



**MINUTES**  
**SPORTS MEDICIEN ADVISORY COMMITTEE MEETING**  
**February 25, 2016**

**Members Attendance:**

Dr. Javier Cardenas\*  
Steve Erickson, MD  
Kristina Wilson, MD  
Roger McCoy, MD  
Randy Cohen\*  
Aaron Nelson\*  
Tamara McLeod, PhD  
Michael Lavoie, PhD

**AIA STAFF PRESENT:**

David Hines, Assistant Executive Director  
Mark Mignella, Legal Council  
Tayler Coady, Executive Assistant

\*Indicates Conference Call-In

➤ **WRESTLING SANITATION POLICY**

- Dr. Wilson presented the committee with general guidelines that Dave Hayward helped put together.
- Recommendations would be to have showers available to the athletes.
- Tamara McLeod made a motion to approve the Section 3: Equipment Sanitation Requirements to policy.
  - Seconded by Michael Lavoie and Randy Cohen\*
    - The policy will be presented for formal approval by the Executive Board at the April meeting.

➤ **PROPOSAL: BAGS & DUMMIES**

- The committee discussed the use of bags and dummies for off season football.
- Randy Cohen stated that he was in favor of the policy as they do allow use at the collegiate level.
- The committee encourages the training of the Heads Up Football program as a way of injury prevention.
  - The thought behind the use of the bags and dummies for off season football is to allow the use in an effort to increase skill before regular seasons begin.
  - If this policy is created there would need to be specifics as to what can be used and how it can be used.
- Specific restrictions must be implemented.
  - The committee felt if a coach had gone through the training of the Heads UP program that school would be allowed to use bags/dummies for specific trainings.
  - Heads Up training would be a requirements before any consideration would be given.
- The committee has asked a member of the football sports advisory committee to be present at the March meeting.
  - They've also asked for the SAC to provided language regarding the use of bags/dummies.

➤ **LEGISLATIVE COUNCIL**

- Iowa Bill that would require all ATCs to be present at all contacts sports: football, wrestling and soccer. Not sure for tournaments.
- Oklahoma would permit Chiropractors to permit Return to Play after concussion.

Meeting Adjourned 9:00 am

Next Meeting: March 31, 2016