Hi, just a reminder that you’re receiving this email because you have expressed an interest in Arizona Interscholastic Association. Don’t forget to add jegarcia@aiaonline.org to your address book so we’ll be sure to land in your inbox!

You may unsubscribe if you no longer wish to receive our emails.
2017 Fall State Championships

Congratulations to all the schools that competed in 2017 Fall Championships!

A huge thank you to all the staff, tournaments workers, site directors and schools for making this year's fall tournaments a success.

Thank you to all our sponsors & partners!

Check out the top team's and champs below.

1A Football
Williams High School
Superior Jr./Sr. High School

2A Football
Thatcher High School
Santa Cruz Valley High School

Important Dates

2017-18 Executive Board Meetings
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January 16, 2018 (Tues)
February 20, 2018 (Tues)
March 19, 2018
April 16, 2018
May 21, 2018

2017-18 Head Coaches Meeting Dates
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-Spring Head Coaches - Feb 3, 2018 (Valley Vista HS)

2017-18 Legislative Council Meeting
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March 2, 2018

Hardship Appeal Dates
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Spring Sports Jan 22-24 (Deadline - Jan 16)

2017-18 AD Information Meeting
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Tentative Date April 2, 2018 @ Xavier College Prep

2017-18 Wrestling Sectional Meetings
---------------------------------------
TBD

Please Support Your Partners
3A Football
Casteel High School
Pusch Ridge Christian Academy

4A Football
Saguaro High School
Salpointe Catholic High School

5A Football
Centennial High School
Notre Dame Preparatory

6A Football
Chandler High School
Perry High School

1A Volleyball
St. Michael High School
Mogollon High School

2A Volleyball
Scottsdale Christian Academy
Veritas Preparatory Academy

3A Volleyball
Fountain Hills High School
Snowflake High School
4A Volleyball
Salpointe Catholic High School
Sunrise Mountain High School

5A Volleyball
Sunnyslope High School
Queen Creek High School

6A Volleyball
Xavier College Preparatory
Corona del Sol High School

2A Soccer - Girls
Northland Preparatory Academy
Chino Valley High School

2A Soccer - Boys
Phoenix Country Day School
Blue Ridge High School

2017 Fall Championships
Division I Badminton
Perry High School
Mountain Ridge High School

Division II Badminton
Sunnyslope High School
Mesquite High School

Click on the links below to view individual results:

http://www.azpreps365.com/results/swimming-boys

http://www.azpreps365.com/results/swimming-girls

http://www.azpreps365.com/results/crosscountry-boys

http://www.azpreps365.com/results/crosscountry-girls

http://www.azpreps365.com/results/golf-fall-boys
Welcome New Member Schools

Following a vote of AIA member schools, Cicero Preparatory Academy, Heritage Academy - Laveen, American Leadership Academy - Ironwood and Canyon View High School were declared eligible for membership by the AIA Executive Board. Each school had submitted an application for membership that was followed by school site visits and then a recommendation from the Executive Board to the member schools.

The schools join AIA for the next two year block and have been assigned to conferences. Cicero Preparatory Academy and the Heritage Academy - Laveen have been assigned to the 2A Conference, American Leadership - Ironwood to the 3A Conference and Canyon View High School to the 4A Conference.
Arizona Athletic Trainer Initiative

On November 26, 2017 the Arizona Cardinal's 50/50 raffle partnered with the Arizona Athletic Trainer Initiative. The jackpot was just over $100,000 and the Initiative will receive over $50,000 to support high school athletic trainers in AIA post season competition. It has been a great year, as the Phoenix Suns Charities also generously gave $10,000 to the Initiative.

The Arizona Athletic Initiative has been fortunate to receive support from other professional sports organizations including the Arizona Diamondbacks, Arizona Cardinals, Arizona Coyotes and the Phoenix Suns.

Thank you to everyone who help at this event and the community for supporting the Arizona Athletic Trainers!

Legislative Council

View the link below for the results of the March 3, 2017 Legislative Council Meeting.

Legislative Council Meeting

This year's Legislative Council will meet on Friday March 2, 2018. The deadline to submit agenda items for the meeting is January 25, 2018.

Arizona Super Bowl Host Committee Grant

ATTENTION: Administrators and Coaches,

The AIA is proud to be working with the Barrow Neurological Foundation as one of the recipients of the Arizona Super Bowl Host Committee grants.

Click on the link below to view the press release: AZSBHC Grant Funding Recipients News Release
Finance Dept.

Tournament Reminders

If you are hosting an AIA event at your school:

- Email budget in Excel format to the Sports Administrator & Finance (addresses on budget)
- Tickets are sent USPS/UPS/FEDEX with tracking. Watch for shipment if you are hosting.
- **Email TIER in Excel** format to Finance within 5 days after event to: ddoser@aiaonline.org (Please no PDFs, Google Docs, etc.)
- **TEE (TOURNAMENT EMPLOYEE) LAST 4 DIGITS OF Social Security # is MANDATORY.** It is the only way we can confirm the TEE. "On File" and # left blank is not sufficient. **TIER may be returned. Payment will be delayed without last 4 of SS#**.
- **WRITE EVENT NAME ON DEPOSIT SLIP** - this identifies your event
- RETURN ALL unsold tickets within 10 days of event, with ticket pages
- **Be familiar with the ATC/QMP Protocol. This is critical! Call Denise or Jess if in doubt.**
- TEE Paperwork I-9, W-4, A-4 only one set per worker ever, no need to renew each year
  - AD --> SIGN page 2 of the I-9 form.
  - It must be complete for payment to be issued.

