



MINUTES
SPORTS MEDICIEN ADVISORY COMMITTEE MEETING
September 24, 2015

Members Attendance:

Dr. Javier Cardenas
Mark Strom, ND
Steve Erickson, MD
Dave Hayward, AT, ATC, M.Ed
Kristina Wilson, MD
Jeff Vaughn, DO
Roger McCoy, MD*

AIA STAFF PRESENT:

Harold Slemmer, Ed.D, Executive Director
David Hines, Assistant Executive Director
Mark Mignella, Legal Council
Tayler Coady, Executive Assistant

*Indicates conference call

- **EMERGENCY ACTION PLAN SURVEY (Harold Slemmer)**
 - Dr. Slemmer told the board that the survey went out to all the membership and had 65 responses the night after sending it out.
 - There will be a follow-up reminder email sent out as well.

- **TRANSGENDER UPDATE (Javier Cardenas / Kristina Wilson)**
 - Two appeals were brought forward by students wanting to participate in their identified gender. Hearings were set and both students were approved.
 - This is a relatively new item that has been brought out in the last few years – there have been three approved to date.
 - Dr. Cardenas and Dr. Wilson both indicated that the main issue with the hearings was the travel time that schools and students had to travel for the amount of time they were at the hearings.
 - Arizona is considered a neutral state with the policy that is currently in place.
 - Dr. Slemmer spoke about the CIF legal issues that were discussed at the Section 7 & 8 meeting.
 - The biggest concerns were uniforms (swim and wrestling) and overnight stays.
 - California has a state transgender law

- **SUPPLEMENT POLICY (David Hayward)**
 - David Hayward resubmitted the supplement, drug and performance amendment to Article 14.13.
 - This was submitted to the board about two years ago but wasn't updated/approved at the time. The committee has agreed to resubmit.
 - John Parsons had created a proposal that also addressed hydration and energy drinks.
 - Kristina Wilson made a motion to resubmit the amendment to Article 14.13.
 - 2nd and approved for resubmission.

- **HEAT STROKE ALERT (Javier Cardenas)**
 - Dr. Cardenas informed the committee of a nationwide heat stroke alert that was sent out by the NFHS Sports Medicine Committee. Dr. Cardenas passed the alert on to AIA and AIA SMAC and was then passed along to the membership.
 - Concerns on what is triggering the heat related injuries – numbers are growing quickly.
 - States that have a heat acclimatization policy in place have not had a death occur.

- **NFHS MEETING REPORT (Javier Cardenas / Harold Slemmer)**
 - Dr. Cardenas kicked off the Section 7 & 8 meeting discussing the things happening in Arizona.
 - Most states are working in the same direction as Arizona as they are in the same situations regarding the transgender policy and what might need to be anticipated.
 - AIA will host the Section 7 & 8 meeting next September.
 - The Sports Medicine Advisory Committee will be on the agenda

Meeting Adjourned 8:30 am

Next Meeting: October 29, 2015