



**MINUTES**  
**AIA SPORTS MEDICINE ADVISORY COMMITTEE MEETING**  
**October 30, 2014**

**Members Attendance:**

Dr. Javier Cardenas, MD (Chair)  
David Hayward, Licensed Athletic Trainer  
Dr. Christian Kwasnica, MD  
Michael Skowronek, PT\*  
Dr. Roger McCoy, MD  
Dr. Bert Vargas, MD  
Dr. Anikar Chhabra  
Dr. Michael Lavoie  
Kevin Turley, Maynard Wellness Center

**AIA Staff Attendance:**

Mark Mignella, AIA Legal Counsel  
Chuck Schmidt, AIA Associate Executive Director/COO  
Michele Staples, AIA Liaison

**Guests:**

Ron Kordonowy, Greenway  
Corey Newland, PVUSD

Dr. Chhabra and Dr. Lavoie were welcomed to the committee.

- **HEAT ILLNESS ACTION PLAN - Use of Rectal Thermometry (Javier Cardenas)**
  - Dr. Cardenas shared with the committee a heat illness plan that was implemented by a high school district that included the use of rectal thermometry.
  - The plan included an opt-in policy for parents/guardians to sign.
  - Dr. McLeod explained that the rectal thermometry is the gold standard for acquiring an accurate temperature for heat illness.
  - This procedure is within the scope of ATCs.
    - For clarification, the AIA and SMAC are not requiring this procedure.
  
- **TRANSGENDER ATHLETE APPEAL (Dr. Wilson and Dr. Cardenas)**
  - Sub-committee was formed to hear transgendered issues over the past few years. IOC and NCAA reference materials are utilized for determination of the process.
  - High school and younger are more challenging and the AIA has decided to go on a case by case basis.
    - Some of the determinations are the support of the parents and school administration, health of the student and stability of the athlete.
    - An adolescent specialist is included on the sub-committee.

- Hormonal replacement is not a requirement due to the age of the adolescent.
  - The focus is and will continue to be to protect the privacy of the student and it would be up to the student's family and school to come forward with any information if they so choose.
  - Mr. Mignella and Mr. Schmidt wanted to thank Dr. Cardenas and Dr. Wilson for their time and effort with serving on this sub-committee.
- **FOLLOW UP ON PRE-PARTICIPATION FORMS (Mr. Schmidt)**
- Mr. Schmidt explained that starting the 2015-16 school year, the AIA PPE forms will be the only forms that will be accepted. There have been numerous forms that have been utilized outside of the official AIA PPE forms that are not current.
  - The SMAC reviews the PPE forms in November so if there are any changes to the forms it would be distributed to the membership in January.
- **POST CONCUSSION, RETURN TO PLAY (Dr. McCleod)**
- Dr. McCleod shared some information on return to learn policies that a few other states have implemented.
  - She mentioned that this should be something to discuss in the future because it is important for student athletes to return academically first before returning to play.
  - Mr. Hayward has a policy at his school currently and he sees more issues in the classroom than on the field.
  - Dr. Erickson recommended having a form online as part of the concussion policy.
    - Important aspect is to educate the teachers and parents/guardians as to the process for return to learn.
  - Dr. Lavoie and Dr. Erickson will assist Dr. McCleod with draft language for a Return to Learn policy to discuss at the November meeting.
- **OTHER NEWS:**
- Dr. Cardenas shared with the committee the recent grant that was awarded to Barrow's and AIA to assist with the cost of ATC coverage at AIA post season events.
    - The Super Bowl Host Committee presented a check for \$150,000. The NFL and Arizona Cardinals each awarded \$25,000 as well in an effort to have an ATC coverage at AIA post season events.
    - Dr. Cardenas explained that the grant was submitted in the summer and was not finalized until a few weeks ago and the NFL and Arizona Cardinals grant was finalized shortly after that which is why nothing was put into place until it was confirmed.
    - The AIA Staff will continue educational efforts to inform the membership.
  - David Hayward asked about the status on the skin checks for Wrestling.
    - Dr. Cardenas explained that more professionals will be brought in for further discussion.
  - Mr. Mignella shared with the committee that Wrestling weight classifications have been revised so he requested the committee to share this information with their constituents. This information can be found on the AIA website.

Next Meeting: December 11<sup>th</sup>, 2014

Meeting Adjourned at 8:45 am

