

NATIONAL FEDERATION OF STATE  
HIGH SCHOOL ASSOCIATIONS



## NEWS RELEASE

### **NFHS Rules Publications Now Available as E-Books**

#### **FOR IMMEDIATE RELEASE**

Contact: Bruce Howard/Chris Boone

INDIANAPOLIS, IN (September 25, 2013) — Rules books and case books produced by the National Federation of State High School Associations (NFHS) are now available for purchase online in electronic-book format.

The NFHS, which has written and published playing rules for high school sports throughout most of its 94-year history, is offering its rules publications in e-book format through iTunes for Apple users. In addition, the Kindle version is being sold on Amazon.

All 2013-14 rules books and case books for fall sports are available for purchase through Amazon, and will be followed later in the year by winter and spring sports. The 2013 NFHS Football Rules Book is now available through iTunes, and rules books for field hockey, soccer and volleyball will be available soon, as well as case books in football and volleyball. Winter and spring rules publications will also follow later in the year for Apple users on iTunes.

“Production of rules publications has been one of the most important functions of the NFHS throughout its history, so we are excited to be able to offer this material in a way that meets current advancements in technology,” said Bob Gardner, NFHS executive director. “We believe these e-books will be a great supplement to our printed publications.”

Currently, the NFHS writes playing rules for 16 sports for girls and boys competition at the high school level, and annually publishes about 25 rules books, case books, officials manuals

and handbooks. More than 1.3 million copies of rules-related publications are distributed annually throughout the world.

The NFHS writes playing rules in the sports of baseball, basketball, cross country, field hockey, football, girls gymnastics, ice hockey, boys lacrosse, soccer, softball, spirit, swimming and diving, track and field, volleyball, water polo and wrestling.

NFHS playing rules are written specifically for varsity competition among student-athletes of high school age and are intended to maintain the sound traditions of the sport, preserve the balance between offense and defense, encourage sportsmanship and minimize the inherent risk of injury for participants.

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#### **About the National Federation of State High School Associations (NFHS)**

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school sports and performing arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and performing arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 17 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,000 high schools and 11 million participants in high school activity programs, including more than 7.7 million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings; sanctions interstate events; offers online publications and services for high school coaches and officials; sponsors professional organizations for high school coaches, officials, speech and debate coaches, and music adjudicators; serves as the national source for interscholastic coach training; and serves as a national information resource of interscholastic athletics and activities. For more information, visit the NFHS Web site at [www.nfhs.org](http://www.nfhs.org).

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