ARIZONA INTERSCHOLASTIC ASSOCIATION, INC.

MINUTES
LEGISLATIVE COUNCIL MEETING
FRIDAY – MARCH 2, 2018

In accordance with Article 4, Section 4.5, Paragraph 4.5.1 of the Arizona Interscholastic Association, Inc. (AIA) Constitution, the regular annual meeting of the AIA Legislative Council (Council) was duly called and held on Friday, March 2, 2018, at the AIA office, 7007 North 18th Street, Phoenix, Arizona.

ROLL CALL

1A Conference (7)
Lee Haws – Fort Thomas
Georg Diehl – Bagdad
Phil Echeverria – Williams
Rocky Nelson – Mogollon
Andrew Brogan – St. David
Kari Avila - Salome

2A Conference (7)
Ricky Greer – Hopi
Cindy Riley – Desert Christian
Gary LaFevers – Tonopah Valley
Heather Osborn – Az College Prep

3A Conference (7)
Kevin Standerfer – Snowflake
Greg Haagasma – Valley Christian
Toni Corona – Safford
Jamie Roe – Tuba City

4A Conference (7)
Ron S消失 – Shadow Mountain
Armando Soto – Amphitheater District
Shelly Arredondo – Tempe
Barry Cromer – Walden Grove
Bill Wright – Estrella Foothills
Eddie Lopez – Moon Valley

5A Conference (7)
Whitney Holland – Cienega
Nathan Slater – Scottsdale District
Pat Weber – Flowing Wells
Mike Sivertson – Peoria District
Jim Dean – Dysart District
Renee Regoli – Campo Verde
Scott Warner – Deer Valley

6A Conference (7)
Zach Munoz – Phoenix Union District
Marcus Williams – Chandler District
Steve Hogen – Mesa District
Rob Jankowski – San Luis
Corey Newland – Paradise Valley District
Derek Faleson – La Joya
Steve McDowell – Gilbert District

Arizona School Board Members (6)
1A – Carolyn Freeman – Bicentennial USD
2A – Arnold Goodluck – Sanders USD
3A – Charles Lucero – Kingman USD

MEMBERS ABSENT:
Missy Townsend – Prescott
Paul Demuth – Holbrook
David Inness – Northwest Christian
Chip Stratton – Sahuarita
Tammey Hall – Willcox
Jon Rickey – Glendale Prep
Shawn Lyle – Chandler Prep
Carl Adams – St. Michael
Mark Lane – Paradise Valley USD
Jim Love – Flowing Wells USD
Stephen Chapman – Tolleson USD

OTHERS PRESENT AT ROLL CALL WERE:

AIA STAFF:
David Hines – Executive Director
Joe Paddock – Assistant Executive Director
Taylor Coady – Executive Assistant
Jeanie Kosower – Asst. Commissioner of Officials
Denise Doser – Director of Finance
Brian Gessner – Commissioner of Officials
Brian Bolitho – Director of Business Development
Brandy Young – Accounting Assistant
Dean Visser – Tournament Coordinator
Ron Halbach – Tournament Coordinator
Amy Richmond – Accounting Assistant
Maria Ferrell – Human Resources

GUESTS:
Les Willsey, AzPreps365
Sr. Lynn Winsor
Matt Belden
Brett Palmer
Abbigail Gray
Mark Jarret

CONSULTANT/PARLIAMENTARIAN
Mark Mignella, Legal Counsel

AIA EXECUTIVE BOARD:
Jeannine Brandel
Herman House
Mike DeLaO
Michael Fowler
After completion of roll call, Mr. Mignella introduced all others present and outlined procedures to be observed during the meeting. He reminded the Council Members that Article 5, Section 5.2 of the AIA Constitution stipulates that a two-thirds (2/3) vote of the total Council membership (32 members) is required to amend the AIA Constitution and that a two-thirds (2/3) vote of the members present at a duly called meeting is required to amend the AIA Bylaws. Mr. Mignella continued by stating that Article 4, Section 4.5 of the AIA Constitution stipulates that a quorum must be present at a meeting for the transaction of business, a quorum being two-thirds (2/3) of the total membership. He concluded that a quorum was present since roll call reflected that 37 of the 48 Council Members were present. It was also determined, based upon the 37 members present, that a vote of 25 would be required for adoption of amendments to the AIA Bylaws. Mr. Mignella then reminded the Council that in accordance with Article 4, Section 4.5, Paragraph 4.5.5 of the AIA Constitution, proxy votes couldn’t be accepted.

