



**MINUTES**  
**SPORTS MEDICINE ADVISORY COMMITTEE MEETING**  
**June 22, 2017**

**Members Attendance:**

Dr. Javier Cardenas  
Steve Erickson, MD  
Roger McCoy, MD  
Tamara McLeod, PhD  
Christina Kwasnica, MD  
Kristina Wilson, MD\*

**AIA STAFF PRESENT:**

Mark Mignella, Legal Council  
David Hines, Executive Director  
Tayler Coady, Executive Assistant  
Jessica Garcia, Front Office Assistant

**GUEST:**

Dr. Kenneth Baca, Tempe Union High School District  
Keith Walker, Maricopa Dept. of Public Health  
Raju Thiagarajan, Maricopa County Dept. of Public Health  
Nelson Grist, XGuard360

\*Indicates Conference Call-In

➤ **PRE-CONTEST MEDICAL PREPAREDNESS**

- The members discuss the Pre-Contest Medical Preparedness card & approve the mockup card. Over 40,000 cards will be printed and distributed to every AIA official.
  - The four questions that will read are:
    - 1. Is there a Qualified Medical Practitioner (QMP) on site? (MD/DO/NP/PA/AT)
    - 2. Is an Emergency Action Plan (EAP) in place?
    - 3. Is there an Automated External Defibrillator (AED) available and accessible?
    - 4. Where is the Emergency Entrance for this facility?

➤ **WRESTLING INFOGRAPHIC**

- Members approved the final wrestling infographic banner; the approval was motioned by Dr. McCoy and seconded by Dr. Kwasnica. The AIA will print 300 posters to be distributed to every wrestling coach statewide.

➤ **OPIATE EDUCATION PRESENTATION**

- Javier suggests that Health Professionals should deliver opiate education to schools and make tools for both coaches and parents to discuss Opiate Education.
- Keith Walker from the Maricopa County Dept. of Public Health presents an educational power point: "Prescription Opioid Misuse & Abuse and High School Athletes" to the SMAC members.
  - What are Opiates?
  - The Problem.

- What can you do?
  - Solutions? Resources.
  - SMAC would like to implement this education starting Fall 2017.
  - Dr. Baca and the Tempe Union High School District are ready to start this education.
- **EMERGENCY ACTION PLAN**
- Javier, David and Tamara discuss making the EAP contest and/or venue specific. The hosting schools or venue would have a coach, AD or AT sign off on the EAP prior to the contest. The recommendation for mandating venue specific on an EAP was motioned by Tamara McLead and seconded by Roger McCoy.

Meeting Adjourned 9:00 am

Next Meeting: August 31, 2017