

NATIONAL FEDERATION OF STATE
HIGH SCHOOL ASSOCIATIONS



NEWS RELEASE

Fundamentals of Coaching Basketball Course Now Available

FOR IMMEDIATE RELEASE

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INDIANAPOLIS, IN (September 21, 2010) — A new coach education course – *Fundamentals of Coaching Basketball* – is now available through the National Federation of State High School Associations (NFHS) at www.nfhslearn.com. This course is the newest addition to the NFHS Coach Education Program.

Fundamentals of Coaching Basketball includes basic and advanced skills in offense and defense and will help individuals to develop a coaching philosophy appropriate for students. The course also provides tips on effective communication with an emphasis on a positive learning environment.

Fundamentals of Coaching Basketball is divided into four units: Introduction to Coaching Basketball, Teaching Skills for Offense, Teaching Skills for Defense and Game Organization.

Don Showalter, boys basketball coach at Mid–Prairie High School in Wellman, Iowa, and the 2009 USA Basketball Developmental Coach of the Year, developed the content for the course. Showalter is 424–176 in 26 years at Mid–Prairie and 540–268 in his overall 36–year career. He served 12 years, including seven years as chair, on the *NFHS Coaches’ Quarterly* Publications Committee and rejoined the committee last year for a new four–year term. He also is a member of the *High School Today* Publications Committee.

Clark Kellogg, the lead color analyst for NCAA basketball games on CBS Television and newly named vice president for player relations of the Indiana Pacers, is the host for the course. Several top college basketball coaches provide insight throughout the course.

The NFHS Coach Education Program was started in 2007, and more than 140,000 coaches have taken the core course — *Fundamentals of Coaching*. Forty–five of the 51 NFHS member associations have adopted the course.

Fundamentals of Coaching Basketball is the eighth sport–specific course available through the NFHS Coach Education Program. Other sport–specific courses are available for football, soccer, softball, cheer and dance, spirit safety, wrestling and volleyball.

The NFHS offers coaches the ability to become Level 1 certified as an Accredited Interscholastic Coach. In addition to the *Fundamentals of Coaching* course, coaches must complete *NFHS First Aid for Coaches*, or its equivalent, and one of the sport-specific courses or *Teaching Sport Skills*, and then can apply for certification online.

All NFHS coach education courses are available at www.nfhslearn.com.

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About the National Federation of State High School Associations (NFHS)

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school sports and fine arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and fine arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 17 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,000 high schools and 11 million participants in high school activity programs, including more than 7.6 million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings; sanctions interstate events; produces publications for high school coaches, officials and athletic directors; sponsors professional organizations for high school coaches, officials, spirit coaches, speech and debate coaches and music adjudicators; and serves as a national information resource of interscholastic athletics and activities. For more information, visit the NFHS Web site at www.nfhs.org.

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