**APPROVAL OF MINUTES**

On a motion duly made by Cindy Riley and seconded by Whitney Holland, the minutes for the March 3, 2017 meeting were approved by a unanimous voice vote.

**APPROVAL OF AGENDA**

On a motion made by Ricky Greer and seconded by Cindy Riley, the agenda was approved as amended with a unanimous voice vote.

**EXECUTIVE DIRECTOR REPORT**

Mr. Hines updated the Council on the new hires and tournament coordinators brought on and returning this year.

- Joe Paddock – Assistant Executive Director
- Seth Polansky – Sports Information Coordinator
- Reiquan Garrison – Web Developer
- Brian Gessner – Commissioner of Officials
- Brian Lukas – AIA SP Account Executive

Tournament Coordinators:

- Dave Shapiro – Cross Country / Track
- Dan Nero – Football / Basketball / Baseball
- Steve Galas – Tennis
- Kris Guy & Rudy Cardenas – Spiritline
- Kara Jenkins – Beach Volleyball
- Karan Jacobson – Badminton

Mr. Hines discussed the success of the new AD workshops, bylaw workshops, head coaches meetings and official’s pre-season meetings. The new AD workshops held brought in almost 60 new athletic directors and 127 athletic directors attended the six bylaw workshops held throughout the state. Almost 3,000 coaches attended one of the four head coaches meetings held before each season. And nearly 2,700 officials attended the pre-season meetings.

With 75 schools participating and seven different sport opportunities the partnership with the AIA and the Special Olympics of Arizona continues to grow. Special Olympics will also be hosting a 3 on 3 Basketball Tournament in April.

The AIA welcomes six new member schools for the 2018-2019 school year.

Mr. Hines gave an update on AzPreps365.com – over 19.4 million page views in 2016-2017 which is an increase of 13.9%. A new look to the site launched in the fall with enhanced mobile views. There will be a new feature in the Admin member school directory that will launch in early spring that will give access to contacts within the database, including cell phone numbers (only for ADs and AD Secretaries). Conference have been working on creating schedules for the 2018-2020 scheduling period. Schedules for the individual sports are almost complete and schedules for team sports are well under way.

Mr. Hines reminded the Council of the April 2nd, Annual Athletic Directors Information Meeting. The meeting will be at Xavier College Preparatory with check-in starting at 8:30 am and sessions beginning at 9:15 am.
MEMBERSHIP

3A SOUTH REGION – PROPOSED AMENDMENT

Amend AIA Constitution:
Article 2. Membership, Section 2.6 Membership Requirements

Rationale for Proposed Amendment:
New School accountability system, current lack of options for public schools and cost and time of AdvancED.

(Please see page 3 for Add Text)

2.1 MEMBERSHIP REQUIREMENTS

2.1.1 A school must meet one of the following:
• Be recommended by the appropriate accrediting agency for acceptable standards for secondary schools.

Determination: The Executive Director, as designee of the Executive Board, is authorized to determine appropriate accrediting agencies. (Ex. Bd. 2/17/04)
• Receive an A or B rating by the Arizona Department of Education.
• Receive the A+ School of Excellence TM designation by the Arizona Educational Foundation.

MOTION WAS MADE BY KEVIN STANDERFER AND SECONDED BY WHITNEY HOLLAND TO ADOPT THE PROPOSAL AS PRESENTED.

MAIN MOTION AS ORIGINALLY PRESENTED - FAILED
(Votes Cast: Yes-5; No-31; Abstain-1)

###################################################################
STUDENT ELIGIBILITY RULES

AIA EXECUTIVE BOARD – PROPOSED AMENDMENT
As recommended by the AIA Staff

Amend AIA Bylaws:
Article 15. Student Eligibility Rules, Section 15.10 Transfer Rule

Rationale for Proposed Amendment:
To combine the 520/530 forms into one for ease of access and dissemination.

