

NATIONAL FEDERATION OF STATE
HIGH SCHOOL ASSOCIATIONS



NEWS RELEASE

NFHS Awards Citations to Eight Athletic Directors

FOR IMMEDIATE RELEASE

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INDIANAPOLIS, IN (November 17, 2010) — The National Federation of State High School Associations (NFHS) will award NFHS Citations to eight high school athletic directors December 18 in Orlando, Florida, during luncheon festivities at the 41st annual National Athletic Directors Conference sponsored jointly by the NFHS and the National Interscholastic Athletic Administrators Association.

NFHS Citations are presented annually to outstanding athletic directors in recognition of contributions to interscholastic athletics at the local, state and national levels. State associations nominate athletic directors for NFHS Citations, and the NFHS Board of Directors approves recipients.

This year's award winners are **Holly Farnese**, CMAA, athletic director, Upper Darby High School, Drexel Hill, Pennsylvania; **Bobby Guthrie**, CMAA, senior administrator for athletics, Wake County Public Schools, Raleigh, North Carolina; **Cass Herbst**, CMAA, athletic administrator, Nampa (Idaho) East Valley Middle School; **Lorell**

Jungling, CAA, activities director, Mandan (North Dakota) Public Schools; **Doug Killgore**, CMAA, athletic director, Central Arkansas Christian School, North Little Rock, Arkansas; **Craig Sickels**, CAA, district athletic administrator, Freeport (Maine) Public Schools; **Tim Slauter**, CMAA, assistant principal/dean of students, Lafayette (Indiana) McCutcheon High School; and **Arthur Wagner**, CAA, district athletic director, Higley Unified School District, Gilbert, Arizona.

Following are biographical sketches on this year's NFHS Citation recipients:

Holly Farnese, CMAA, Drexel Hill, Pennsylvania

Holly Farnese, CMAA, is in her third year as athletic director at Upper Darby High School in Drexel Hill, Pennsylvania, after spending 26 years as the athletic director at Drexel Hill Middle School. During her accomplished career, Farnese has made a name for herself as an award-winning athletic administrator, coach and educator.

Farnese has served on the Pennsylvania State Athletic Directors Association (PSADA) Executive Council since 1999, and was the association's president from 2002 to 2004. Farnese also serves on the PSADA Strategic Planning Committee. Farnese has been a member of the Pennsylvania Interscholastic Athletic Association (PIAA) District I Committee since 1986, and is currently the District I recording secretary. She also served on the PIAA Board of Directors during the 2003-04 school year.

Within the NIAAA, Farnese currently serves on its board as secretary and is a former member of the NIAAA Awards Committee. Within the Leadership Training Institute, Farnese has been a program instructor for numerous Leadership Training Courses and has been a National Conference presenter for three courses.

While at Drexel Hill, Farnese coached track and field, field hockey and gymnastics in the Upper Darby District, and served as president of the Eastern Delaware County scheduling group.

During her career, Farnese received the NIAAA State Award of Merit in 2002 and the NIAAA Distinguished Service Award in 2005, and was named the Pennsylvania State Athletic Director of the Year in 2004.

Bobby Guthrie, CMAA, Raleigh, North Carolina

Bobby Guthrie, CMAA, is the senior administrator for athletics and driver education of the Wake County Public Schools System in Raleigh, North Carolina, and has spent his entire career promoting education-based athletics in North Carolina.

After starting his career as a teacher at Scotland High School in Laurinburg, North Carolina, Guthrie became a baseball coach at the collegiate level. He was a graduate assistant baseball coach at the University of North Carolina-Chapel Hill for a year before moving to the University of North Carolina-Wilmington, where he was the head baseball coach from 1983 to 1991.

Returning to the high school ranks, Guthrie became a teacher and coach in the New Hanover School System in Wilmington, North Carolina in 1991. From there he moved to Wake County, where he has been in his current position since 1994. While at Wake County, Guthrie has assisted with numerous North Carolina High School Athletic Association (NCHSAA) championships, developed a cheerleading coach education program, established a sportsmanship education program and initiated the Wake County Schools Sports Medicine Symposium.

Guthrie is an outspoken advocate for coaching education on the national level. He is the NIAAA representative on the NFHS Coaches Education Committee and is a certified instructor of the NFHS Fundamentals of Coaching course. Earlier this year, Guthrie was named the NFHS Coach Educator of the Year. In addition, he was the first Accredited Interscholastic Coach to be certified in the United States through the NFHS Coach Education Program.

At the state level, Guthrie served on the boards of directors of both the NCHSAA and the North Carolina Athletic Directors Association (NCADA), and he has served as chair of the NCADA Mentoring Committee since 2003. Among his numerous awards, Guthrie was named athletic director of the year by the NCADA in 2007 and received the NCADA Award of Merit in 2001.

