



MINUTES
AIA SPORTS MEDICINE ADVISORY COMMITTEE MEETING
May 24, 2012

Chairperson Dr. Javier Cardenas called the meeting to order at 7:30 a.m.

Members Attendance:

Dr. Javier Cardenas, MD (Chair)
Dr. John Parsons, Ph.D., ATC, AT
Dr. Steven Erickson, MD
David Hayward, Licensed Athletic Trainer
Dr. Mark Strom

Guest:

AIA Staff Present:

Mark Mignella, AIA Legal Counsel
Michele Staples, AIA Liaison

GENDER ELIGIBILITY ISSUES (Javier Cardenas)

- Dr. Cardenas and Dr. Parsons will disseminate documents to the committee to review for discussion at the July 26th meeting.

TOPS (Team Of Physicians for Students):

- This organization offers free physicals for students at three valley locations (East, Central and West). They use the EKG test as part of the physicals. If there's an abnormal EKG then they will perform an Echo test. Currently, an EKG is not recommended as part of the pre-participation physical examination and the committee does not believe this should be changed at this time. The committee will put together some resources for free physicals for schools around the state to utilize. The committee will ensure that the providers are willing to have their facility published as a resource.

FOOTBALL SAC PROPOSAL:

- Dana Zupke, Chair of the Football SAC presented the proposal to the committee.
 - The committee **motioned and approved** the Football SAC proposal (3-2) as amended:
 - 23.3.1.1 – **The use of shields and dummies during this time is permissible. Contact is only allowed with shields and dummies and not players.**
- The committee requested modification in the bylaw from days of the week to numbered days to be consistent with the Heat Acclimatization Policy.
 - [AIA Heat Acclimatization & Exertional Heat Illness Management Policy](#)
 - Click on the link above or right click and choose "Open Link" to view
 - You can also view this on the SMAC page at www.aiaacademy.org

- The AIA Executive Board requested the SMAC to define “contact” which they have done as stated above as well as “walk through” from the Heat Acclimatization Policy.
 - “**Walk through**” is defined as **no contact with other individuals, dummies, sleds and shields.**
 - The committee **motioned and approved** the above mentioned definition of “walk through”.
- The AIA Executive Board has requested the SMAC provide a Heat Acclimatization policy for outdoor sports and indoor sports as well. The committee will continue to review and revise the policy.

PARENTS GUIDE TO SPORTS CONCUSSIONS:

- Tabled for July meeting

2012-13 SMAC PRIORITIES

- Tabled for July meeting

Meeting Adjourned at 9:00 a.m.

Next Meeting: **July 26, 2012**