(Page 41)
(Delete/Add Text)

15.10 STUDENT ELIGIBILITY RULES

15.10.6 Limited Eligibility After Transfer (Form 550)

15.10.6.1 Student Sports Participation / Current or Previous Year (Form 550) - The sending school administration shall provide to the receiving school, via Form 550, the verification of activities in which a transferring student has participated. The receiving and sending school(s) shall reasonably cooperate and complete Form 550. Upon receipt by the receiving school of a completed Form 550, assuming all other eligibility requirements are met, the student becomes eligible for all interscholastic activities except for those activities in which the student has competed during the current or previous school year.

15.10.6.1.1 The Student Sports Participation / Current or Previous Year (Form 550) may only be used between schools in Arizona, between schools in Arizona and schools from other states in the United States, and between schools in Arizona and accredited United States accommodation schools in foreign countries.

15.10.6.1.2 The Student Sports Participation / Current or Previous Year (Form 550) may be used by a student only once during a 12-month period.

15.10.6.1.3 A copy of a completed Student Sports Participation / Current or Previous Year (Form 550) shall be forwarded to the AIA Office.

MOTION WAS MADE BY TONI CORONA AND SECONDED BY KEVIN STANDERFER TO ADOPT THE PROPOSAL AS PRESENTED.

MAIN MOTION AS ORIGINALLY PRESENTED - PASSED
(Votes Cast: Yes-37; No-0; Abstain-0)

###########################################################
SPORTS MEDICINE

AIA EXECUTIVE BOARD – PROPOSED AMENDMENT
As recommended by the AIA Staff

Add AIA Policies and Procedures:
Article 41. Sports Medicine

Rationale for Proposed Amendment:
To compile all Sports Medicine related information in one location.

(Add Text)

41.1 DRUGS, ALCOHOL
41.1.1 AIA POSITION STATEMENT – SUPPLEMENTS, DRUGS AND PERFORMANCE ENHANCING SUBSTANCES
The Arizona Interscholastic Association (AIA) views sports, and the participation of student-athletes in sport, as an activity that enhances the student-athlete's well-being by providing an environment and stimulus that promotes growth and development along a healthy and ethically based path.

- It is the position of the AIA that a balanced diet, providing sufficient calories, is optimal for meeting the nutritional needs of the growing student-athlete.
- It is the position of the AIA that nutritional supplements are rarely, if ever, needed to replace a healthy diet.
- Nutritional supplement use for specific medical conditions may be given individual consideration.
- The AIA is strongly opposed to “doping”, defined as those substances and procedures listed on the World Anti-Doping Agency’s Prohibited List (www.wadaama.org).
- It is the position of the AIA that there is no place for the use of recreational drugs, alcohol or tobacco (e-cigarettes) in the lifestyle of the student-athlete. The legal consequences for the use of these products by a student-athlete are supported by the AIA.

In pursuit of Victory with Honor, the AIA promotes the use of exercise and sport as a mechanism to establish current fitness and long-term healthy lifestyle behaviors. It is the position of the AIA that the student-athlete, who consumes a balanced diet practice sport frequently and consistently, and perseveres in the face of challenges, can meet these goals.

41.1.2 At least annually, each member school shall communicate to its students participating in interscholastic activities the AIA Position Statement on the use of supplement, drugs and performance enhancing substances. (See Form 14.13)

41.1.3 Any coach or competitor using tobacco, alcoholic beverages or misusing drugs while participating in interscholastic competition shall be disqualified from the contest or tournament.

41.2 CONCUSSION EDUCATION - All student athletes shall complete the Brainbook online concussion education course. All student-athletes shall complete the course prior to participation in practice or competition.

NOTE: The Brainbook online concussion education course must be completed by a student-athlete only once.

41.3 CONCUSSION POLICY
41.3.1 Education
41.3.1.1 All AIA participating schools must have a concussion policy on file: The policy must address the following:
- Concussion Education
- Removal from Play
- Return to Play

41.3.1.2 Parents and athletes must sign a form acknowledging education regarding concussion.

41.3.2 Mechanics and Criteria for Removal from Play
41.3.2.1 An athlete, coach, licensed athletic trainer, team physician, official or parent can remove an athlete from play
41.3.2.2 Only an appropriate health care professional can refute the diagnosis of a concussion
41.3.3 Return to Play Criteria
- No athlete should return to play (RTP) or practice on the same day of a concussion.
- Any athlete suspected of having a concussion should be evaluated by an appropriate health-care professional that day.
- Any athlete with a concussion should be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition.
- After medical clearance, return to play shall follow a step-wise protocol with provisions for delayed return to play based as directed by an appropriate health-care professional.
- Return to play should only occur after an athlete has returned to full school attendance without academic accommodations.