Fiscal In-Service

**ATHETIC DIRECTORS** - if you missed Fiscal In-Service 2.0 for 2017-18 please email Denise Doser. You must complete the requirements in order to host AIA events. There is another opportunity for compliance for this year.

Email: ddoser@aiaonline.org

SUBJECT LINE: Fiscal In-Service 2.0
RefPay

Fund your school's RefPay/Arbiter balance well in advance of your regular season games. Be ready to pay your Officials as soon as they have worked your event.

**NO CHECKS TO OFFICIALS** - All schools enrolled in RefPay must pay officials 100% of the time through RefPay. "Even if" the school's balance is low, *do not issue checks* while waiting for funding. Simply inform the officials funding is in process in the event payment is delayed.

**ATHLETIC DIRECTORS** - You are the RefPay email address of record. **IF** you need a password reset, email Denise Doser. You are the one who receives the password reset link. Do not attempt to change UserName or reset password or any profile items. Contact Denise Doser should you need assistance.  

ddoser@aiaonline.org  602.385.3819

**RefPay / Arbiter - Download Transactions for Auditing / Budgeting**

Once logged into the school's RefPay/ArbiterPay.com online portal, the member school may download all the activity by any selected date range. You will be able to export to Excel all the payment and deposit detail.

This data may be manipulated in Excel such that the historic data may be utilized as an audit record for this year as well as a budgeting tool for the coming year.

Link to the log-in and export function directions from aiaonline.org


Should assistance be needed in the log in and exporting functions, please contact AIA Director of Finance, Denise Doser @ dldoser@aiaonline.org for additional information.
AIA Sports Properties would like to thank the following partners for their support of AIA State Football Championships:
Sprouts
Sprouts is looking for that person who helps high schoolers achieve to new levels of success.
Nominate your #SproutsSportsParent today and recognize those that make a big difference:
https://www.sprouts.com/sportsparent

Gatorade
The AIA is proud to partner with the Gatorade

The AIA is proud to partner with the Gatorade

Gatorade Sports Science Institute

Carbohydrate: Premium Fuel for Athletes

WHAT FOODS ARE CARBOHYDRATES?
Breads, cereals, vegetables, fruits, nuts, legumes, 
veggies, rice, potatoes, beans, 
vegetables, fruit, fruit juice, pancakes, waffles, cereal, granola bars, 
sports drinks, sports chews.

WHAT FOODS AREN’T CARBOHYDRATES?
Meat, cheese, milk, eggs, bacon, fish, nuts, peanut butter.

HOW MUCH CARBOHYDRATE SHOULD I EAT EVERY DAY 
WHEN I’M TRAINING REGULARLY?
Eat more than your meal or snack. Make sure about 3/3 of each meal is carbohydrates.

Performance Carbohydrate Timeline

If you’re hungry or about to start getting your daily exercise feel free to eat a small amount of carbohydrates before you start

Including carbs in your recovery snack

Eat a meal containing
fat 3-4 hours before 
exercise/practice/meal

Eat 30-45 g per 
hour of training or 
competition.

Total Carbohydrate

For example, during a basketball game eat a pack of Snickers at halftime and drink a 20 oz. bottle of Gatorade throughout the game. Or drink a 20 oz. bottle or larger sports drink bottle of Gatorade throughout the game, stopping at every timeout and halftime.

Fueling Athletic Performance
The AIA is proud to partner with Valley Toyota Dealers

Follow us on Instagram
Home of Arizona High School Athletics and Activities. Photos and replays at the scenes. Make sure to use hashtags: #azpreps365 #aia #azhs

Follow us on Twitter
Home of Arizona High School Athletics and Activites:
live web-streaming, schedules, scores, power
rankings, state tournament brackets and more...

Follow us on Twitter

AZPreps365 Facebook Page

Do you want to keep up on the latest AIA
news? Would you like to express your opinions or
share your ideas about Arizona high school
sports? Want to keep up on the latest games,
activities and scores? The answer is as close as your
mobile device or computer!

Like AZPreps365 on Facebook and get on the inside track. Be informed. Join the conversation. Root for
your favorite teams and support our Arizona High
School students!

Like us on Facebook

Quick Glance Calendar / Sports Timeline

Please click on the link below to view the AIA Quick Glance Calendar.

2017-2018 Quick Glance Calendar

Arizona Interscholastic Association, 7007 N. 18th Street, Phoenix, AZ 85020

SafeUnsubscribe™ {recipient's email}
Forward email | Update Profile | About our service provider
Sent by jegarcia@aiaonline.org