

# **MINUTES** SPORTS MEDICINE ADVISORY COMMITTEE MEETING June 25, 2015

#### **Members Attendance:**

Dr. Javier Cardenas Roger McCoy, MD Christine Kwasnica, MD Mark Strom, ND Michael Lavoie, PhD Tom Reed, ATC

### **AIA STAFF PRESENT:**

Dr. Harold Slemmer, Executive Director Mark Mignella, Legal Counsel Tayler Coady, Executive Assistant

#### > CLARIFICATION OF PPE DOCUMENT PURPOSE

- Dr. Cardenas and the committee proposed verbiage for clarification of the Pre-Participation Physical documentation in relation to Athletic Trainers using them as a direct care form.
- The verbiage will be reviewed by the committee and AIA Legal Counsel for approval.

### > REIVEW OF SURVEY QUESTIONS FOR APPROVAL

- The committee reviewed the survey provided and on a motion duly made and seconded was approved to pass on to the Executive Board.
  - o The survey will be placed on the August Executive Board meeting agenda for approval.

## > REWVIEW OF HEAT RELATED ILLNESS POLICY (David Hayward / Dr. Cardenas)

- Dr. Cardenas provided the committee with information that was gathered by David Hayward regarding heat illness guidelines from the Korey Stringer Institute.
- The document provided researched information on heat guidelines that the AIA already has in place per the Korey Stringer Institute.
- The committee has asked David Hayward to create language on the following topics discussed:
  - Wet Bulb Globe Temperature
  - o Work:Rest ratio
  - Heat Acclimatization Policy for all sports

## > MENTAL HEALTH AWARNESS

The committee discussed the concerns with mental health and advised that it be placed on the agenda for the next meeting.

Meeting Adjourned 9:00 am

Next Meeting: August 13, 2015 at 7:30 am