41.3.4 Appropriate Health-care Professionals for Return to Play
An appropriate health-care professional is defined as the following:
- Licensed Athletic Trainer
- Physician (MD/DO)
- Licensed Nurse Practitioner
- Physician’s Assistant

41.3.5 Return to Academics
- Cognitive rest should be recommended for symptomatic athletes. This may include limiting activities such as reading, texting and computer usage.
- In some instances, this may also involve school absences and/or the use of academic adjustments or accommodations as prescribed by the appropriate healthcare professional and school academic team (school nurse, school counselor, administration, etc.).
- Returning an athlete to the classroom following a concussion should follow a return to learn progression.

41.3.6 Other
41.3.6.1 At the beginning of a game, the coach must certify to the official that the equipment is in compliance with safety regulations and properly fitted.
41.3.6.2 If a helmet comes off or becomes dislodged during play, that athlete must remain out for one play or call a time out to have the equipment reassessed.

41.4 HEAT ACCLIMATIZATION & EXERTIONAL HEAT ILLNESS MANAGEMENT POLICY
41.4.1 It is the position of the AIA that prevention is the best way to avoid exertional heat stroke. Prevention includes educating athletes and coaches about:
- Recognition and management of exertional heat illness;
- The risks associated with exercising in hot, humid environmental conditions;
- The need for gradual acclimatization over a 14 day period;
- Guidelines for proper hydrations;
- Implementing practice / competition modifications according to local temperature and relative humidity readings.

41.4.2 Definitions
Exertional heat illness includes the following conditions, ordered from the least to the most dangerous:
- a) Exercise associated muscle cramps: an acute, painful, involuntary muscle contraction usually occurring during or after intense exercise, often in the heat, lasting approximately 1-3 minutes.
- b) Heat syncope: also known as orthostatic dizziness, it refers to a fainting episode that can occur in high environmental temperatures, usually during the initial days of heat exposure.
- c) Exercise (heat) exhaustion: the inability to continue exercise due to cardiovascular insufficiency and energy depletion that may or may not be associated with physical collapse.
- d) Exertional heat stroke: a severe condition characterized by core body temperature >40°C (104°F), central nervous system (CNS) dysfunction, and multiple organ system failure induced by strenuous exercise, often occurring in the hot environments.

Heat Acclimatization Protocol
(A team may not choose to train in a less severe climate)

Days 1-5:
- Days 1 through 5 of the heat-acclimatization period consist of the first 5 days of formal practice. During this time, athletes may not participate in more than 1 practice per day.
• If a practice is interrupted by inclement weather or heat restrictions, the practice should recommence once conditions are deemed safe. Total practice time should not exceed 3 hours in any 1 day. In addition to practice, a 1-hour maximum walk-through is permitted during days 1-5 of the heat acclimatization period. However, a 3-hour recovery period should be inserted between the practice and walk-through (or vice versa). (Note: a walk-through is defined as no contact with other individuals, dummies, sleds or shields).

• During days 1-3 of the heat-acclimatization period, in sports requiring helmets or shoulder pads, a helmet is the only protective equipment permitted. The use of shields and dummies during this time is permissible as a non-contact teaching tool.

• During days 4-6, only helmets and shoulder pads may be worn.

• Football only: on days 4-6, contact with blocking sleds and tackling dummies may be initiated.

Days 6-14:

• Beginning no earlier than day 6 and continuing through day 14, double-practice days must be followed by a single-practice day.

• On single-practice days, 1 walk-through is permitted, separated from the practice by at least 3 hours of continuous rest. When a double-practice day is followed by a rest day, another double-practice day is permitted after the rest day.

• On a double-practice day, neither practice should exceed 3 hours in duration, nor should student-athletes participate in more than 5 total hours of practice. Warm-up, stretching, cool-down, walkthrough, conditioning and weight-room activities are included as part of practice time. The two practices should be separated by at least 3 continuous hours in a cool environment.

