETING UPDATE (David Hines)**
 - Mr. Hines presented at the AzATA conference and has received positive feed from the Arizona Athletic Trainers & incredibly appreciated.

- **CONSENT TO TREAT FORM (David Hines)**
 - Mr. Hines presents the Consent to Treat Form that has been created, that will in included with the AIA Physical Participation Packet for AIA member schools. This proposed form will be presented to the Legislative Council March 2, 2018.
 - With the assistance of Mr. Rick Ball, Legal Counsel for the AzATA (Arizona Athletic Trainers Association), he created the language for this consent form.

➤ **RESEARCH UPDATE (Tamara McLeod)**

- Tamara McLeod presents research information from several universities and medical experts which include opiate misuse and abuse, concussion education, and epidemiological comparison of elbow injuries.

➤ **NFHS RESPONSE TO FDA APPROVAL OF “CONCUSSION BIOMAKER” (Javier Cardenas)**

- The NFHS responds to the FDA authorizing the marketing of the blood test to aid in evaluation of concussion in adults:
 - “Unfortunately, the stories are inaccurate. The test is not actually designed for detecting a sports-related concussion, as defined by the 5th International Conference on Concussion in Sport, but for assessing the probability that the injured person has bleeding in the brain. By definition, the presence of bleeding in the brain after injury is NOT a concussion, but an even more serious traumatic brain injury. The test is also not yet approved for anyone under the age of 18.”
 - “At this time, this test holds little value for the vast majority of youth and high school athletes with a suspected concussion. The test was not designed for use on the sideline or in the athletic training room. And, importantly, even if the test is “negative” it does not rule out a concussion. If used, the test will be ordered by a physician in the Emergency Department to help determine if a CT scan of the brain is needed to look for bleeding in the brain.”
 - Suggested Guidelines for Management of Concussion in Sports:
http://www.nfhs.org/media/1018446/suggested_guidelines_management_concussion_april_2017.pdf

Meeting Adjourned 9:00 am

Next Meeting: March 29, 2018