



MINUTES
SPORTS MEDICIEN ADVISORY COMMITTEE MEETING
October 27, 2016

Members Attendance:

Dr. Javier Cardenas
Steve Erickson
Roger McCoy
Tina Kwasnica
Randy Cohen*
Mark Strom
Kristina Wilson

AIA STAFF PRESENT:

Mark Mignella, Legal Council
Tayler Coady, Executive Assistant
Ron Halbach, Tournament Coordinator

*Indicates Conference Call-In

➤ **BASEBALL PITCH COUNT (Ron Halbach)**

- Mr. Halbach discussed how tracking would be kept for the home and visiting teams pitch counts.
- Colorado does pitch counts by grade level not age.
- Mr. Halbach brought forward a proposal from the Baseball Advisory Committee for approval by the Sports Medicine Advisory Committee as follows:
 - If a pitcher hits their count limit in the middle of an inning/batter they would like to be able to finish that inning/batter before being taken out of the game.
 - Motion made to approve by Tina Kwasnica and 2nd by Roger McCoy
 - All in favor – approved

➤ **MEDICAL TIMEOUT**

- Discussion regarding who would be responsible to call medical timeout
 - Coaches, officials, Athletic trainers, Athletic Director, Administration
- Do schools have anything in place, such as?
 - Emergency Action Plan
 - AED
 - Emergency Contacts
 - Are these accessible to everyone during the event?
- Although the EAPs are required by AIA if hosting a post season event, is there something in place for regular season events?
 - Implement a mandatory plan for the 2018-2019 school year was brought up as a possibility to make sure schools are taking proper precautions.

➤ **DAITH PIERCING**

- Dr. Cardenas brought up the concerns with daith piercings.
 - It's said that they help with migraines but there is not medical evidence to back that up.
- This topic came up during the volleyball season as students have them in.
 - Are they harmful to athletes if left in?
 - Can they be covered with tape and left in during event?
 - If they are medically prescribed can they be required to take them out and following the AIA bylaws regarding no jewelry?
 - Many questions brought up about the daith piercings.

➤ **CATASTROPHIC INJURY REPORTING**

- RIO – An online reporting method for Health Care providers, Administrators and Coaches to use.
 - Could potentially have a database strictly for the AIA reporting of catastrophic injuries
- NCCSIR – National Center for Catastrophic Sports Injury Research
 - Their mission is to conduct surveillance of catastrophic injuries and illnesses related to participation in organized sports in the United States at the collegiate, high school and youth levels of play.
 - Aims to track cases through a systematic data reporting system that allows for longitudinal investigation of athletes suffering from catastrophic injuries and illnesses.
 - The goal of the Center is to improve the prevention, evaluation, management, and rehabilitation of catastrophic sports-related injuries.

➤ **NATA/NFL/PFATS/SKI/GATORADE ATHLETIC TRAINER PILOT PROGRAM (Javier Cardenas)**

- Dr. Cardenas discussed a program that launched to help assist schools in getting an athletic trainer at their school.
- The grant would provide \$35,000 over a three year period.
 - The states in the program are:
 - Arizona, Illinois, Oklahoma and Oregon
 - www.athletictrainergrant.com

Meeting Adjourned 9:00 am

Next Meeting: November 17, 2016