



The course begins at the baseline of the SW soccer field.

LOOP 1 - The course goes north across the field into the trees, bears right through the trees and around the bathroom. It continues up a small hill and follows along the crest of the hill to the north end of the park. The course turns east through the trees and then back south around the edge of the NW field. The course travels behind the NW field bleachers and then turns east up another hill through the trees. The course then travels south behind the SE field. Athletes may run on the bike path as early as the bleachers. [New from last year] The course will follow the bike path as it turns east over the bridge and then south again on the far side of the canal. The course follows the bike path on the far side of the canal to the next bridge in which the course comes back to the west side of the canal turning north and traveling the tangent toward the softball field gate. The course U-turns at the gate and travels on the warning track (athletes cannot run on the grass) around the softball complex. [New from last year] Athletes will NOT do an additional loop around the baseball field for either loop. The course will exit the softball complex through the same gate that it entered by and U-turn north. The course tangents directly to the bike path and travels the path north past the tennis courts. The course moves into the gravel just before the bike path intersection and tangents to the SE field. The course turns west and travels along the baseline of the SE field, across the sidewalk, and around the SW bleachers. The course turns right and tangents across the SE field toward the trees.

LOOP 2 - The course travels into the trees, bears right through the trees and toward the bathrooms. [New from last year] In loop 2 instead of traveling around the bathrooms, the course continues straight and crosses at the southern end of the NW field. The course then connects back with loop 1 as it travels up the hill and into the trees. The course follows loop 1 along the path, across the bridge, down the canal, across the other bridge, into and around the softball field complex, back out and north along the bike path. In loop 2, the course then tangents across the SE field to the finish line.

NOTES

- Athletes, coaches, and spectators will not be allowed into the softball field complex once racing has started. This is for the safety and fairness of all competing athletes. The entry / exit gate of the softball field complex is the narrowest part of the course and additional persons and traffic will only make the transitions into/out of the field more complicated and dangerous. Thank you for your understanding in this manner.
- There is a significant amount of bike path that make up this course, spikes are highly discouraged.
- There will be plenty of flagging to help mark the course. In addition there will be cones with arrows helping point the way. Finally, there will be course monitors at all significant course turns to ensure athletes travel in the correct direction.