NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS



NEWS RELEASE

NFHS Learning Center Introduces "Officiating Wrestling" and Spanish Translation of "Concussion in Sports" Courses

FOR IMMEDIATE RELEASE

Contact: Dan Schuster

INDIANAPOLIS, IN (December 19, 2017) — The most popular online education course on the NFHS Learning Center – "Concussion in Sports" – is now available in Spanish at <u>www.NFHSLearn.com</u>. The NFHS also has released "Officiating Wrestling," which is the seventh sport-specific officiating course available through the NFHS Learning Center.

The NFHS partnered with the Centers for Disease Control and Prevention (CDC) in 2010 to offer "Concussion in Sports." The free course has since been taken more than 3.5 million times, and with the help of the Ann & Robert H. Lurie Children's Hospital of Chicago, is now available in Spanish. This is the first course offered by the NFHS Learning Center in a language other than English.

"We are pleased to offer our very first course in Spanish, as well as continuing to provide additional opportunities for individuals to become involved in professional development," said Dan Schuster, NFHS director of educational services.

The goal of "Concussion in Sports" is to educate coaches, officials, parents and students on the importance of proper concussion recognition and management in high school sports. The course includes each state's concussion management requirements, in addition to highlighting the impact of sports-related concussion on athletes. Those who take the course will learn how to recognize a

suspected concussion, as well as protocols to manage suspected concussions and the steps used to help players safely return to play.

"Officiating Wrestling" emphasizes the value of a referee's judgment. To make the correct call, a referee must possess the proper knowledge of wrestling rules and their implementation. "Officiating Wrestling" is designed to help wrestling officials not only understand the rules, but how to properly apply them when in action.

"Professional development is critically important, and we are pleased to add another course for officials to the NFHS Learning Center," Schuster said. "Officiating Wrestling' is a great course for new wrestling officials; however, it also provides great reminders of fundamentals for veteran officials."

"Officiating Wrestling," which is also now available through the NFHS Learning Center, costs \$20. All members of the NFHS Officials Association are eligible for a \$10 discount by entering an NFHS Officials Association registered email at checkout.

After starting with two courses in 2007 through the NFHS Coach Education Program, the NFHS Learning Center now offers 58 online courses – including more than 26 of which are free – and has expanded its reach to contest officials, students, administrators and music adjudicators. Since the launch of <u>www.NFHSLearn.com</u> in 2007, the NFHS has delivered more than six million courses.

This press release was written by Cody Porter, a graphic arts/communications assistant in the NFHS Publications/Communications Department.

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About the National Federation of State High School Associations (NFHS)

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school sports and performing arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and performing arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 17 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,000 high schools and 11 million participants in high school activity programs, including more than 7.9 million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings; sanctions interstate events; offers online publications and services for high school coaches and officials; sponsors professional organizations for high school coaches, officials, speech and debate coaches, and music adjudicators; serves as the national source for interscholastic coach training; and serves as a national information resource of interscholastic athletics and activities. For more information, visit the NFHS website at www.nfhs.org.

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