• Beginning on day 7, all protective equipment may be worn and full contact may begin.

• Full-contact sports may begin 100% live contact drills no earlier than day 7.

• Because the risk of exertional heat illnesses during the preseason heat-acclimatization period is high, we strongly recommend that an athletic trainer be on site before, during and after all practices.

41.4.3 Hydration Strategies

• Sufficient, sanitary and appropriate fluid should be readily accessible and consumed at regular intervals before, during and after all sports participation and other physical activities to offset sweat loss and maintain adequate hydration while avoiding overdrinking.

• Generally, 100 to 250 mL (approximately 3-8oz) up to 1.0 to 1.5 L (approximately 34-50oz) per hour for adolescent boys and girls is enough to sufficiently minimize sweating-induced body-water deficits during exercise and other physical activity as long as their pre-activity hydration status is good.

• Pre-activity to post-activity body-weight changes can provide more specific insight to a person’s hydration status and rehydration needs. Athletes should be well hydrated before commencing all activities.

• The following guidelines are suggested

<table>
<thead>
<tr>
<th>Condition</th>
<th>% Body Weight Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Well Hydrated</td>
<td>+1 to -1</td>
</tr>
<tr>
<td>Minimal dehydration</td>
<td>-1 to -3</td>
</tr>
<tr>
<td>Significant dehydration</td>
<td>-3 to -5</td>
</tr>
<tr>
<td>Serious dehydration</td>
<td>&gt;-5</td>
</tr>
</tbody>
</table>


41.4.4 Return to Play Following Exertional Heat Stroke

The following is the protocol for return to play following heat stroke:

• Refrain from exercise for at least 7 days following the acute event.

• Follow up in about 1 week for physical exam by licensed physician (MD,DO)

• When cleared for activity by a licensed physician, begin exercise in a cool environment and gradually increase the duration, intensity, and heat exposure for 2 weeks to acclimatize and demonstrate heat tolerance under the direction of a licensed healthcare professional.

• If return to activity is difficult, consider a laboratory exercise-heat tolerance test about one month post incident.

• Athlete may be cleared for full competition if heat tolerance exists after 2-4 weeks of training. The AIA also recommends that any athlete suspected of having suffered exertional heat exhaustion be referred to a licensed physician for follow-up medical examination and clearance
41.5 **STUDENT INSURANCE**

It is recommended that each student athlete have on file with the principal or his/her designee proof of insurance coverage or a waiver prior to practice.

41.6 **POST SEASON EVENT PROTOCOL**

41.6.1 Applies for the following AIA Post Season Events

- Football
- Volleyball
- Basketball
- Softball
- Soccer
- Baseball
- Spiritline

41.6.2 An Emergency Action Plan (EAP) must be filed with AIA in order to host a post season tournament.

41.6.3 Qualified Medical Profession (QMP)/EMT Coverage.

41.6.3.1 All ATC/QMP/EMT services at AIA Post Season Events will be paid or reimbursed by the AIA.

(Note: “Region” events are not AIA events – ATC/QMP/EMT is not paid by AIA)

41.6.4 AIA State Tournaments at High Seed Sites

41.6.4.1 Member schools must engage a qualified medical professional (QMP) or Emergency Medical Technician (EMT). One of the following three protocol options must be followed or payment may not be issued:

41.6.4.2 If there is no QMP or EMT at the game, the game shall not be played.

41.6.4.2.1 QMP as defined by Arizona Revised Statute §15-341:

- ATC – Certified Athletic Trainer
- MD – Medical Doctor
- DO – Doctor of Osteopathic Medicine
- NP – Licensed Nurse Practitioner
- PA – Licensed Physician’s Assistant

41.6.4.2.2 If a school does not have a QMP or EMT and the opposing school does, in order for the game to proceed, the QMP or EMT agrees to cover the opposing school as well as their own school.

41.6.4.3 If ONLY an EMT is at the game, any player removed due to suspected head injury or concussion will not be allowed to enter or re-enter the game based on an EMT evaluation. Return to play can only be based on evaluation by a QMP.

41.6.5 AIA State Tournaments at Neutral Sites:

- AIA Staff will secure QMPs that will be contracted through the AIA or a third party vendor.
- If the QMP is a Certified Athletic Trainer, the ATC must provide the AIA with a certificate of professional liability insurance and be familiar with the AIA/ATC protocol.

