



Difficulty Scoring Rubric

All Girl Stunt and Coed Stunt

SKILLS RUBRIC

The skills below are listed as a base for difficulty points and are not intended to be a “checklist” for a routine

Intermediate

0-3 Points

Prep level with Body Positions

Advanced

4—6 Points

Extended two foot single base

Extended level body positions

Full up to prep

Elite

7-9 Points

Full up to extended position

Release/toss to extended position

Tick Tock variations

Extended single base

Super Elite

9-10 points

Full up to single leg

Half or Full up release to extended position

Extended single base with body position

DRIVERS

Degree of Difficulty

Combination of Skills/Variety

Tosses are not required but can be rewarded

Versatility of Participants