



**MINUTES**  
**AIA SPORTS MEDICINE ADVISORY COMMITTEE MEETING**  
**AUGUST 7, 2014**

**Members Attendance:**

Dr. Javier Cardenas, MD (Chair)  
Dr. Steven Erickson, MD  
Michael Skowronek, PT  
Dr. Roger McCoy, MD  
Dr. Tamara McLeod\*

**AIA Staff Present:**

Mark Mignella, AIA Legal Counsel  
Chuck Schmidt, AIA Associate Executive Director/COO  
Michele Staples, AIA Liaison  
David Hines, AIA Tournament Coordinator  
Ron Halbach, AIA Tournament Coordinator

**Guests:**

Todd Garelick, Mountain View (Marana)

\* = Called into meeting

➤ **NECK STRENGTHENING VIDEO**

- Per the request of the SMAC and AzATA, Gary Galante, Strength and Conditioning Coach at Brophy will shoot the video on Monday, 8/11/2014. Dr. Cardenas will speak during a portion of the video and it will launch during the Sollenberger Classic on August 22-23.

➤ **RECOMMENDATIONS FOR SOCCER**

- Todd Garelick spoke about the recommendations from the Soccer Sports Advisory Committee regarding injuries and concussions.
- The recommendations were to limit the amount of practice time and having a neutral party involved for evaluations.
- The Soccer SAC feels that the Soccer officials need to be better educated and there should be more officials present for a game.
  - The Soccer SAC will present a proposal at the September SMAC meeting.
- He also mentioned concern about information about a student's injuries/concussions from middle/junior high school is not entered on the Pre-Participation Form for entry into the high school.

- **SKIN LESION RECOMMENDATIONS (Dave Hayward)**
  - Tabled until September SMAC Meeting.
- Mr Schmidt shared an article from the Arizona Daily Star discussing the concussion and safety-related changes to football.
- **NEHS CONCUSSION SUMMIT REPORT (Javier Cardenas)**
  - Dr. Cardenas shared information from his meeting in which the RIO study showed a decline in injuries. He also stated that the AIA was discussed as a leader in sports safety.
  - The committee discussed the definition of Contact, limitations in practice and games among the different states.
    - The SMAC reviewed the current game limitations for Football.
      - Recommendations to have Division 5 & 6 worded the same as Division 4.
      - Dr Erickson motioned and 2<sup>nd</sup> by Dr. McCoy.
        - All approved the motion
    - The SMAC also discussed the definition of a game as currently stated by the AIA.
      - Motioned by Michael Skowroneky and 2<sup>nd</sup> by Dr. McCoy.
        - All approved the motion
- Recommendation for the AIA Staff to send communication out to the member schools (Dr. Erickson will email the wording to staff):

***“There is a lot of attention in the media right now at emerging technologies for the diagnosis and treatment of concussion. What parents, coaches, athletes and health care providers need to remember is that the diagnosis of concussion is still only made by an accurate history and physical exam by a health care provider trained in the management of concussion. There are tools available to assist providers in making the correct diagnosis and in making accurate return to play decisions but these are merely tools to assist health care providers not substitutes for good medical care. Computerized neurocognitive testing is one of the most valuable tools in the management of concussion but it should not be used to make the diagnosis of concussion and is simply a tool the providers use to insure that concussed individuals are back to their normal state of health before being cleared to return to play.”***

Next Meeting: September 18, 2014

Meeting Adjourned at 9:00 a.m.