

The course starts going north across the soccer field from the southern base line.

It continues on the grass through the trees around the northern bathrooms and along the crest of the northern soccer field.

It travels along the northern end of the park, through the trees and emerges to run behind the light poles and bleachers of the northern soccer field.

The course continues through the trees behind the eastern field. The course then follows next to the bike path [not on the bike path] behind the bleachers.

It goes onto the bike path just before the path intersection and drops onto the dirt path to the left of the bike path after the intersection. It continues through the dirt behind the volleyball and tennis courts.

The course cuts across the dirt and into the softball fields (going south) staying on the warning track [not on the grass]. The course turns left out of the softball fields and travels between the fields and then along the warning track of the baseball fields. This is the 1-mile mark - as athletes just start onto the second baseball field. The course continues around the baseball warning track, then back between the two fields and then left again onto the softball fields warning track going west around the softball fields to the gate the course entered the fields on.

The course then follows the on the bike path going north to the path intersection where the course goes into the dirt landscape and turns left along the bottom edge of the eastern soccer field. It cuts across the sidewalk and across the western soccer field to repeat the loop for a second time.

Note: In the second loop, athletes will NOT run the baseball field addition, only the softball fields.

Note: In the second loop athletes will finish angling straight across the eastern soccer field to the finish line in front of the bleachers.

Note: Coaches and spectators will NOT be allowed onto the softball or baseball fields. These will be an athlete only area. Athletes warming up will be asked to wait to cross into / out of the fields at the entry gate – giving the right of way to racing athletes.