


AIA EMERGENCY ACTION PLAN


Please e-mail this Emergency Action Plan to the
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Emergency Action Plan Worksheet

Sport: _____ Site: _____ Your Name: _____

Call 911 for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.

911 TEAM	
	CALL 911. Explain emergency. Provide location.
Nearest Phone:	
Responder 1:	
Responder 2:	
MEET AMBULANCE at EMS Access Point. Take to victim.	
EMS Access Point:	
Cross Streets:	
Responder 1:	
Responder 2:	

CPR/AED TEAM
<div style="display: flex; align-items: center; margin-bottom: 10px;">  <div> <p>START CPR.</p> <ol style="list-style-type: none"> 1. Position person on his/her back. 2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minute. Let chest completely recoil after each compression. 3. Take turns with other responders as needed. </div> </div>
<p>Responder 1:</p> <p> </p> <p>Responder 2:</p> <p> </p> <p>Responder 3:</p> <p> </p>
<p>WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS.</p> <ol style="list-style-type: none"> 1. Remove clothing from chest. 2. Attach electrode pads as directed by voice prompts. 3. Stand clear while AED analyzes heart rhythm. 4. Keep area clear if AED advises a shock. 5. Follow device prompts for further action. 6. After EMS takes over, give AED to Athletic Administrator for data download.

AED TEAM	
	GET THE AED.
Nearest AED:	
Responder 1:	
Responder 2:	