Guthrie received both his bachelor's (1974) and master's (1978) degrees from the University of North Carolina–Chapel Hill.

Cass Herbst, CMAA, Nampa, Idaho

Cass Herbst, CMAA, is in her 26th year of teaching and her 12th year as an athletic administrator at Nampa (Idaho) East Valley Middle School. Originally from Twin Falls, Idaho, Herbst earned a bachelor's degree in secondary education from Idaho State University, and a master's degree in athletic administration from Boise (Idaho) State University.

In 1986, Herbst began her career as a teacher and track and girls basketball coach at Middleton (Idaho) High School. After a 14-year stint at Nampa (Idaho) West Middle School, Herbst became athletic director and track coach at East Valley Middle School when it opened in 2003.

At the local level, Herbst served as president of the Intervalley League from 2004 to 2006, after a term as secretary the previous four years. She has been a tournament director for several middle school league tournaments, instituted a middle school sportsmanship award, and was the district physical education department chair from 2003 to 2005.

Since becoming an athletic administrator, Herbst has been an active member of both the Idaho Athletic Administrators Association (IAAA) and the NIAAA. She was the first middle school athletic director in the state to obtain the Certified Athletic Administrator (CAA) designation, and the first female in Idaho to earn Certified Master Athletic Administrator (CMAA) status. She has served as the IAAA Leadership Training Institute State Coordinator since 2004 and previously served as its executive secretary. Herbst was named Idaho's Athletic Director of the Year in both 2002 and 2007.

At the national level, Herbst received the NIAAA Distinguished Service Award in 2007 and the NIAAA State Award of Merit in 2004. Herbst has served on its Awards Committee since 2005 and is currently its vice chair. She has completed 27 LTC courses, attended the past 11 national conferences, and was Idaho's representative on the NIAAA Delegate Assembly three times.

Lorell Jungling, CAA, Mandan, North Dakota

Lorell Jungling, CAA, a longtime leader of interscholastic athletics in his home state of North Dakota, has been activities director for the Mandan (North Dakota) Public Schools since 2002. Jungling began his education career as a high school teacher before moving into athletic administration at the high school level in 1997.

Jungling has had a similar rise within the North Dakota Interscholastic Athletic Administrators Association (NDIAAA). He has served on its board the past nine years, including three years as treasurer and a term as NDIAAA president in 2004. He is currently the co-chair of the NDIAAA Strategic Planning Finance Committee and has been a key contributor to the NDIAAA Fall Workshop and Spring Conference during the past 11 years.

Jungling served as the NDIAAA representative to the North Dakota High School Activities Association (NDHSAA) Board of Directors and also served on the NDHSAA Constitution and Bylaws, Tournament and Class A Region Committees. He also was chair of the NDHSAA Football Committee.

Jungling has worked the past nine years as the NDIAAA membership coordinator, during which time he helped increase North Dakota's dual membership in the NIAAA to an all-time high of 137, despite the fact that membership dues more than doubled. He also served a term as an at-large member of the NFHS Board of Directors from 2005 to 2009, is a CAA test administrator and has represented North Dakota at the NIAAA Delegate Assembly two times.

Among his honors, Jungling was selected by his peers as Class A State Athletic Administrator of the Year in 2004.

Jungling received his bachelor's degree from Valley City (North Dakota) State University in 1984 and obtained his master's from the University of Mary in Bismarck, North Dakota, in 1997.

Doug Killgore, CMAA, North Little Rock, Arkansas

After graduating from Harding (Arkansas) College in 1974, earning a performer's certificate from North Texas State University in 1975 and receiving his teaching certification from Harding in 1977, Doug Killgore, CMAA, went to work at Central Arkansas Christian School in North Little Rock, Arkansas, as a teacher and coach.

Since 2002, he has been the school's athletic director, assistant principal and fine arts supervisor. In that relatively short time, Killgore has proven to be a dedicated and driven administrator at both the state and national levels.

In addition to his duties in grades 7–12, Killgore helps plan football and basketball programs for 38 teams in grades 3–6.

Killgore's service to the Arkansas High School Athletic Administrators Association (AHSAAA) is extensive, including presentations at the state conference and chair of the new athletic directors' orientation committee since 2005. He has also served as the association's secretary from 2006 to 2008 and is currently the AHSAAA president-elect.

Killgore has also served in several leadership positions within the state, including secretary and treasurer for numerous conferences and as a regular workshop presenter at the Arkansas High School Coaches Association's annual conference.

At the national level, Killgore has been an NIAAA member for nine years and is Arkansas' state co-coordinator for the Leadership Training Institute. He has had two articles published in **IAA** Magazine and was a national conference presenter in 2009.

