



**MINUTES**  
**SPORTS MEDICIEN ADVISORY COMMITTEE MEETING**  
**January 25, 2018**

**Members Attendance:**

Javier Cardenas, MD  
Dr. Kenneth Baca  
Dr. Anna Battle  
Hayley Root  
Kim Owens  
Christina Kwasnica, MD  
Michael Lavoie, PhD  
David Hayward  
Keith Walker  
Steve Erickson, MD  
Roger McCoy\*  
John Kearney, MD\*  
Randy Cohen\*  
Anikar Chhabra\*

**AIA STAFF PRESENT:**

David Hines, Executive Director  
Joe Paddock, Asst. Executive Director  
Dean Visser, Sports Administrator  
Jessica Garcia, Front Office Assistant

\*Indicates Conference Call-In

➤ **PIATE RETURN TO PLAY (Dr. Baca)**

- Dr. Baca presents the Tempe UHSD Student Athlete Opiate PowerPoint that is implemented in the Tempe District.
- There are many protocols & education on opiate evaluation/treatment, monitoring opiate use/abuse and intervention.
  - The protocol continues to evolve and changes are expected over time.
- Dr. Anna Battle informs the committee that Athletic Directors in the Tempe District are embracing the challenge and discuss opiate education with their coaches and athletic trainers.
- The SMAC committee will review these protocols for any necessary changes.

➤ **CROSS COUNTRY HEAT ACCLIMATIZATION EDUCATION (Haley Root)**

- Haley Root discusses research data on heat acclimatization for Cross Country athletes.
- The recommendation for the heat acclimatization should occur near water and have medical coverage (AT).
  - Other suggestions are for student athletes to run during the early mornings and evenings. Also refrain from sending students into neighborhoods.
- David Hayward and Haley Root will work on gathering data from other member school ATs.

- **LEGISLATIVE UPDATE (Javier Cardenas)**
  - Dr. Cardenas discusses Arizona House Bills on opiate concerns and education.
- **IMMUNIZATIONS - TAPI (Kim Owens)**
  - The Arizona Partnership for Immunization (TAPI) is represented by Kim Owens and speaks on the recommendations on immunization education.
  - TAPI has many projects in being proactive on immunization education.
    - TAPI partner with high school to discuss with senior students the “Vaccinate before you Graduate” education and lists.
      - Flyers have also ben distributed across Arizona high schools.
      - Arizona colleges are also providing flyers and info, included the college packets.
- **CONSENT TO TREAT UPDATE (David Hines)**
  - The AIA has created a proposal that will be presented at the March 2<sup>nd</sup> Legislative Council meeting. This proposal is to add an additional Article in the AIA ByLaws – Policies and Procedures.
    - Article 41 - Sports Medicine
      - Under this article is would discuss Concussion Education, Emergency Action Place, Heat Acclimatization etc.
      - A parental consent form would also be added to the article along with the AIA Physical forms. The consent form would be in place to protect member schools ATs (medical staff).
- **IAMA RESEARCH ON PURITY OF SUPPLEMENTS (Javier Cardenas)**
  - Dr. Cardenas discusses the “Chemical composition and labeling of substances marketed as selective androgen receptor modulators and sold via the internet” research from the Jama Network.
    - Some student athletes that intake supplements may or may not know the ingredients in the supplements.
  - The SMAC committee recommends to emphasis on the second bulletin on Article 14.13 – make a statement to educate on supplement use & add a references and/or research.

Meeting Adjourned 9:00 am

Next Meeting: February 22, 2017