41.7 **TRANSGENDER POLICY**

GENDER IDENTITY PARTICIPATION – all students should have the opportunity to participate in Arizona Interscholastic Association (AIA) activities in a manner that is consistent with their gender identity, irrespective of the sex listed on a student’s eligibility for participation in interscholastic athletics in a gender that does not match the sex assigned to him or her at birth, via the following procedure below. Once the student has been granted eligibility to participate in interscholastic athletics consistent with his/her gender identity, the eligibility is granted for the duration of the student’s participation and does not need to be renewed every sport season or school year. All discussion and documentation will be kept confidential, and the proceedings will be sealed unless the student and family make a specific request.

41.7.1 NOTICE TO THE SCHOOL - the student and/or parents shall contact the school administrator or athletic director indicating that the student has a consistent gender identity different than the sex listed on the student’s school registration records, and that the student desires to participate in activities in a manner consistent with his/her gender identity.

41.7.2 NOTICE TO THE AIA - The school administrator shall contact the AIA office, which will assign a facilitator who will assist the school and student in preparation and completion of the AIA Gender Identity eligibility appeal process.
41.7.3 **FIRST LEVEL OF REVIEW** - the appeal student should provide the AIA with the following documentation and information:

a) A letter from the student requesting to participate on an athletic team that differs from their birth sex:
   - The letter should state their intent to participate on an athletic team of their affirmed gender;
   - The reasons why they are making this request;
   - At what point they feel they first identified in their full time gender role;
   - If they have participated in sports previously and if so, where they allowed to participate in their affirmed gender and what that experience was like;
   - Steps he/she has taken to assume his/her affirmed gender;
   - Any additional information the student feels is important.

b) Documentation of student’s consistent gender identification affirmed by the student’s parent or guardian.

c) A letter of support from a school administrator

d) A letter of support from a qualified health care provider

   - The AIA shall schedule a meeting with the Gender Identity Eligibility Committee, a subcommittee of the AIA Sports Medicine Advisory Committee as expeditiously as possible after receipt of all required documentation. The committee may request an in person meeting with the student and parents and/or guardian. The Gender Identity Eligibility Committee shall provide a recommendation to the AIA Executive Board.

41.7.4 **SECOND LEVEL OF APPEAL** - Per AIA Bylaws 15.13.2 in all other cases, a member school may appeal on behalf of a student his/her ineligibility by notifying the Executive Board of the appeal in writing, setting out fully and completely the basis for the appeal. The Executive Board, utilizing the authority under AIA Bylaw 7.2.3.7, shall respond in writing within a reasonable time.

MOTION WAS MADE BY WHITNEY HOLLAND AND SECONDED BY JAMIE ROE TO ADOPT THE PROPOSAL AS PRESENTED.

**MAIN MOTION AS ORIGINALLY PRESENTED** - PASSED
(Votes Cast: Yes-36; No-0; Abstain-1)

################################################################
STUDENT ELIGIBILITY RULES

5A CONFERENCE – PROPOSED AMENDMENT

Amend AIA Bylaw:
Article 15. Student Eligibility Rules, Section 15.10 Transfer Rule

Rationale for Proposed Amendment:
To clearly define what “participation” means in this bylaw. Currently “participation” is being interpreted as participating in a regular season game. I believe it is appropriate to clarify what constitutes “participation” and include it as language in this bylaw for that purpose.

15.10.1 In State Transfers – a student shall be ineligible for all contests at all levels until after the first 50% of the maximum allowable Power Rankings regular season contests in those sports in which the student participated during the twelve (12) months immediately preceding the transfer. Participation is defined as a student participating in the sport during a regular season game as is specified by the AIA standardized calendar.

MOTION WAS MADE BY LEE HAWKS AND SECONDED BY HEATHER OSBORN TO ADOPT THE PROPOSAL AS PRESENTED.

MAIN MOTION AS ORIGINALLY PRESENTED - PASSED
(Votes Cast: Yes-31; No-6; Abstain-0)

There being no further business, on a motion duly made, seconded and carried, the meeting was adjourned at 10:13 a.m. by a unanimous voice vote.

Respectfully submitted,

David Hines
Executive Director