Killgore has completed 26 Leadership Training Courses and was just the second athletic administrator in Arkansas to earn the Certified Master Athletic Administrator designation. For his accomplishments, Killgore was named AHSAAA Athletic Director of the Year in 2008.

Craig Sickels, CAA, Freeport, Maine

In his 27 years as an athletic administrator, Craig Sickels, CAA, has become an active leader in the state of Maine and the nation. After starting his career as an athletic administrator at Buckfield (Maine) Junior–Senior High School, Sickels moved to the Freeport (Maine) Public School System, where he has served since 1994. Currently the district athletic administrator for the Freeport schools, Sickels has directed the expansion of the athletic program from 38 to 55 teams.

In addition to his duties as district athletic director, Sickels was assistant principal at Freeport High School from 2005 to 2008, and he served as principal for part of the 2008–09 school year.

As a member of the Maine Interscholastic Athletic Administrators Association (MIAAA) since 1984, Sickels is currently serving a term as president of the association and is in his second stint on the MIAAA Board of Directors. He has also served the Maine Principals' Association (MPA) as chair of its Lacrosse Committee.

At the state level, Sickels has been president of both the Western Maine Conference and the East–West Athletic Conference. In addition, he created and developed the 2009 and 2010 football schedules for the newly expanded Campbell Conference.

Sickels has been an NIAAA member since 1994 and earned his CAA distinction in 1999. He was awarded the NIAAA State Award of Merit in 2009 and was named MIAAA Athletic Administrator of the Year that same year. Sickels also was the boys basketball coach at Buckfield and Freeport for a collective 22 years, winning a state championship at Buckfield in 1992. In his coaching career, he won 291 games and made 18 MPA tournament appearances.

Sickels is a 1982 graduate of Springfield (Massachusetts) College and received his master's degree from Biscayne (Florida) College in 1983.

Tim Slauter, CMAA, Lafayette, Indiana

Tim Slauter, CMAA, is the assistant principal and dean of students of Lafayette (Indiana) McCutcheon High School after serving 10 years as the school's athletic director. He has spent his entire educational career in Indiana and has become a leader at the local and state levels.

During his time as athletic director at McCutcheon, Slauter created a student-athlete advisory board and a coach mentoring program. He also directed improvements to the athletic facilities and created a coaches handbook.

Slauter has been very active in the Indiana Interscholastic Athletic Administrators Association (IIAAA), most recently serving as its Publications chair and as a Leadership Training State Instructor. He also served a term as IIAAA president in 2005-06, and is former chair of both the IIAAA State Membership Committee and the IIAAA Sports Proposals Committee.

At the national level, Slauter served on the IIAAA Host Committee for the 2003 National Athletic Directors Conference in Indianapolis and has been the Indiana delegate to the NIAAA Delegate Assembly five times. He has taken 15 Leadership Training Courses and has taught four courses.

In 2007, Slauter earned the NIAAA State Award of Merit and was named the IIAAA State Athletic Director of the Year in 2007-08. In addition, he was named the Midwest District Athletic Director of the Year by the National Association for Sport and Physical

Education in 2009, and was a finalist for the National Council of Secondary School Athletic Directors National Athletic Director of the Year Award.

Slauter earned a bachelor's degree from St. Joseph's (Indiana) College in 1975 and a master's degree from Purdue (Indiana) University in 1980.

Arthur Wagner, CAA, Chandler, Arizona

During his 17-year educational career, Arthur Wagner, CAA, has transitioned from teaching night school government classes to being the district athletic director for the Higley Unified School District in Gilbert, Arizona.

As an athletic director, Wagner's commitment to the local, state and national levels is evident. He currently serves as an Arizona Interscholastic Association (AIA) Executive Board member and as a member of the Arizona Interscholastic Athletic Administrators Association Executive Board. He served five years as the Desert Sky Region Chair and six years on the AIA Class 4A Executive Board. Wagner has also served on the AIA Technology Committee and as an AIA track official.

During his tenure at Higley, the school has hosted the AIA football playoffs, and Wagner has served as tournament director of the AIA Class 2A/4A State Track Meet. His school has also hosted numerous playoff games in basketball, volleyball, baseball and softball.

At the national level, Wagner earned his CAA certification in 2007 and is a Leadership Training instructor. For his efforts, he was named Region Athletic Director of the Year in both 2005-06 and 2006-07.

About the National Federation of State High School Associations (NFHS)

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school sports and fine arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and fine arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 17 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,000 high schools and 11 million participants in high school activity programs, including more than 7.6 million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings; sanctions interstate events; produces publications for high school coaches, officials and athletic directors; sponsors professional organizations for high school coaches, officials, spirit coaches, speech and debate coaches and music adjudicators; and serves as a national information resource of interscholastic athletics and activities. For more information, visit the NFHS Web site at www.nfhs.org.

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