



**MINUTES**  
**SPORTS MEDICIEN ADVISORY COMMITTEE MEETING**  
**December 11, 2014**

**Members Attendance:**

Dr. Javier Cardenas, MD – Chair  
Steven Erickson, MD  
David Hayward, AT, ATC, M.Ed  
Mark Strom, ND  
Michael Skowronek, PT\*  
Kristina Wilson, MD  
Tamara McLeod, PhD  
Kevin Turley, DC  
Michael Lavoie, PhD  
Anikar Chhubra, MD

**AIA STAFF PRESENT:**

Chuck Schmidt, AIA Associate Executive Director/COO  
Mark Mignella, Legal Council  
Michele Staples, AIA Liaison

**GUEST:**

Lindsey Loughran, La Joya

\*Indicates Call-In

➤ **CONCUSSION RETURN TO LEARN (Dr. McLeod)**

- Dr. McLeod shared a draft document as a Return to Learn protocol.
  - The committee suggested adding School Nurse to the list of school academic team under “Return to Academics”.
    - Motion and 2<sup>nd</sup> to accept the amended wording of the protocol as stated regarding the student returning to the classroom prior to returning to play.
      - All in favor.
    - Motion and 2<sup>nd</sup> to accept the wording of bullets 1, 2 and 5 under “Return to Academics” and add a School Nurse under bullet 2.
      - All in favor.
  - The committee requested to put the recommendations for Return to Learn (and Appendix), Return to Play on the AIA website.

➤ **USA FOOTBALL HEADS UP PROGRAM (Mr. Schmidt)**

- Mr. Schmidt explained that the AIA has been approached by Heads Up Football to have the AIA endorse them, however, the AIA has not endorsed products in the past.
- Dr. Cardenas explained to the committee that the Heads Up program is similar to the Anyone Can Save a Life program that was supported by the SMAC and AIA.
  - Motion and 2<sup>nd</sup> to support the content of the Heads Up Football program.
    - All in favor.

- **NFHS GUIDELINES FOR MINIMIZING HEAD IMPACT (Dr. Cardenas)**
  - Dr. Cardenas shared a document from the NFHS Recommendations and Guidelines for Minimizing head Impact Exposure and Concussion Risk in Football.
  - Dr. Cardenas was a part of the committee that developed this recommendation.
  
- **2015-16 PPE UPDATES AND REVISIONS**
  - Dr. Cardenas asked the committee for any updates to the Pre-Participation forms for the 2015-16 school year.
  - Lindsey Loughran, ATC, suggested that the physician's signature be more prominent on the form because it is missed by some physicians.
    - After reviewing the forms, she felt that the signature line for the physicians was more prominent and shouldn't be a problem.
  - The committee reminded her that there are two forms that need to be signed now by the physician.
  
- **ATHLETIC TRAINER GRANT PROGRAM (Dr. Cardenas)**
  - The grant covers Certified Athletic Trainers only.
  - The ATC must have their own personal liability insurance.
  - A QMP Request Form has been developed for those who want to request to work a specific AIA post season event.
  - Dr. McLeod suggested having an evaluation form for the ATC to complete and she will forward the standard evaluation form for review.
  - The AIA will invoice Barrow quarterly for the ATCs used for post season events. Barrow will send a reimbursement check from the grant to the AIA.
  - Mr. Schmidt discussed the biggest concern being regular season coverage for schools.
    - He also mentioned the current Illinois High School State Association's lawsuit regarding ATC coverage at all practices and competitions, regular and post season.
  - The committee discussed developing an educational program to assist QMPs on the reservations.

Meeting Adjourned 9:00 am

Next Meeting: January 29, 2015